



ALEMAARI ADHYAYA

BY TREKNOMADS

EDITION 10, OCTOBER 2025



TREK.TRAVEL. ADVENTURE.

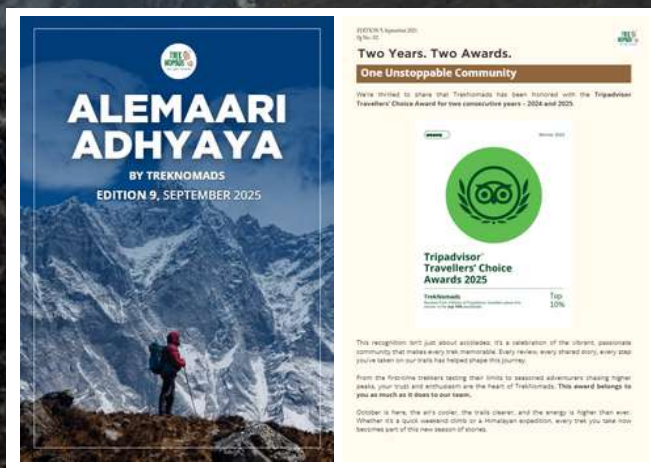
Welcome to the tenth edition of Alemaari Adhyaya by TrekNomads.

October arrived in full swing, and the buzz of the upcoming season. Our focus shifted to the mountains that have started calling louder than ever. It's the time when our winter favourites begin to make a comeback with the surreal frozen expanse of the Chadar Trek, the golden meadows of Kuari Pass, and the icy blues of Brahmatal.

This update is a reminder that your winter doesn't have to be all work and Wi-Fi.

The calendar is filling fast, the backpacks are being dusted off, and our teams are gearing up for another exciting season of winter treks. We're ready to welcome every Nomad who's been waiting for that first step into the snow.

The season of winter adventures has officially begun



[Read More: Alemaari Adhyaya Edition 9](#)

[Read Previous Editions](#)



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X



JOIN THE COMMUNITY MEETUP **WORKSHOP + WORKOUT** (MUMBAI EDITION)

**SESSION WITH TREKNOMADS AND GRANIMALS IN
ASSOCIATION WITH DECATHLON.**

Learn the difference between hikes, treks, and mountaineering. Master gear, training, and preparation for your next adventure! Followed by a high-energy workout session with **@BadKneesGuru!**

Event date : 22nd November 2025

Event time : 11am to 1pm

Venue : Decathlon store, Andheri West Mumbai

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NOW**



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EDITION 10, October 2025

Pg No : 03



TREK SMART

Hike, Trek & Climb

**COMMUNITY MEETUP +
WORKSHOP**

(Bengaluru Edition)

7
DECEMBER
2025

7:30 PM onwards
Decathlon Bannerghatta

Step up your adventure skills. Learn proper gear, training methods, and how to approach hikes, treks, and mountaineering safely.

ORGANISED BY DECATHLON X TREKNOMADS



Echoes of October: Peaks and Stories

October was a month that carried the pulse of two worlds the Himalayas reopening their trails and the Western Ghats giving us their shades of green. From the windswept passes of Nepal to the quiet hills of Karnataka, our Nomads found adventure in every direction.

EVEREST BASE CAMP TREK [PREMIUM] | 30th Sept 2025



Our first batch to the Everest Base Camp this autumn was welcomed by a sight every trekker dreams of fresh snowfall at Base Camp. What began as a steady climb through the Khumbu valleys turned into a winter spectacle as the mountains put on their white coat early.

The team braved shifting weather, crisp winds, and long trails, but the reward was worth every step a Base Camp covered in snow and skies so clear that even the prayer flags seemed to stand still.



EVEREST BASE CAMP TREK [PREMIUM] | 4th Oct 2025



Just a few days later, our October 4th team took on a very different Khumbu. Clear skies, calmer trails, and golden autumn light made this batch's journey one of quiet rhythm and unmatched beauty.

