



ALEMAARI ADHYAYA

BY TREKNOMADS

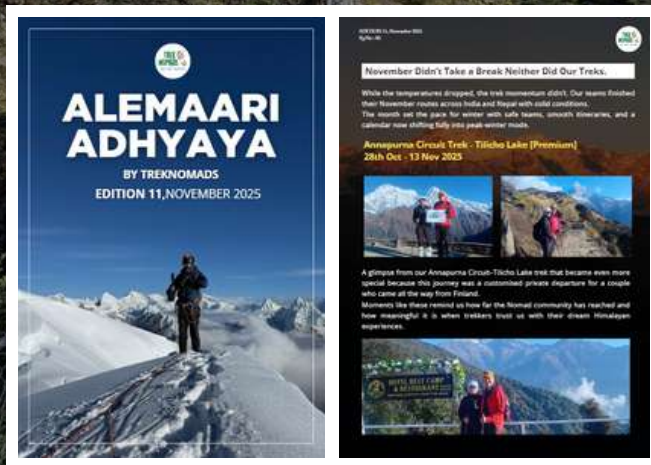
EDITION 12, DECEMBER 2025

TREK.TRAVEL.ADVENTURE.

Welcome to the twelfth edition of Alemaari Adhyaya by TrekNomads.

As the 2025 year winds down, trekking stops being about chasing milestones and starts becoming about reflection. The trails we walked this month were shorter, closer to home, and deeply rooted in learning, curiosity, and community. From city explorations to granite ridges, December reminded us that adventure doesn't disappear when the year ends, it simply changes pace.

This edition looks back at how we closed 2025 on the trail, and looks ahead at what the winter season is inviting us to prepare for in 2026.



[Read More: Alemaari Adhyaya Edition 11](#)

[Read Previous Editions](#)

Cubbon Park & Bal Bhavan (Pre-Primary, Nursery/LKG/UKG)
December 5th, 2025



Our little explorers from **The Indiranagar Cambridge School** had a delightful morning at Cubbon Park and Bal Bhavan. The children observed the vibrant surroundings, engaged with nature, and expressed their creativity through drawing and describing what they saw. It was a fun, interactive, and educational experience that encouraged curiosity and artistic expression.



Lalbagh Botanical Garden (1st & 2nd Standard) December 6th, 2025

The young learners from **The Indiranagar Cambridge School** enjoyed a refreshing day at Lalbagh Botanical Garden. They explored the gardens, noticed the beauty of the flora, and shared their observations through drawings and descriptions. The outing offered a perfect blend of outdoor learning and creative expression, fostering awareness and appreciation of nature.



Jawaharlal Nehru Planetarium + ISKCON (3rd & 4th Standard) December 6th, 2025



Students from **The Indiranagar Cambridge School** had an enriching experience visiting the Jawaharlal Nehru Planetarium and ISKCON. They explored the wonders of the universe, learned scientific concepts, and experienced cultural and spiritual values. The outing successfully combined education, exploration, and holistic development for the children.

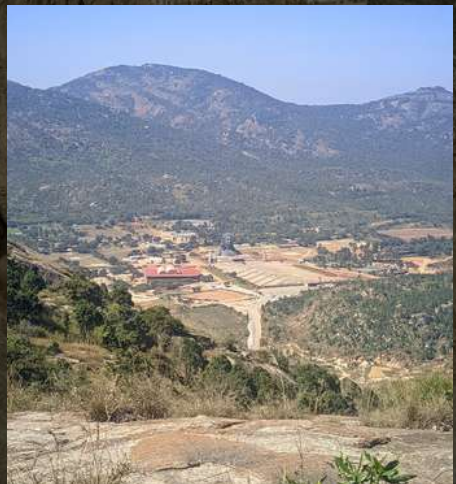
Visvesvaraya Industrial and Technological Museum (5th Standard) December 13th, 2025

The 5th graders from **The Indiranagar Cambridge School** had an exciting day at the Visvesvaraya Industrial and Technological Museum. Hands-on exhibits helped them understand key scientific principles and technological applications in an engaging way. The museum visit sparked curiosity, enhanced learning, and encouraged students to explore the world of science practically.



