



**TSÉHOOTSOOÍ NAHATA'DZIIL NIHI DINE'É BÁ**  
*Medical Center Health Center Wellness Center*

*Facilities of Fort Defiance Indian Hospital Board, Inc.*



**Suicide  
Prevention  
Awareness**

# UPCOMING TRAININGS

Health Promotion/Disease Prevention

The variety of trainings will empower and encourage participants to recognize these signs and provide life-saving support. Trainings will promote the tier levels of Suicide Prevention competency and awareness for alert helpers/first aiders. Anyone, regardless of background or experience, can learn these skills to keep a person with thoughts of suicide and/or mental health crisis safe.

## QPR (*Question, Persuade, Refer*)

**May 13th | 8:30 AM - 10:00 AM**

## safeTALK

**June 11th | 8:30 AM - 12:00 PM**

### WHO MAY ATTEND WORKSHOP

- Teachers/School Staff
- Healthcare Providers
- Law Enforcement
- Community Members
- Coaches/Parents

#### FOR INFORMATION AND REGISTRATION CONTACT:

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#### REGISTRATION REQUIRED SCAN HERE



**LINK:**

<https://www.surveymonkey.com/r/2ZTHVQF>



## TRAINING LOCATION

**Nihi Dine'é Bá Wellness Center - Fort Defiance, AZ**