With views of Ama Dablam, Nuptse, and the Everest range shining in perfect visibility, this team experienced EBC at its most scenic. From the laughter-filled tea houses of Namche to the final steps on the iconic rocks at Base Camp, the trail gave them everything — challenge, community, and that pure sense of achievement that only the Everest trail can bring.



ANNAPURNA BASE CAMP TREK [PREMIUM] | 25th Oct 2025

As October drew to a close, another group of Nomads took on the Annapurna Circuit, a journey that circles not just peaks, but perspectives. From the terraced valleys of Dharapani to the Thorong La Pass standing at 5,416m, this trek reminded us why Nepal continues to be the heart of the Himalayas. Every climb, every sunrise over snow-capped ridges — a reminder that the journey is as grand as the summit.



Bidarakatte Trek | 11th Oct 2025



Closer home, our Nomads explored Bidirukatte, one of Karnataka's best-kept secrets. Just an hour from Bengaluru, this trail through Savandurga State Forest unfolded history, nature, and calm in equal measure. Gentle climbs, ancient ruins, and the 12th-century Hoysala temple made this trek more than a weekend escape — it was a walk through time, surrounded by water bodies and the quiet songs of the forest.

Tadiandamol Trek | 12th - 14th Oct 2025

In Coorg's misty hills, the highest peak of Kodagu welcomed our teams with sweeping views and cool winds. The Tadiandamol trail tested endurance and rewarded every step with the serenity of grasslands and dense forests. The climb may be short, but its stillness lingers — a perfect reminder of how close adventure can be to home.



Kumara Parvatha Trek | 17th -19th Oct 2025

Kumara Parvatha never fails to test the grit and heart of every trekker. The route from Kukke to Kukke through the Pushpagiri Wildlife Sanctuary took our teams from dense forests to rocky ridges, climbing nearly 1,700 meters above sea level. Standing atop Shesha Parvatha, looking across the mist-clad Western Ghats, our Nomads rediscovered why this remains one of Karnataka's toughest and most rewarding climbs.



Kumara Parvatha Trek | 18th Oct 2025

A private adventure from Kukke to Kukke through rainforests and the raw wilderness of Kumara Parvatha. Our trekkers took on this trail on 18th Oct, travelling overnight to ensure they made it home just in time for Deepavali. A quick, powerful reminder that passion for the outdoors always finds its way, even during the festive rush.



A Special Journey To

EVEREST BASE CAMP TREK WITH DR. HANSPAL



At 60+, most people talk about slowing down but for Dr. Hanspal, it was time to chase a lifelong dream: standing at the foot of Mount Everest.

On 30th September 2025, he set out with five other trekkers from Chandigarh, Pune, Bangalore, and the US, beginning their journey from Kathmandu. What united them was a shared dream and a year's worth of planning that finally took shape with TrekNomads the team they trusted after exploring several other platforms.

Dr. Hanspal describes Everest Base Camp as a once-in-a-lifetime experience — one that tested his endurance and rewarded him with moments of pure awe. Determined to give it his best, he had spent months preparing through brisk walking and stair climbs, often going up to 50 floors a day. For someone who had trekked before in Uttarakhand, EBC was his first true high-altitude challenge.

Reflecting on his experience with TrekNomads' team, he appreciated the clarity and thoroughness of communication before the trek. He also highlighted how trek leaders and Sherpas were always attentive and supportive, ensuring the group felt safe and well-guided throughout.

One of the most memorable moments for him was the day they trekked from Namche to Deboche, where they finally caught their first clear view of Mount Everest, a moment he describes as surreal and humbling. Even when the weather disrupted their helicopter return from Gorakshep to Lukla, he admired the way the situation was handled. *"The pilot couldn't take everyone together due to bad weather. I had to stay back with my friend, and TrekNomads ensured our extended stay was taken care of. The next day around 6 PM, we finally flew back,"* he recalls. When asked if he'd recommend TrekNomads, his answer was a confident **YES**. *"Anyone who feels fit and trains a bit more can absolutely do it. I did it and it's worth every step."* Looking ahead, he's already thinking about his next goal — summiting Kilimanjaro.