Kauravkunda & Isha Foundation (6th & 7th Standard) December 13th, 2025

Students from **The Indiranagar Cambridge School** set off on an adventurous trek to Kauravkunda and visited the Isha Foundation. The day encouraged physical fitness, teamwork, and confidence-building while providing a chance to connect with nature. Activities at the Isha Foundation nurtured mindfulness, responsibility, and holistic well-being, making it an enriching experience for all.



Karadikallu Betta and SRS Hills (8th & 9th Standard) December 20th, 2025

The 8th and 9th graders from **The Indiranagar Cambridge School** enjoyed a full-day trek to SRS Hills and Karadikallu Betta. The outing combined adventure, learning, and exploration, offering students opportunities to engage with nature, strengthen peer connections, and develop physical stamina. It was a memorable experience that balanced fun and education seamlessly.



Coorg Trip (10th Standard) | December 19th, 2025

The 10th graders from **The Indiranagar Cambridge School** set off on a 2-night, 3-day graduation trip to Coorg, exploring the scenic landscapes of Madikeri. The trip offered an immersive experience in nature, culture, and camaraderie, marking a memorable graduation outing. Students bonded through shared adventures, creating lasting memories while enjoying a well-planned and enriching journey.



Makalidurga Trek | December 28th, 2025



On 28th December, a small group of three set out on a **Private Makalidurga trek**, proof that you don't need a crowd to make a day memorable. With early morning light, quiet trails, and unhurried conversations, the trek felt personal from the very first step.

Makalidurga welcomed them with rocky paths, open skies, and sweeping views that made every pause worthwhile. The climb was steady, the silence comforting, and the moments at the top reminded us why short treks close to the city can still feel like a complete reset.

A simple trek, a private group, and a day well spent in the hills. Sometimes, that's all it takes.



Skandagiri Sunrise Trek | December 25th, 2025



Christmas morning looked a little different for this **private group of 19**, trading alarms and city noise for torchlights, cold winds, and a trail that slowly led us above the clouds.

The Skandagiri trek was filled with quiet conversations, shared laughs, steady climbs, and that familiar feeling of walking together toward something simple yet special. As the sky began to change colours, exhaustion gave way to awe mist rolling in, the first light of day, and a sunrise that made every step worth it. Ending the year on a trail, with new faces slowly turning into familiar ones, this is what community treks are all about.



WHAT'S TRENDING IN THE MOUNTAINS

- **Nepal Officially Lists Six “New” 8,000-Meter Peaks**

Nepal's Department of Tourism has updated its official Himalayan peak profile, listing six additional peaks now classified as over 8,000 meters increasing the total count nationally. These include peaks previously considered sub-peaks that are now officially recognised in Nepal's records, although international bodies have not yet ratified the change.

[Know More](#)

- **Climber Numbers to Be Capped Based on Mountain Carrying Capacity**

In a major policy move, Nepal's Ministry of Culture, Tourism and Civil Aviation has approved a plan to limit the number of climbing permits and climbing periods based on each mountain's carrying capacity. The initiative aims to reduce waste, overcrowding, and safety issues on popular peaks, a significant shift in how Himalayan expeditions will be managed over the next five years.

[Know More](#)

- **Surge in Climbing Activity Boosts Nepal's Mountaineering Revenue**

According to the Nepal Department of Tourism, mountaineering activity and royalty revenue climbed in 2024/25 compared to the previous year. More climbers from diverse countries are venturing beyond Everest, contributing to broader regional engagement across Himalayan peaks.

[Know More](#)

- **16-Year-Old Indian Mountaineer Wins National Honour**

Vishwanath Karthikey Padakanti, at just 16 years old, was awarded the Pradhan Mantri Rashtriya Bal Puraskar 2025 by the President of India for completing the prestigious Seven Summits Challenge, the youngest from India to do so. This marks an inspiring development in youth mountaineering recognition.

