



# ALEMAARI ADHYAYA

BY TREKNOMADS

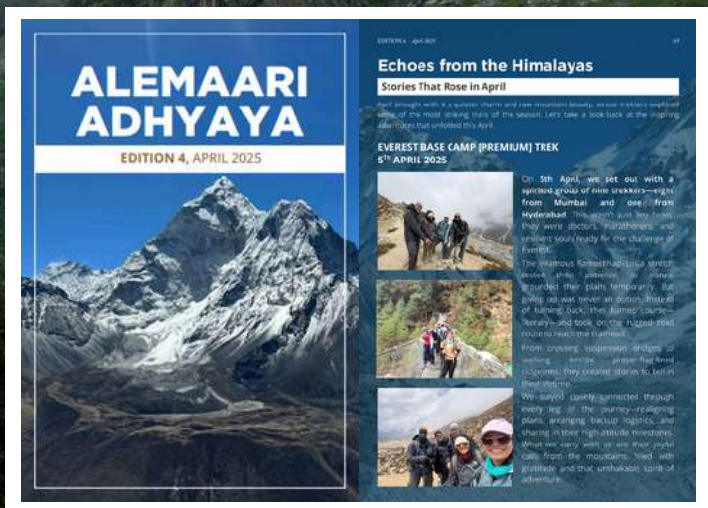
EDITION 5, MAY 2025



# TREK.TRAVEL. ADVENTURE.

Welcome to the fifth edition of **Alemaari Adhyaya** by **TrekNomads**! As the seasons shift and the mountains take on a new character, so do the stories we bring to you. From snow-fed Himalayan trails in May to the rain-soaked beauty of the monsoon, this edition captures the many moods of the mountains and the people who walk them.

If you're planning your next one now, this journal is your window to those journeys.



**[Read More: Alemaari Adhyaya Edition 4](#)**



# Stories From May

## So Much Happened Between Two Seasons

One moment, the trails were packed with snow. A blink later, they were soft with slush, the first signs of rain, the quiet arrival of Monsoon. May was one of those in-between months where endings and beginnings walked side by side.

### EVEREST BASE CAMP [PREMIUM] TREK 9<sup>TH</sup> MAY 2025



Eight close friends from Bengaluru had been dreaming and preparing for this journey for months. Their dedication showed from the early morning training sessions to the quiet encouragement they gave each other on the trail. You could feel the excitement and readiness in every step they took.



But the mountains, as always, had their own story to tell. A few members couldn't complete the final stretch, but the group's spirit never wavered. They supported one another through every challenge and stood at Everest Base Camp, reliving all the moments they had planned for.





## ANNAPURNA BASE CAMP [PREMIUM] TREK

### 3<sup>RD</sup> MAY 2025



At 70+, most people settle into comfort. But for this decorated Army veteran from Ferozepur, Punjab, the call of the mountains was louder than ever.

This May, he started on a solo journey to Annapurna Base Camp through a trail of rhododendron forests, remote Himalayan hamlets, and beautiful views of Annapurna I, Machapuchare, and Hiunchuli.



No stranger to endurance, he's a long-distance cyclist and had trekked the Valley of Flowers with us last year. That experience lit a spark within him, one that brought him back, seeking something more deeper experience.

If he can walk into the mountains at 70 for the joy of it, what's stopping you? Experience the beauty of Annapurna Base Camp with us.



## ANNAPURNA CIRCUIT TREK [PREMIUM] 10<sup>TH</sup> MAY 2025



This trek felt quite personal for us. Three friends who had previously trekked Everest Base Camp with another operator chose to walk with us this time. They had seen how we run our treks before, and this time, they said, “We want to do Annapurna with you”. It’s a real joy for us to be part of their journey and witness the bonds they build along the way.

Over 14 days of diverse terrain, from lush subtropical forests to high alpine deserts. They journeyed together through winding villages. One friend even flew in from halfway across the world just to be on this trail with his close buddies.



