



# ALEMAARI ADHYAYA

BY TREKNOMADS

EDITION 6, JUNE 2025



# TREK.TRAVEL. ADVENTURE.

Welcome to the sixth edition of Alemaari Adhyaya by TrekNomads.

June brought with it a shift in weather, in trails, and in the way our trekkers moved through them. As monsoon clouds rolled over the cities crawling into the Himalayas, the air thickened with anticipation. Waterfalls woke from their summer sleep. Flowers which were silent all year suddenly erupted in colour. Our treks shifted shape, becoming more raw and more real.

This journal brings you the voices, moods, and reflections of a month that marked both the start of monsoon treks and the build-up to high-altitude expeditions.



**[Read More: Alemaari Adhyaya Edition 5](#)**

# Another month,

## Another set of beautiful journeys completed

We explored a new trail, welcomed familiar faces, and partnered with schools and corporates who chose the outdoors as their space to unwind, reflect, and grow. From the monsoon beauty of Hampta Pass and Valley of Flowers to day treks across Channarayana Durga and more each journey stood out for what it meant to those who walked it.

### Channarayana Durga Trek with Accenture June 1, 2025



In the fast-paced world of tech, sometimes the best way to hit refresh is to simply leave the chaos behind. That's exactly what a **30-member team from Accenture's tech division** did when they signed up for a **short weekend escape to Channarayana Durga**.

Nestled among the Navadurga hillocks that circle Bengaluru, this lesser-known trail offered them something their workweek couldn't—peace, nature, and a breath of fresh air.

Their laughter, the informal conversations, and the feeling of freedom that comes when you're climbing a hill with no deadlines chasing you, made this outing more special.

For many of them, it was a much-needed mental break. For us, it was heartening to see how a simple day trek could transform into a moment of connection, camaraderie, and clarity.



## **Karadi Kallu Betta + Adventure Camp with Arujuna Academy June 16, 2025**

For the **students of Arjuna Academy**, this wasn't a day for books, formulas, or deadlines. It was a break they truly needed—one that led them into the peaceful hills of **Karadi Kallu Betta**, tucked away near Ramanagara.

With caves to crawl through, rocks to climb, and green views all around, the trek gave them a much-needed breath of fresh air.

But the fun didn't stop there. After reaching the top, it was time to head down to the lake for a dose of thrill—kayaking, ziplining, sky cycling, and team games filled the rest of their day.

**For teens usually buried in textbooks, this was freedom in its purest form.** And for us, it was a reminder: when students get to learn through nature and play, something magical happens.

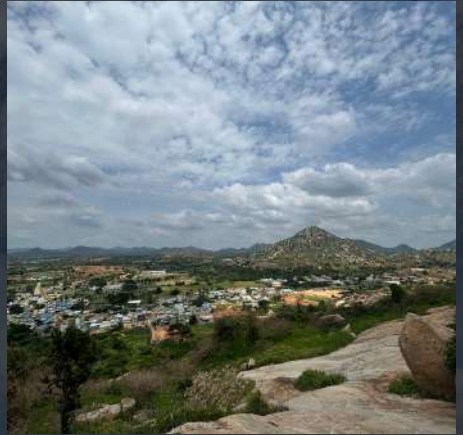
Smiles grow wider, friendships grow stronger, and memories are made that no exam could ever offer.





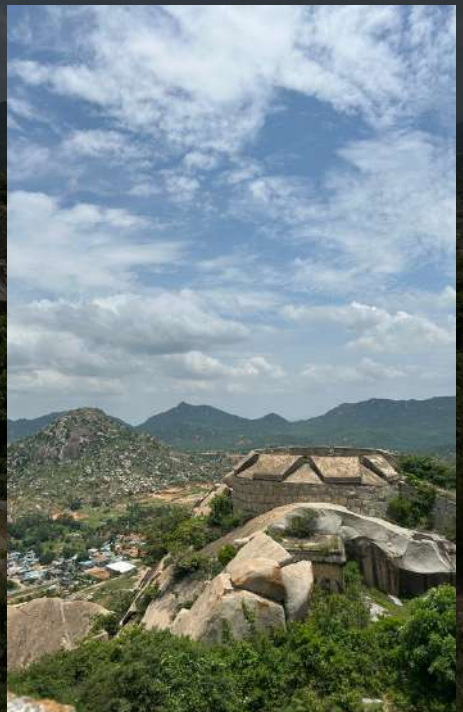
## Gudibande Fort Trek with Ekya School

### June 21<sup>st</sup>, 2025



While their seniors climbed Madhugiri, **Grade 9 students of Ekya School** began their own outdoor journey with a **trek to Gudibande Fort**. Located near the Karnataka-Andhra border, this 17th-century hill fort mirrors the architectural design of Madhugiri but offers a beginner-friendly experience. For many students, this was their first experience navigating a trail, learning teamwork outside the classroom, and exploring history not through textbooks but through real stones and stories.