[Know More](#)

- **Indian Flag Flies on Antarctica's Mount Vinson**

Indian mountaineer Kavita Chand from Uttarakhand summited Mount Vinson, the highest peak in Antarctica, on 12th December 2025 as part of her ongoing Seven Summits quest bringing further recognition to Indian alpinists on the global stage.

[Know More](#)

Bengaluru Community Meet-Up



There's something truly special about bringing the trekking community together in your own city. On 7th December 2025, our Bengaluru Community Meet-Up for Trek Smart + Trek Essentials reminded us why the people who join us matter just as much as the trails we walk.

It was incredible to see familiar faces, meet new adventurers, and share stories, tips, and laughter in one space. The passion, curiosity, and camaraderie in the room made the evening feel alive, warm, and deeply connected. Every question asked, every experience shared, and every spark of excitement reminded us why community is the heart of TrekNomads.

A huge thank you to Decathlon Bannerghatta Road for hosting us so graciously and providing the perfect space for our trekkers to come together. Your support made this gathering seamless and welcoming.

To everyone who joined us, thank you for being part of this journey. Your energy, enthusiasm, and spirit of adventure made this meet-up more than an event; it became a celebration of shared passion and the joy of discovering the mountains together.



Langtang Valley Through a Trekker's Eyes



Meet **Vikram**, who trekked with us through the Langtang Valley in April 2025. To understand why Langtang felt so different, here are Vikram's words — as he lived, felt, and remembers the journey. I had always wanted to visit Langtang Valley, ever since I became aware of the devastating earthquake that once struck the region. More than the mountains themselves, it was the resilience and spirit of the local people, their ability to rebuild their lives and continue living with warmth and positivity, that deeply inspired me. Witnessing this spirit firsthand had been on my mind for a long time.

Eventually, three of us friends decided to make this dream a reality and trek to one of the most remote and offbeat regions of Nepal - Langtang Valley. *While searching for a trek organiser, we came across TrekNomads, who were offering premium trekking facilities. From the very beginning, the booking process was smooth and well-organised.* Hemanth, who coordinated with us, was extremely informative, cooperative, and responsive. He guided us through every detail patiently and ensured that all necessary information was shared well in advance.

A WhatsApp group was created for coordination, which worked very effectively. Communication was clear, timely, and consistent throughout, leaving no room for confusion at any stage. Upon reaching Kathmandu, a representative from the TrekNomads team was already present to receive us. Our stay in Kathmandu was comfortable and well arranged at a three-star property located in Thamel, one of the most vibrant and happening areas of the city. It was here that we met our trek leader, who welcomed us warmly and handed over TrekNomads' T-shirts, a thoughtful gesture that added to the excitement of the journey.

From Kathmandu, we proceeded to Syabrubesi, the starting point of the Langtang Valley trek. A short acclimatisation hike to a nearby Buddha Stupa was suggested, which proved helpful in preparing our bodies for the trek ahead. The logistical arrangements and facilities provided by the team were well planned and professionally managed.

Langtang Valley Through a Trekker's Eyes



The next day, we began our trek towards Lama Hotel. This was a relatively easy and comfortable walk, with no steep ascents and a moderate distance.

The trail was scenic and relaxing, with the river flowing alongside us for most of the route. We also crossed a few suspension bridges along the way, which added charm and offered beautiful views of the flowing water below. It was a smooth day overall, allowing us to walk at our own pace and enjoy the surroundings. Lama Hotel truly felt like a trekker's paradise.

The following day, we trekked from Lama Hotel to Langtang Village. This stretch was more scenic, offering breathtaking views of snow-capped mountains, with rivers once again accompanying us along the trail. The distance was longer and included some steep ascents, but it remained manageable with steady pacing.

As the day progressed, weather conditions worsened. It became dark and rainy by the time we were nearing Langtang Village, which caused a bit of panic among some trekkers. However, our trek leader handled the situation with remarkable calmness and professionalism, ensuring everyone's safety. His leadership during this challenging moment was truly commendable.