YOUR NEXT STOP TO THE WINTER MOUNTAINS

Plan. Pack. Trek.

DECEMBER DEPARTURES

Want a trek tailored just for your team or school group? Reach out, and we'll design one that fits perfectly.



**Kuari Pass
Trek**



**Sandakphu
Trek**



**Corporate
Outings Treks**



**Educational
Institutions Treks**

JANUARY DEPARTURES



**Republic Day
Summit
Kilimanjaro**

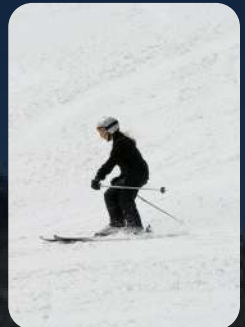


**Chadar &
Zaskar Valley
Exploration**



**Ladakh Ice
climbing course**

Departures:
10-Jan-26 to 18-Jan-26



**Basic skiing course
in Auli**

Departures:
10-Jan-26 to 17-Jan-26

PLAN YOUR FIRST 6000M+ EXPEDITION WITH TREKNOMADS

It started as an idea born from the kind of conversations that only happen on the trail.

Someone would look at the peaks towering above Base Camp and say, ***"What if we could go a little higher next time?"***

That question became a thought.

That thought became a plan.

And now, that plan is a reality.

As winter settles in, while most trekkers are dreaming of snow-filled trails, a few are already looking ahead, preparing for the seasons when the big climbs begin.

Our EBC + Expedition journeys are crafted for those who've stood at Base Camp and felt there's still a little more to explore, a little more to learn, to feel, and to climb.

Come to experience **Spring (March-May)** and **Autumn (September-November)**, when the Himalayas open their high-altitude gates and with them, these rare combo trek + expeditions return.



PLAN YOUR FIRST 6000M+ EXPEDITION WITH TREKNOMADS

EBC + LOBUCHE PEAK (6,119 M)

For the ones who want to take the first true step into mountaineering.

Lobuche Peak stands just above the Khumbu Valley, watching over Everest Base Camp. It's where trekkers get their first taste of technical climbing roped sections, ice axes, and the rewarding feeling of summitting your first 6,000er.

It's challenging, yes, but it's also the perfect bridge between the trekker you are, and the mountaineer you're becoming.

[Join the EBC+ Lobuche Peak Expedition.](#)

EBC + ISLAND PEAK (6,160 M)

For those who want to climb, not just trek.

No Base Camp trail here, just the climb itself. The route takes you through high camps, crevassed glaciers, and views that remind you why people return to the Himalayas again and again.

This one's for the dreamers who don't need a famous landmark to motivate them the climb itself is the story.

[Sign up for the EBC+ Island Peak Expedition](#)



PLAN YOUR FIRST 6000M+ EXPEDITION WITH TREKNOMADS

MERA PEAK EXPEDITION (6,476 M)

For those who dream big and want their **first 6,000m summit** to feel like a true expedition.

Mera Peak is the highest trekking peak in Nepal, and it feels every bit like a full-scale Himalayan journey. Long days, remote routes, and views of five of the world's tallest mountains - **Everest, Lhotse, Makalu, Cho Oyu, and Kanchenjunga.**

It's not just about reaching the top. It's about everything the mountain teaches you along the way.

[Join the Mera Peak Expedition](#)

ISLAND PEAK EXPEDITION (6,160 M)

For those who want to climb, not just trek.

No Base Camp trail here, just the climb itself. The route takes you through high camps, crevassed glaciers, and views that remind you why people return to the Himalayas again and again.

This one's for the dreamers who don't need a famous landmark to motivate them the climb itself is the story.

[Sign up for the Island Peak Expedition](#)

Learning the Mountain Way:

This Winter, Build Skills That Take You Higher

For most, winter is a time to trek through snow.

For some, it's the time to learn what the mountains truly teach.

This season, we're bringing back our Winter Learning Courses designed for Nomads who dream of going beyond the treks and stepping into the world of mountaineering.