The day was thoughtfully designed to blend physical activity with team-building games an ideal way to help them build confidence and connections as they step into a new academic year.





## Madhugiri Fort Trek with Ekya School June 21<sup>st</sup>, 2025



The day began early with a bus full of **Grade 11 students** set off with energy, excitement and maybe a little nervousness. They weren't headed to school. Not today. Today, their classroom had no walls. Their lesson was waiting on the rocky slopes of **Madhugiri Fort**.

The climb started easy, with chatter and jokes echoing through the group. But as the trail grew steeper, the mood shifted. Asia's second-largest monolith demanded focus, balance, and a steady pace. For many, it was their first real trek. And yet, no one backed down.

They helped each other across tricky patches. Later, team-building games in the day brought out laughter, strategy, and strong bonds.



## Hampta Pass & Chandratul Lake

### June 21<sup>st</sup>, 2025



This was a special one for us. **Our first-ever Hampta Pass trek**, and with it, we opened the doors to our **monsoon Himalayan adventures in Himachal**.

As 12 trekkers joined us, **many of them familiar faces who've trekked with us before**. That trust meant a lot, and we knew we had to give them more than just a trek. Hampta, with its ever-changing landscapes from the green valleys of Manali to the dry, rocky terrain of Spiti offered the perfect canvas.



Behind the scenes, this was a trek we prepared meticulously for—weather, gear, logistics, route checks. And seeing it run smooth reinforced something we've believed all along: comfort and safety should never take a backseat, no matter the season or terrain.

Behind the scenes, this was a trek we prepared meticulously for—weather, gear, logistics, route checks. And seeing it run smooth reinforced something we've believed all along: comfort and safety should never take a backseat, no matter the season or terrain.



## Valley of Flowers & Hemkund Sahib June 28<sup>TH</sup>, 2025

This was the **season's first batch** to **Valley of Flowers and Hemkund Sahib**, and it couldn't have been a better mix of people. Ten trekkers, each walking in for their own reasons some to celebrate, some to reflect, and some just to be.

We had a father-daughter duo, a mom and son pairing, a daughter bringing along her mom and mother-in-law to celebrate her birthday, an AIIMS doctor looking for a break, and even a trekker who had done EBC with us before.

The valley welcomed them with early monsoon mist and a quiet burst of colours. The group spent their days walking through meadows, soaking in the calm, and sharing stories over warm meals.

The trek was more about the people who came together for five simple, meaningful days in the mountains rather than just about flowers and landscapes. The season couldn't have started on a better note.





## Hampta Pass & Chandratul Lake

### June 29<sup>th</sup> ,2025



This was a **special group**—8 teenage cousins and a couple of friends, most of them first-time trekkers. Their families wanted them to experience something raw and real before college or work took over. So instead of a holiday, they chose a trek.

Hampta Pass gave them exactly that. The trail started in the green valleys of Manali and slowly shifted—becoming rougher, more silent, and completely different as they crossed over to the Spiti side.



There were glacier walks, river crossings, unexpected snow patches, and long evenings at campsite with no network, just conversations. It was a short 4-night trek, but enough to leave a mark.

By the time they reached Chandratul Lake, something had shifted—they were a little quieter, a little more present.

Sometimes, all it takes is five days away from everything familiar to see things differently.



## YOUR NEXT STOP TO THE HIMALAYAS

Plan. Pack. Trek.



### VALLEY OF FLOWERS

Departures: July - 12,19,26,29

August: 2,9,12,16,23, 30



### HAMPTA PASS & CHANDRATAL LAKE

Departures: July - 19,26

August: 2,9,16,23,30



### MARKHA VALLEY

Departures: July - 19,26

August: 2,9,16,23,30



### KANG YATSE II

Departures: July - 17, 28

August: 4,16 and Sep 6



## YOUR NEXT STOP TO THE HIMALAYAS

Plan. Pack. Trek.