They finished strong, and this reminds us why the best treks are about the people and we’re grateful to help build those experiences for them.



## EVEREST BASE CAMP [PREMIUM] TREK 15<sup>TH</sup> MAY 2025



No noise. No crowds. This time, the trail was a peaceful escape from a low-season Everest Base Camp trek with a small, diverse group from across India. Over 12 days of steady walking through stunning Himalayan landscapes, there were no queues at suspension bridges, just the steady rhythm of boots crunching on gravel and the ever-present Khumbu wind whispering through the valleys.



They reached Base Camp safely, soaking in the iconic panorama of towering peaks and prayer flags fluttering in the cold breeze. But rather, they pushed further to the Advanced Base Camp, catching rare glimpses of the route that mountaineers brave on their quest for the summit.



## WHAT'S ON THE TRAIL IN UPCOMING MONTHS?

Discover our curated treks from June to August.

<b>JUNE</b>	28 June 2025 <b>Valley of flowers</b> (Full)	14, 21 June 2025 <b>Hampta Pass</b> (Full)	05 June 2025 <b>Friendship Trek</b> (Few Slots Available)
<b>JULY</b>	05 July 2025 <b>Valley of flowers</b> ( Few Slots Available )	12 July 2025 <b>Valley of flowers</b> (Full)	19,26 July 2025 <b>Valley of flowers</b> ( Few Slots Available )
12 July 2025 <b>Markha Valley</b> (Full)	19 July 2025 <b>Hampta Pass &amp; Chandratat Lake</b> (Full)	5,19,26 July 2025 <b>Markha Valley, Hampta Pass</b> (Open for Booking)	19,26 July 2025 <b>Kashmir Great Lakes</b> (Few Slots Available)
<b>AUGUST</b>	2,16,23,30 August 2025 <b>Valley of flowers</b> (Few Slots Available)	09 August 2025 <b>Valley of flowers</b> (Full)	2,16,23,30 August 2025 <b>Kashmir Great Lakes</b> (Few Slots Available)
2,16,23,30 August 2025 <b>Tarsar Marsar Lakes</b> (Few Slots Available)	2,16,23,30 August 2025 <b>Hampta Pass &amp; Chandratat Lake</b> (Few Slots Available)	09 August 2025 <b>Mount Kilimanjaro</b> (Few Slots Available)	<b>Kang Yatse II Expedition</b> (Slots Open for July and August Batches)

# A Special Journey

## TrekNomads reaches the Top of Mount Everest



On **May 20th at 10:30 AM**, our very own mountain guide, **Chatur Man Rai**, stood tall on the summit of **Mount Everest (8,848.86m)**—for the fifth time. But this moment was extra special. This time, he carried the **TrekNomads flag to the very top of the world**.

This proud achievement is not just a personal milestone for Chatur—it's a defining moment for all of us at TrekNomads. It symbolises our deep-rooted connection to the Himalayas, our commitment to high-altitude adventure, and the trust our guides place in us, just as we do in them.

Chatur's resume is a testament to relentless passion and quiet strength. From **Manaslu's true summit to technical climbs on Ama Dablam, and numerous 6000-meter peaks like Island Peak, Lobuche East, Mera, Himlung, and Chulu Far East**—his journey is one of devotion to the mountains and those he leads.



# A Special Journey

## TrekNomads reaches the Top of Mount Everest

We are beyond **honoured to have guides like Chatur**, who not only ensure safe journeys for our trekkers, but also represent the soul of high-altitude life with unmatched humility and skill. His act of carrying our flag to Everest's peak is a beautiful reminder: **when we take care of our guides and treat them with respect, they carry us further than we ever imagined—sometimes even to the highest point on Earth.**

A huge thank you to Chatur, our incredible Sherpa teams, and support staff—**the true backbone of every expedition.** You are the reason our journeys are not just safe, but unforgettable.

