

# HAMILTON SQUAD TIMETABLE - 2026 TERM 1

## EFFECTIVE FEBRUARY 2

PERFORMANCE SQUAD						
	MON	TUE	WED	THU	FRI	SAT
AM		6-7:30			6-7:30	
PM	4-5:30			5:30-7		

DEVELOPMENT SQUAD						
	MON	TUE	WED	THU	FRI	SAT
AM		6-7:30			6-7:30	
PM	5:30-7			4-5:30		

SHARK SQUAD						
	MON	TUE	WED	THU	FRI	SAT
AM					6-7:30	
PM		5:30-6:30	5:30-6:30			

DOLPHIN SQUAD						
	MON	TUE	WED	THU	FRI	SAT
AM						
PM		5:30-6:30	5:30-6:30			

NEMO SQUAD						
	MON	TUE	WED	THU	FRI	SAT
PM		4:30-5:30 NEMO 1	4:30-5:30 NEMO 2			

HAMILTON INDOOR AQUATIC & LEISURE CENTRE  
 83-93 SHAKESPEARE ST  
 HAMILTON, VIC 3300