### LASERMO LA TREK

Departures: Every Saturday  
July to October



### EVEREST BASE CAMP TREK

Departures: Every Saturday  
September to December 2025



### ANNAPURNA CIRCUIT TREK

Departures: Every Saturday  
September to December 2025



# A Special Journey of

## A Family That Did Trek Together To Hampta Pass And Chandratul Lake



21<sup>st</sup> June 2025, the day we launched our very first Hampta Pass & Chandratul trek of the season. It began like most treks do, a mix of strangers coming together at the base, unsure of each other but excited for what lay ahead. Among them was a mother-daughter pair with their family from Mangaluru. What we didn't know then was how much they'd go on to shape the spirit of this group.

Soumya Nayak, the mother, had trekked with us before in 2022 for the Valley of Flowers & Hemkund Sahib trek with her husband. That experience stayed with her so much that it sparked a personal goal: one trek every year. Since then, she's kept that promise. Her husband has long been a part of the TrekNomads community, and together they've now completed three treks with us.

This June, for her 50th birthday, she was determined to take on a new trail and she reached out to our team with the intent of trekking Har Ki Dun. After discussing options for a route that would also suit their daughter and relatives, Hampta Pass and Chandratul was suggested and the decision was made.



# A Special Journey of

## A Family That Did Trek Together To Hampta Pass And Chandratul Lake

What stood out most during the trek was the bond they brought with them. Soumya's daughter, Aishwarya, who was doing her first Himalayan trek and brought a quiet energy and curiosity that everyone admired. From soaking in campsite sunsets to learning from our trek leaders, she made the experience her own. Even the smallest moments, like checking oxygen levels, group briefings, and laughter-filled campsites, were appreciated by her.

One moment that Soumya called unforgettable was the river crossing just after Hampta Pass. The water was cold and fast, making their way to the other side. But as they reached the other bank, they were met with one of the most breathtaking campsites of the trek with dramatic valley views. *"It felt adventurous and rewarding at the same time,"* she said.

As for why they keep coming back to TrekNomads, the answer was clear: *"With TrekNomads, all you need to do is select your trek and book it — everything else is handled so seamlessly. The team takes care of the rest, and you're free to focus on the experience itself."*

When asked what advice she'd give to other families or couples considering a trek, Soumya smiled and said: ***"Someone very smart on the trek once told me that there are only a limited number of vacation weeks in your life. So, choose TrekNomads for those weeks".***





# What Our *Trekkers Say*



**N Nikitha Nayak**  
1 contribution



I and my mother recently completed Hampta Pass trek with Trek Nomads which I'll always treasure, thanks to the incredible team behind it. A huge thank you to our exceptional trek leaders Bhejender Chauhan Sir, Gulshan Sir, and Devraj Sir for their meticulous planning, expert guidance, and constant care, you guys truly went above and beyond to ensure our safety and enjoyment. The food served during the trek was also exceptional, and it was a lovely touch that added to our overall experience.



Special thanks to Hemanth for being an amazing trek mate and sharing his wealth of experience with us, making the journey even more memorable. And to the entire group, who quickly transformed from strangers to friends on day one. Thank you for your support and kindness towards each other throughout the trek. It was truly a testament to the power of community and friendship. Thank you all for an unforgettable adventure.





# What Our *Trekkers Say*

**Aishwarya Nayak**

1 contribution



I recently completed the Hampta Pass and Chandratul Lake trek with TrekNomads, and I genuinely don't have enough words to describe how incredible the experience was. This was my first trek with TrekNomads, and from Day 1, the team went above and beyond to ensure that every single person in our group had a memorable, seamless, and truly special journey. Their attention to detail, care for each individual, and commitment to creating a great experience was evident throughout.



A huge shoutout to our trek leaders – Devraj Sir, Gulshan Sir, and Bhejender Sir. Their knowledge of the terrain, weather, and trail dynamics was exceptional. They constantly prioritized our safety, health, and morale. I also feel incredibly lucky to have been part of such a warm and supportive group of trekkers. Overall, I'm thrilled with my experience with TrekNomads and would wholeheartedly recommend them to anyone — whether you're a seasoned trekker or a first-timer.





# What Our *Trekkers Say*



**Soumya Nayak**

1 contribution



Hampta pass was one of the most memorable treks I've had in recent years. Even though I am physically present at home, my mind is still wandering in the beautiful landscaped and lush green valleys of the Hampta pass trek. I was accompanied by my better half and my half ticket ( according to Hemanth 🤝) aka my daughter.

We were accompanied by some of the most seasoned trek guides- Gulshan Thakur, Bhejender Chauhan, and Devraj.