This summit marks more than just a proud moment—it signals the beginning of an exciting chapter. With renewed energy and confidence, **TrekNomads is ready to lead many more expeditions in the Himalayas and beyond.** From high-altitude climbs to classic treks, a new wave of departures is coming—and we can't wait to take you there.

Stay tuned. The mountains are calling, and **TrekNomads is just getting started.**



# What Our *Trekkers Say*



 **Sightsee15048457268**  
1 contribution



It was a first experience with TrekNomads for 3 of us we planned for Annapurna Circuit Trek in Nepal. TrekNomads team ensured perfect plan and execution pre trek, during trek and post trek with adjustments to our schedule/stays.

Special thanks to Mr. Naveen, guide Dawa Sherpa, Porter Pramod and backend staff managing reservations/transport etc.



We have enjoyed the scenic route with carefully managed stays, meals at nice teahouses enroute the trek. Experienced Guide like Dawa is great mentor on trek route.

Overall very satisfied with TrekNomads' service, plan execution and hospitality experience for high altitude trek. Recommend it for hiking enthusiasts, avid travellers.





# What Our *Trekkers Say*

**Vishwas Karandikar**

1 contribution



Had a trek of a lifetime to Everest Base Camp with friends in a private group organized by TrekNomads. We were taken care of from the first step in Nepal, through the stay in KTM toeventful(duetoweather)the helicopter ride to Lukla, through the trek to Everest Base Camp and the hospitality at the base camp by the Pioneer Adventure folks.

Very fortunate to have Naveen join us for the entire trek with the lovely Nikita. He is not only experienced on this trek but is awesome company too.

Very happy to have chosen TrekNomads for this unique journey. they enhanced the experience multi-fold by the thoughtful planning and expert execution.





## KUDREMUKHA TREK



# MONSOON TREKS— WHEN THE RAIN MAKES YOU FEEL EVERYTHING

There's a reason people cry on treks. It's not always the altitude. Sometimes, it's just the right view, at the right moment. And sometimes, it's rain.

Trekking in the monsoon isn't easy. It's slippery. It's cold. Your socks are always wet. But then—you walk into a meadow blooming with flowers you can't name. You camp beside a lake that looks like it's holding the sky. If that sounds like something you need this season, come with us to:





## **Valley Of Flowers -**

Where Every shade of colour, Makes You Wonder

[Know More About Valley Of Flowers](#)





## **Hampta Pass and Chandratal Lake –** A trail that keeps surprising you!

[Know More About Hampta Pass](#)