Whether you're aiming for your first 6,000er or simply want to build technical skills for the future, these courses are your perfect first step.

Ice Climbing in Leh: Where frozen waterfalls become your classroom



In the heart of Ladakh's winter, ice becomes your terrain and every swing of the axe, a lesson.

This course teaches you the core of mountaineering movement: how to climb on ice, place anchors, belay safely, and read the frozen surfaces.

Why it matters: Ice climbing builds the confidence and technical control that's essential for higher Himalayan expeditions. Once you learn to move on ice, glacier routes and summit pushes become second nature.

Learn the art of ice.

Departures: 10-Jan-26 to 17-Jan-26

[Join our Ice Climbing Course in Leh this winter.](#)

Learning the Mountain Way:

This Winter, Build Skills That Take You Higher

Basic Skiing in Auli : Because every mountaineer needs to know how to move with the mountain, not against it.



Through our Basic Skiing Course, you'll learn the fundamentals of skiing gliding, turning, braking, and understanding snow movement. Beyond technique, it's a lesson in agility, endurance, and trust in your body and terrain.

Why it matters: Skiing trains your balance, coordination, and adaptability essential traits for anyone planning to take on challenging snow treks, high-altitude climbs, or alpine expeditions.

Master the mountain's rhythm.

Departures: 10-Jan-26 to 18-Jan-26

[Learn the basics of skiing in Auli this winter.](#)

Why Take These Courses Now?

Because it's an opportunity where the learning begins.

Both **Ice Climbing and Basic Skiing** are gateway courses that help you understand **mountain terrain from a technical and safety** perspective. They prepare you for future expeditions like Island Peak, Mera Peak, and beyond, giving you the edge and awareness that every mountaineer needs before they climb higher.

So, if you've ever wondered how mountaineers start their journey, this is where it begins.

New Trek Route

Chadar Trek & Zaskar Valley Exploration

The word “Chadar” means “sheet” or “blanket” a name born from how the Zaskar River freezes into a thick layer of ice each winter, creating a natural pathway for locals when the rest of Ladakh shuts down. What was once a lifeline has now become one of the most extraordinary winter journeys on Earth. This season, TrekNomads brings a new twist to this legend the Chadar & Zaskar Valley Exploration [Premium].

It's not just about walking on a frozen river; it's about stepping into a valley that breathes history and resilience. From Padum to Yugar and Shaday, every stop introduces a new side of Ladakh cliff-side monasteries like Phugtal and Mune, the icy expanse of Drang Drung Glacier, and warm homestays where stories unfold over butter tea.

Designed for both beginners and families, this route blends adventure with culture offering comfort, safety, and depth in every frozen step.

Departures: 27 Dec 2025 to 4 Feb 2026; 17 Jan 2026 to 25 Jan2026

[Know More & Book Now](#)





EVEREST BASE CAMP TREK

IT'S TIME TO PLAN YOUR WINTER TREK THE SEASON WE'VE ALL BEEN WAITING FOR

October's behind us, and you know what that means it's officially time to start planning for winter.

The season of crisp mornings, frozen lakes, and clear summit views is almost here. If you've been waiting to experience your first snow trek or planning to return for another this is the moment.

Our **winter treks between January and March** fill up fast, and for good reason. This year, weather experts are predicting a colder winter with early snow across the Himalayas exactly what makes these months so special for trekkers.

At TrekNomads, this is the season we look forward to the most. It's when familiar treks like **Brahmatal and Kuari Pass** turn white, when **Sandakphu** opens its window to four of the world's highest peaks, and when Chadar and Zaskar Valley remind us what true adventure feels like.

Each trek has its own story and this winter, we can't wait to write them with you.

Let's walk you through what's waiting this season.



BRAHMATAL TREK [PREMIUM]

There's something timeless about **Brahmatal**.

