

## HOW TO GET STARTED:

### Referrals:

- Teachers, childcare providers, and healthcare professionals can refer children
- Families may also self-refer – no outside permission needed

### Cost:

- Medicaid accepted
- Sliding scale options available if additional services are needed

### Confidentiality:

All services follow state and federal privacy regulations to protect your family's information.

### Support for Parents & Caregivers

- Spend one-on-one time and validate your child's feelings
- Seek early help for delays in speech, behavior, or social skills
- Watch for signs such as frequent tantrums or trouble calming down – early attention makes a difference

LEARN MORE



Visit [shchc.org/services/ecss](https://shchc.org/services/ecss) for more information.



## Early Childhood Supports and Services (ECSS)

*Helping young children and families grow, heal, and thrive*





## About the Program

The ECSS program provides compassionate, family-centered care for children ages 0–5 who may be facing:

- Behavioral or emotional challenges
- Trauma or stressful experiences
- Developmental or social delays

*Our team offers personalized support and evidence-based therapies to help families build healthy foundations for lifelong well-being.*

## Who We Serve

- Children ages 0–5
- Parents and caregivers
- Teachers and early childhood educators
- Community members seeking family support

## What Sets ECSS Apart

- Statewide access through local provider networks
- Collaborative care between mental health, education, and community partners
- Trauma-informed, culturally sensitive approach
- Empowerment-focused care: families help shape their plans
- No-cost services for eligible families



## Meet Your Care Team

*Our ECSS team works together to give your child the support they need, right when they need it.*

### **ECSS Clinical Director**

*Leads your child's care plan, provides clinical guidance, and keeps services on track.*

### **ECSS Medical Director**

Oversees medical care and offers expert support for complex behavioral health needs.

### **Licensed Mental Health Provider**

Provide counseling, crisis support, and skills-based therapy tailored to your child and family.

### **Community Health Worker**

Helps your family navigate services, connect to resources, and overcome everyday barriers.

### **Administrative Support Team**

Keeps appointments, referrals, and communication running smoothly so you can focus on your child.