# A PLACE THAT CHANGED US BEFORE WE EVEN WENT THERE – LADAKH

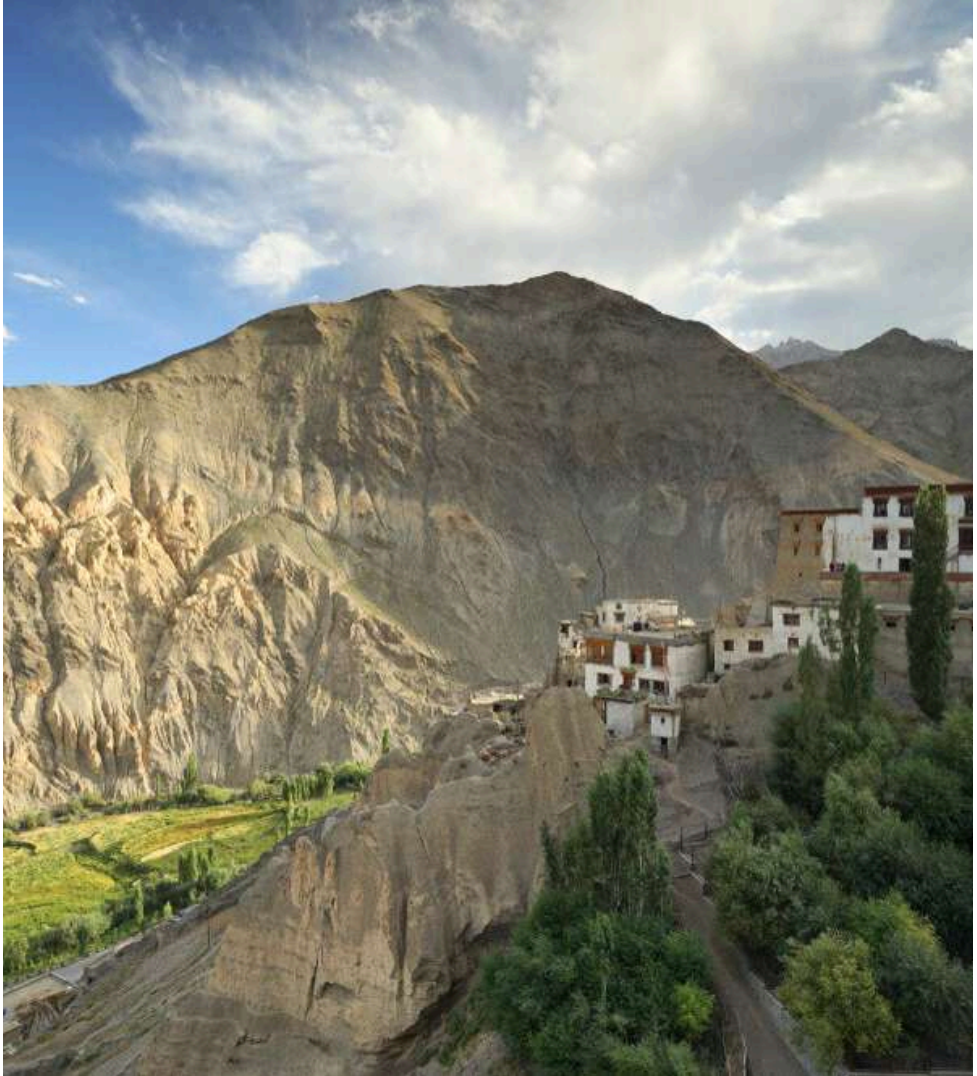
We all remember that final scene from 3 Idiots when Rancho lives quietly in Ladakh, surrounded by kids, mountains, and silence. That one frame made an entire generation want to pack their bags and just... go.

Ladakh is still that place. It's still where time slows down. We're here to walk the real Ladakh; through ancient paths, quiet valleys that feel like they've been waiting for you to come.





## Sham Valley Trek



[Explore more about Sham Valley](#)