One of the biggest reasons we love the **Brahmatal Trek (7N/8D)** is for the incredible Himalayan views you get throughout the journey. **Starting from Rishikesh**, this trek takes you deep into Uttarakhand's scenic landscapes, offering some of the most breathtaking mountain panoramas you'll ever witness. While treks like Kedarkantha, Gorson Bugyal, and Pangarchulla offer beautiful glimpses of the Garhwal Himalayas, Brahmatal takes it to an entirely different level.

The trek begins through dense Rhododendron forests, and once you climb past them, the scenery opens up to a **majestic view of Mt. Trishul Massif (7,120 m / 23,359 ft)**, a striking formation that looks like a trident. The first sight of it will leave you speechless.

As you move higher, the views become even more stunning with **Mt. Nanda Ghunti (6,309 m / 20,698 ft)** coming into view. By the time you reach Brahmatal Top, you'll find yourself surrounded by magnificent peaks like **Mt. Neelkanth (6,596 m / 21,640 ft)** and **Mt. Hathi Ghoda (6,729 m / 22,070 ft)**.

Departures: January to March

Find your winter calm at Brahmatal



KUARI PASS TREK [PREMIUM]

They say **Kuari Pass** is made for those who want to see the Himalayas in their full glory from Nanda Devi to Dronagiri; the entire skyline stands right before you.

Located in the **Garhwal region of Uttarakhand**, Kuari Pass offers an exciting mix of forests, meadows, and snow-covered ridges, making it ideal for beginners. During winter, the entire route transforms into a white wonderland, creating a magical snow trekking experience.

You'll walk through enchanting Oak and Rhododendron forests, where sunlight filters through tall canopies and opens up into vast meadows perfect for **photography lovers**.

The trek also rewards you with up-close views of legendary Himalayan peaks like **Mt. Nanda Devi, Mt. Chaukhamba, Mt. Dronagiri, Hathi Parvat, Ghoda Parvat, and Trishul**.

Along the way, enjoy picture-perfect campsites with views of snow-capped peaks, cozy bonfires, and peaceful Himalayan nights. The journey also takes you past the sacred Panch Prayag the five confluences of **Devprayag, Rudraprayag, Karnaprayag, Nandaprayag, and Vishnuprayag** adding a spiritual touch to this unforgettable adventure.

Departures: January to March

See the Himalayas unfold at Kuari Pass



SANDAKPHU & PHALUT TREK [PREMIUM]

When it comes to trekking in West Bengal, the **Sandakphu-Phalut Trek (7N/8D)** starting from Darjeeling stands out as one of the most iconic Himalayan journeys.

At 3,636 m (11,926 ft), Sandakphu is the highest point in West Bengal and offers jaw-dropping panoramic views of the world's tallest peaks Mt. Everest, Mt. Lhotse, Mt. Makalu, Mt. Kanchenjunga, and more all visible in a single frame.

The extended Sandakphu + Phalut route adds an extra day to reach **Phalut (the second-highest point in the Singalila range) and Gorkhey**, where you'll witness breathtaking views of the Singalila National Park and surrounding valleys.

This trek is a paradise for nature lovers, with rich biodiversity including the Red Panda, vibrant Rhododendrons, and Magnolias blooming along the way. The route passes through charming villages like **Samanden and Gorkhey**, where life slows down amid wooden huts, pine trees, and peaceful farmlands perfect for those seeking simplicity.

Departures: January to March

Walk beside the world's highest peak



KEDARKANTHA TREK [PREMIUM]

When it comes to snow treks in India, the **Kedarkantha Trek (7N/8D)** starting from Rishikesh is one of the most stunning winter adventures you can experience. Known for its fairy-tale landscapes, this trek is **ideal for first-time trekkers** looking to experience the thrill of summiting a snow-covered Himalayan peak.

Each campsite on this route feels straight out of a postcard surrounded by tall pine forests blanketed in snow and open meadows that glow during sunset. The view from the base camp is mesmerizing, while the summit offers breathtaking vistas of **Swargarohini, Black Peak, Bandarpoonch, Har Ki Dun, and even parts of the Kinnaur ranges.**

The trek also carries deep mythological significance. It is believed that **Lord Shiva meditated here before leaving for Kedarnath.** The **beautiful Juda Ka Talab**, said to have formed from the water droplets that fell from Shiva's hair, adds a sacred touch to this scenic route.