A huge shoutout to our trek leaders – Devraj Sir, Gulshan Sir, and Bhejender Sir. Their knowledge of the terrain, weather, and trail dynamics was exceptional. They constantly prioritized our safety, health, and morale. I also feel incredibly lucky to have been part of such a warm and supportive group of trekkers. Overall, I'm thrilled with my experience with TrekNomads and would wholeheartedly recommend them to anyone — whether you're a seasoned trekker or a first-timer.



# What Our *Trekkers Say*

**Bikas M**

1 contribution



I recently completed the Everest Base Camp trek with Trek Nomads and everything about the experience was perfect. The planning, logistics, guides, and accommodations were all handled with care and professionalism. The team was supportive throughout and made the journey smooth and memorable. I'd highly recommend Trek Nomads to anyone planning an EBC trek or any high-altitude adventure.

**Quest30078435279**

1 contribution



Excellent experience of the place and the trek leads

Awesome guides - Jeevan and Tej

Went to Chanarayana Durga trek, first time trek in life. It was a wonderful experience.

Thanks to the trek leads and the guides for their consistent motivation and support.

**Dashmesh Dhanoa**

1 contribution



Had a great experience with them on EBC trek. Great facilities, wonderful guides and they live up to everything they promise in their deliverables. It's hard to go back to another trekking agency after trekking with them. They've set the bar pretty high. Definitely go with them once to never go with anyone else again.

**Rajat Patel**

1 contribution



I recently completed the Everest Base Camp trek with Treknomads, and it was truly a once-in-a-lifetime experience.

The team managed everything smoothly from Kathmandu to EBC and back. Our guides and Sherpas were super supportive, experienced, and encouraging throughout the journey. What I loved most was how well they balanced safety, pace, stay, and group vibe. Even without heavy training, I was able to complete the trek thanks to their planning and motivation. If you're dreaming of EBC, I'd 100% recommend going with Treknomads. Professional, friendly, and truly mountain ready.



# What Our *Trekkers Say*

**Pallavi m**

1 contribution



## An Unforgettable Everest Base Camp Experience with Trek Nomads!

I recently completed the Everest Base Camp trek with Trek Nomads, and I couldn't have asked for a better experience. From start to finish, the entire journey was incredibly well-organised. Every detail—from accommodations and meals to daily schedules and acclimatisation—was thoughtfully planned and executed with precision.

The support from the Trek Nomads team was exceptional. Their professionalism, encouragement, and local expertise made all the difference in making this challenging trek feel safe and enjoyable. Their passion and dedication truly enhanced the entire experience.

The trek was well planned itinerary. Everything was hassle free, the transport , stay, food and other logistics (Lukla flight, permits...etc) was meticulously done.

Our trek guide was woman and she is a total rock star!!! She took care of our group in every possible way till we complete the trek. The treknomads team was just a phone call away for any queries irrespective of time.

Thanks to treknomads and Naveen for prepping us for the trek and their seamless planning and letting me just soak the incredible views and enjoy trek trail and reaching EBC felt like a dream. Also the highlight of the trip was having lunch literally on the glacier at Everest base camp cafe. Thanks to the treknomads team!!! They anre best!!!

I highly recommend for people who look for hassle free trek experience.

# What Our *Trekkers Say*

**Nimish Agarwal**

1 contribution



It was my first experience with Trek Nomads, I joined at the last moment just 2 weeks before on my dream journey on 21st April this year, to conquer Everest base camp at Nepal, the dream in my eyes was for so many years but going all alone was stopping me. I was physically & mentally v fit but going all alone from Mumbai was not easy for me but trek nomads assured me for my safely and like minded people in the group. I found in Kathmandu, the trek nomad team & fellow people v welcoming and likeminded, that decreased my anxiety a lot and made the hike v enjoyable & easy.

TrekNomads team ensured perfect planning, perfect execution and pre trek, the briefing was very informative to get our preparation done, all points day by day covered, that really helped me & my family to get a feel, how everyday would look like & what all to pack.

During the trek days the Sherpas were taking utmost care of our safely, climb and stays and past trek with adjustments to our scheduled days, they were making all the arrangements smooth. The Sherpas were v well trained and v generous too. Everywhere we got the best place to stay and best facilities possible there. We need not to worry about anything that's made us focus on our climbing and soaking into the beauty of Everest region.