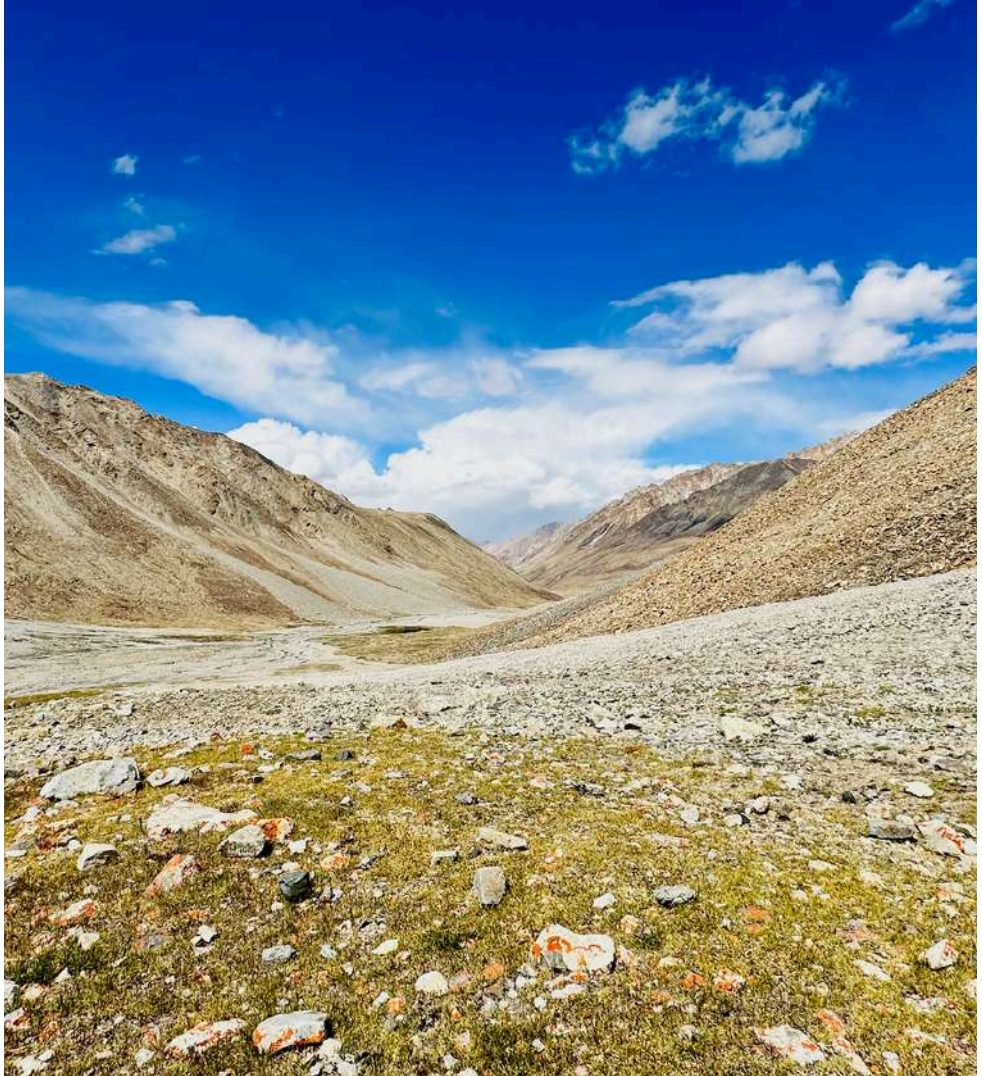
## Markha Valley Trek



**Discover Markha Valley Trek**



## **Lasermo La Trek**– The Passage Into the Untamed



**Take on the Lasermo La Trek**

## Kang Yatse II Expedition (6250M) – For the Trekkers Who Are Ready for the Next Chapter

**If you've done 5,000m+ treks and are looking for the next big summit - this is it.**

Kang Yatse II Expedition starts this **July and runs until October**. It's a full-fledged mountaineering experience, with technical sections, snow climbs, and a summit that redefines what you're capable of. Rising tall at 6,250 meters, this expedition is where trekking begins to turn into mountaineering.



### Why Kang Yatse II stands out:

- It's a **technically accessible 6000er**, ideal for trekkers stepping into the world of mountaineering
- Offers 360-degree views of **Zaskar, Karakoram, and the Stok ranges**.
- A perfect mix of remote wilderness, physical challenge, and emotional reward

**Join this expedition**





## Mount Kilimanjaro Expedition – When You're Ready to Chase a Continent

**You've done high passes. You've stood at 5,000 meters. Now, it's time to take your trek to another continent.**

Standing tall at 5,895 meters, it's the highest free-standing mountain in the world and the tallest in Africa—a dream climb that combines global adventure with personal transformation. Our Kilimanjaro expeditions run from **July to December**, taking the scenic and safer Lemosho route, known for its gradual ascent, rich biodiversity, and stunning summit push via the iconic Stella Point and Uhuru Peak.



### Why Kilimanjaro should be on your summit list:

- No technical climbing, but demands strong endurance and high-altitude preparation
- Trek through **five unique climate zones**, from rainforest to alpine desert to icy summit
- A powerful sense of achievement—**one continent, one summit, a lifetime memory**
- A perfect introduction to international trekking and global mountaineering culture.

**Join this expedition**



They made it. So can you.  
**Come trek with us  
next time.**



To explore more about our treks, visit our  
website.

[Know More](#)