Departures: January to March

Lock your Kedarkantha slot today





ANNAPURNA BASE CAMP TREK

What Our *Trekkers Say*



Dr. Hanspal

1 contribution



Six of us friends went on the Everest Base Camp Trek in Oct 2025. The trek was meticulously planned and executed by Trek Nomads. The accommodation and food was excellent. The guides were professionally very competent and very helpful. Thanks Naveen and team Trek Nomads for this lifetime experience which we all will cherish.

Looking forward to many more treks with Trek Nomads. Thanks once again.



Naren R

1 contribution



My friends and myself had a once in a lifetime memorable time . Vineet was an amazing company and helped us a lot. I got to hike/ trek in almost all conditions .. started cloudy, partly cloudy, misty atmosphere, as I descended from Sesha Parvatha, blaring sun and heavy rains was a welcome change and finally hiked back with lights under complete darkness. Thank you Vineet for your company and knowledgeable guide as we hiked . Shall plan once again on another adventure thro TechNomads.

What Our *Trekkers Say*

Discover17371066577

1 contribution



Great experience! The trek was well-organized, scenic, and lots of fun. From the trail to the lunch, everything was taken care of with attention to detail. The guides were knowledgeable and supportive, adding depth to the experience. It was wonderful bonding with colleagues and creating memories that'll last long after the trek.

Gurudev Nagaraja

1 contribution



Had an amazing experience hiking to Kumara Parvata. Trek Nomads did an amazing job planning and packaging this and we had a truly energized Trek lead - Vineeth. He made sure we all had a fantastic experience and he was with us all through making sure we all made it back safe even after we got stuck in the torrential rains on our way back.

I highly recommend TrekNomads for all your adventures in life.

Sightseer45265667282

1 contribution



This is the 3rd time we organised trek with Treknomads. As always one of the best organisers for one day treks, good trek leads, good coordination , good vehicle , good breakfast. They make sure everything is taken care of. Thank Is to the team and you did a very good job.

Thanks to Vineeth for good coordination and our treklead Akash for his friendly nature. He was there with us all through the trek helping and giving guidance.

What Our *Trekkers Say*

Go40619685891

1 contribution



Very good experience and enjoyed. The supporting team and food was good. Thanks Nomad. Looking forward for the next trek. Api himal or Langtang

Asha raaj

1 contribution



Had been to Karadi kallu n SRS betta with trek nomads... Our guide Hemanth took good care of us... It was more of oicnic with kayakaing, zip lining and rain dance at the resort after lunch... I found lots of plastic bottles and plastic papers thrown at some places during the trek... I would appreciate if Trek nomads could make cleaning the environment too along with the help of trekkers in keeping the place clean for future trekking... Thanks for organizing trek nomads and Hemanth too for your support. Looking forward to longer treks in the coming years.

Gouthami .s

1 contribution



Uttaridurga trek was so memorable. It was a great experience, Anand guided the trek nicely. This year it was Nijagal betta.. Guide Akash made the trip more comfortable.. Thanks to co ordinator vineeth and guide Akash

Danesh _the Wandering Monk

1 contribution



I just completed Kumara Paravata trek with Trek Nomads and it was nothing short of perfection right from the coordination, time, transport and hand holding the trekkers. Trek lead Vineeth is a lovable fellow with an outgoing attitude and extremely helpful. Trek Nomads did take us through the trek beautifully. Will strongly recommend to avail their services.

What Our *Trekkers Say*

Shachi BC

1 contribution



Just went on Skandagiri trek with Trek Nomads

Our point of contact was Vineeth. He maintained consistent communication from the initial inquiry to the end, making the entire experience seamless and pleasant.

Our trek lead was Tejas. He was very prompt with updates about our vehicle and arrived on time for the pickup. Throughout the trek, he explained everything clearly and ensured everyone was comfortable. When one of our group members needed help, Tejas supported her throughout the entire trek.