Special thanks to Mr Naveen and Sherpa Chirring who made this journey v easy with their experience and disciplined approach. Experienced guide like Chirring and others porters were great help on the trek route for 15 days. Cherry on the top was, having a stumptuous lunch with Mt Everest climbers at EBC. It was extra rewarding to listen to their stories of Mt Everest summit. Trek nomads gave us that experience. Thank you for this valuable experience.

Overall very satisfying experience with trek nomads. Hospitality and discipline were on point at that high altitude trek. I owe my success to them.





**HAMPTA PASS AND  
CHANDRATAL LAKE**

## Kang Yatse II – Altitude & Attitude: How Trekking Changes the Way You Think

There's something about Kang Yatse II that rewires you. It could be the silence of the high camps, the intense focus of roped-up summit pushes, or the sheer scale of the mountains that makes your everyday worries feel small. But somewhere between the scree climbs and the starlit nights at 5,000+ meters, something inside you changes.



We've seen it firsthand, how trekkers return from Kang Yatse II with a quiet confidence and a whole new relationship with discomfort. Whether you're chasing a personal milestone or simply curious to see what's on the other side of your limits, this expedition is perfect for you.

Our upcoming departures are filling up for the 2025 window. Join us in the stark, surreal beauty of Ladakh this season.

**Expedition Window:** July to September 2025

**Trek Departure Dates:**

17th July 2025, 28th July 2025

4th Aug 2025, 16 Aug 2025, 22 Aug 2025

6th sept 2025, 27th sept

**Know More**



## Mount Kilimanjaro Summit – Why Climbing Kilimanjaro Feels Like Walking Through a Planet

There are few places on Earth where you can feel like you've stepped across continents without ever leaving a single mountain. Kilimanjaro is one of them. In just eight days, your journey will go through five dramatically different ecosystems from humid rainforests to alpine deserts and icy glaciers, each day unfolding like a new chapter on a different planet.



As you climb higher, the greenery gives way to strange, otherworldly moorlands filled with ancient-looking plants that exist nowhere else. Soon after, you step into a stark alpine desert. Then comes the summit push. A frozen, glacial landscape under starry skies leads you to Uhuru Peak (5,895 m), the roof of Africa. We've led Nomads from all walks of life - solo travellers, couples, working professionals, and first-time high-altitude trekkers and each one returned with more than just a summit photo. They've returned with a story to be known.

Special Batch starting on 4th October lead by our **Operations Head Hemanth Kumar**

**Trek Window:** July to December 2025

**Trek Departure Dates:**

30th July 2025

10th Aug 2025, 23 Aug 2025

11 Sept 2025,

27 Dec 2025

**Know More**

# MONSOON TREKS TO BOOKMARK NOW

Think leeches, wet socks, moody skies and some of the most amazing treks of the year. These are the monsoon treks we return to, rain or not.

Bookmark them, plan around them, or just daydream till you finally say yes.





# VALLEY OF FLOWERS TREK

## WHY DO TREKKERS KEEP RETURNING TO THE VALLEY OF FLOWERS AND HEMKUND SAHIB TREK?

Because no matter how many times you've seen it in photos, it feels different when you're actually there. Every year, we take dozens of trekkers here - first-timers, seasoned hikers, even those who swore they wouldn't repeat a trek. Yet they come back. Because this valley has a pull.

From the moment you see a photo of the Valley of Flowers, it lingers in your mind, as an invitation. There's something about the sight of that colourful sprawl, framed by misty Himalayan ridgelines, that creates a quiet urgency: "I need to see this for myself." And when you do, it's overwhelming not in grandeur, but in detail. Thousands of alpine blooms, each fighting for space, colour, light. The valley is different every week. One week it's painted in blues and pinks, another week it's bursting with yellows and reds. No two visits are the same, and that's what makes trekkers return.

Our experience includes a spiritual ascent to Hemkund Sahib, a glacial lake revered by Sikhs which adds a sense of grace and stillness to an already magical journey.

### Upcoming departures

**Trek Window:** July to September

**Next Groups:** 12 July 2025, 19 July 2025, 26 July 2025, 29 July 2025

2 Aug 2025, 5 Aug 2025, 9 Aug 2025, 12 Aug 2025, 16 Aug 2025, 23 Aug 2025, 30 Aug 2025  
6 Sep 2025, 13 Sep 2025, 20 Sep 2025

[Know More About Valley Of Flowers](#)



# HAMPTA PASS TREK

## WHAT MAKES HAMPTA PASS AND CHANDRATAL LAKE THE MONSOON TREK EVERYONE'S CHASING?

Maybe it's the fact that no two days feel the same. One moment you're walking through pine forests in Manali's backyard, the next you're stepping into a high-altitude desert that looks like another planet. It's a full-blown mood swing of the Himalayas.

