



TSÉHOOTSOOÍ NAHATA'DZIIL NIHI DINE'É BÁ
Medical Center Health Center Wellness Center
Facilities of Fort Defiance Indian Hospital Board, Inc.



UPCOMING TRAININGS

Health Promotion/Disease Prevention

The variety of trainings will empower and encourage participants to recognize these signs and provide life-saving support. Trainings will promote the tier levels of Suicide Prevention competency and awareness for alert helpers/first aiders. Anyone, regardless of background or experience, can learn these skills to keep a person with thoughts of suicide and/or mental health crisis safe.

ASIST (*Applied Suicide Intervention Skills Training*)

January 29th & 30th | 8:30 AM - 5:00 PM

QPR (*Question, Persuade, Refer*)

February 11th | 8:30 AM - 10:00 AM

YMHFA (*Youth Mental Health First Aid*)

March 5th | 8:30 AM - 4:00 PM

safeTALK

March 18th | 8:30 AM - 12:00 PM

WHO MAY ATTEND WORKSHOP

- Teachers/School Staff
- Healthcare Providers
- Law Enforcement
- Community Members
- Coaches/Parents

FOR INFORMATION AND REGISTRATION CONTACT:

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REGISTRATION REQUIRED SCAN HERE



LINK:

<https://www.surveymonkey.com/r/TWHRRTM>



TRAINING LOCATION

Nihi Dine'é Bá Wellness Center - Fort Defiance, AZ