We were treated to a breathtaking sunrise at the peak and spent some time soaking in the views, visiting the temple, and exploring the ruins around.

After the trek, we had a wonderful breakfast. Vineeth and Tejas were incredibly attentive and hands-on the entire time. They really made this trek an unforgettable experience.

What Our *Trekkers Say*

Nikhilesh Kumar

1 contribution



I recently completed the Kumara Parvata trek with Trek Nomads, and what an unforgettable experience it was! Our group was small just six wonderfully crazy souls and of course, our ever-energetic trek leader, Gopal.

The homestay was cozy, the food was delicious, and every meal breakfast, lunch, and dinner —was thoughtfully arranged. Gopal, always the last one in the line, made sure no one was left behind, constantly sharing safety tips, guidance, and some truly captivating stories along the way.

One of the highlights was the bonfire night, where we danced with fellow trekkers from other groups. And just when we thought the adventure was over, Gopal surprised us the next morning by leading us to a hidden waterfall an untouched gem where we had the time of our lives.

All in all, it was a journey filled with laughter, connection, and memories that will stay with me for a long time.

What Our *Trekkers Say*

Ganesh Hugalavalli

1 contribution



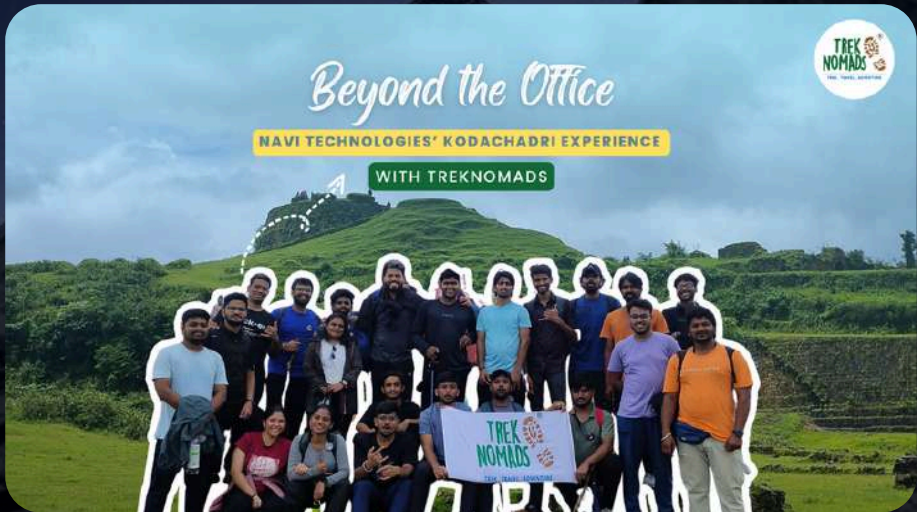
Recently we completed EBC trek with Trek Nomads. starting from planning to trip execution was near perfect and TN provided all facilities they promised. Excellent ground staff in Nepal provided all safety and security to all trekkers. Trek Guides Chirring Sherpa and Arun Sherpa with their support team are thorough professionals and have excellent network in the mountain region. They are flexible and ready to assist in any kind of situation. Trek Nomads kept close contact with the Guide and assisted in rescheduling during bad weather and health emergency situation availing the ASC360 trek insurance is a must for every trekker doing the EBC trek.

Thank you Trek Nomads team (Naveen, Sagar and Hemanth), Pioneer adventure(Nivesh Karki and team), Pratik from ASC360, Chirring Sherpa and Team and our fellow trekkers for making EBC trek a successful and memorable.

I would definitely do another trek with TN in the coming days. Kudos @ Navin Mallappa for arranging & executing a trek of a lifetime!!

Dal bath power 24 hour, no toilet, no shower , stomach problem ... never!!

Navi Technologies' 2-Day Adventure to Kodachadri - Corporate Trek



Watch Now

To explore more about our treks, visit [our website](#).

A Fresh New Space for Bigger Dreams

TrekNomads Office Pooja 2025



Watch Now

To explore more about our treks, visit [our website.](#)