There's drama in the climb to Hampta Pass. The clouds roll in without warning. Rain hits sideways. Winds cut through even your thickest layers. And the path beneath your feet keeps shifting from meadows turning to mud, and snow appears when you least expect it. But every hurdle brings its moment of grace: a sudden break in the clouds, ridgelines glowing under slanting sunlight. And just when you feel like you've seen it all, the landscape delivers its final scene - Chandratul. A high-altitude lake, impossibly still.

### Upcoming departures

**Trek Window:** July to early October

**Next Groups:** 12 July 2025, 19 July 2025, 26 July 2025,  
2 Aug 2025, 9 Aug 2025, 16 Aug 2025, 23 Aug 2025, 30 Aug 2025  
6 Sep 2025, 13 Sep 2025

[Know More About Hampta Pass](#)



# HIDDEN GEMS: UNDERRATED TREKS YOU'LL LOVE THIS SEASON

Everyone talks about the mighty Stok Kangri or the magnetic pull of Chadar.

But there's a quieter side to Ladakh — one that moves at the pace of a mountain stream, revealing its beauty only to those who choose to walk along them.



# SHAM VALLEY TREK

## SHAM VALLEY TREK

**Think an easy trek can't change you? Think again.**

Call it an entry-level trek if you want. But talk to someone who's done it, they'll tell you it's where their relationship with the mountains really began.

The Sham Valley Trek may be low in altitude, but it's rich in experiences. What sets it apart is its diverse and captivating landscape. The journey begins in the Indus Valley and slowly unfolds through a mix of arid hills, fertile valleys, and ancient village trails.

You walk through the charming villages of Likir, Yangthang, and Hemis Shukpachan, where terraced fields and blooming apricot orchards stand in striking contrast to the stark, rocky mountainscapes that frame them. The trail winds over gentle passes like Chagatse La and Tsermangchan La, modest compared to the demanding heights of other Himalayan treks, but enough to leave you with that quiet sense of accomplishment.

As the days pass, the scenery opens up. On clear mornings, you're greeted with stunning views of the Stok Kangri range, including the towering Stok Kangri peak (6,153m). In the distance, the rugged Zaskar Range adds a dramatic edge to the horizon.

**Discover Markha Valley Trek**



# MARKHA VALLEY TREK

## MARKHA VALLEY TREK

### Looking for less noise and more meaning in the mountains?

In a world obsessed with peak-bagging, Markha is where you remember how to slow down. Where walking becomes less about speed and more about absorbing every prayer flag, every stone wall, every cloud-shifting peak. Nomads who've done the intense Himalayan climbs come back to this trail when they want to feel grounded again.

The path winds through sun-washed canyons and centuries-old villages, past blue sheep grazing on high ridges and mani walls carved with prayers. You cross glacial streams barefoot, sip butter tea with locals, and spot Kang Yatse II looming like a quiet guardian in the distance.

And by the time you pass by Kongmaru La, it's no longer about ticking off a pass. The way your breath matches the rhythm of the wind. The feeling that, for a moment, the mountains knew you were there, and nodded back.

[Explore more about Sham Valley](#)



# LASERMO LA TREK

## LASERMO LA TREK

**No crowd, no noise — can you handle a trek where silence is your only companion?**

In Ladakh, most trekkers head where the maps point. To Markha. To Stok. To the classics. Lasermo La doesn't usually make it to anyone's bucket list, not because it's less beautiful, but because it's quiet. Too quiet for the noise-driven world of checklist treks. But that's exactly why we're drawn to it.

Before your boots even hit the heights, the journey begins in Leh exploring the town's bustling bazaars filled with handcrafted curios and soul-warming local cuisine, Mughlai, Tibetan, and Chinese to Italian. Wander into ancient monasteries like Shey, Hemis, and Thiksey, each humming with chants and stories older than time.

Then comes the climb. Lasermo La rises to 5,400m. The ascent unfolds slowly and starkly. The ground underfoot shifts from soft earth to gritty moraine; textures that crunch, slide, and whisper with every step. You'll walk across high pastures and remote ridgelines, with no one else in sight for days.

It's for those who want to experience Ladakh in its most unfiltered form.

**Take on the Lasermo La Trek**



They made it. So can you.  
**Come trek with us  
next time.**



To explore more about our treks, visit our  
website.

**Know More**