The next day was a relaxed one, as we had a short distance to cover. With no urgency, we started late and walked slowly, stopping frequently to take photographs and enjoy the views. We reached Kyanjin Gumpa by afternoon, had lunch, and then visited the monastery. The monastery had an incredible spiritual vibe, if a ritual was taking place, the rhythmic drum beats sent goosebumps through the entire body.

We were served local wine to beat the cold, which added a beautiful cultural touch. The views from the monastery were stunning, with snow-covered mountains in the backdrop and colorful homestays scattered across the valley.

Langtang Valley Through a Trekker's Eyes



At night, with no light pollution, stargazing became one of the most peaceful and unforgettable experiences of the trek.

The next day marked the beginning of our return journey back to Lama Hotel. Walking the same trail again felt different, as familiar landscapes revealed new dimensions and angles. Reaching Lama Hotel brought a subtle heaviness, as the realization set in that the trek was nearing its end.

The following day, we descended to Syabrubesi. Reaching there felt bittersweet, as the trek was officially over. However, our trek leader surprised us by organizing a small celebration with cake cutting. This thoughtful gesture lifted everyone's mood and turned the farewell into a joyful and memorable moment.

The next day, we headed back to Kathmandu and finally had proper rest. The following day was dedicated to local sightseeing, planned by the Technomads team. We visited iconic places like Pashupatinath Mandir and explored local areas and cafés. It was a relaxed cultural experience that beautifully complemented the trekking journey.

As the trip came to an end, there was a sense of calm happiness returning to routine life but carrying a heart full of memories. The experiences, landscapes, people, and emotions will stay with us forever.

The TrekNomads team ensured that the entire trek was conducted safely, professionally, and with great care. We returned not just having completed a trek, but with unforgettable memories and an enriching experience that will remain with us for a lifetime.

YOUR GUIDE TO HIMALAYAN TREKS & GLOBAL SUMMITS

TREKS & EXPEDITION CALENDAR

2026



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WHAT OUR TEAM IS EXCITED ABOUT THIS SEASON:

Kilimanjaro Expedition

Meet **Hemanth Kumar**, our Operations Head at TrekNomads, the person who ensures that every trek/expedition runs smoothly, from planning and logistics to safety and on-ground execution.

In October 2025, Hemanth led the Mount Kilimanjaro expedition himself, experiencing the climb first-hand with our trekkers and understanding what makes it such a defining journey for trekkers and climbers alike.

Here's why he's excited about Kilimanjaro for the upcoming season, in his own words:

I climbed Kilimanjaro in October 2025, and what stayed with me most is this: no two days on this mountain feel the same.

*Each day brings a completely different landscape. You start in **thick rainforest**, move through **moorlands and heather**, cross wide **alpine deserts**, and eventually walk toward **glaciers** near the summit. It's one trail, but it never feels repetitive. Every zone asks something different of you physically and mentally, and that's what makes the climb so engaging.*

Kilimanjaro is also a very different kind of mountain. It stands alone. There are no surrounding peaks, no familiar ridgelines. Climbing a standalone volcano like this feels powerful and grounding at the same time. It becomes a clear benchmark not just of fitness, but of patience and consistency.

[Departures: 21 January, 8 February, 7 March 2026](#)



WHAT OUR TEAM IS EXCITED ABOUT THIS SEASON:

Kilimanjaro Expedition

The **lower forest sections surprised me the most**. The flora and wildlife there add a depth you don't expect on a big mountain climb. It eases you into the expedition before the terrain slowly strips itself down to silence and altitude.

One thing I really appreciated was the infrastructure. **Staying in trekker huts** allows you to recover well without losing the seriousness of the expedition. When you're walking day after day and preparing for a midnight summit push, that recovery matters.

Almost every morning, we woke up above the cloud layer. **Watching the sun rise** while clouds sat far below us never stopped feeling special. Those quiet moments become just as memorable as the summit itself.

And then there's Tanzania. Kilimanjaro doesn't feel like just a mountain climb. The **culture, forests, wildlife, and landscapes add a richness to the journey** that goes far beyond the expedition.

As one of the Seven Summits, Kilimanjaro is often where bigger expedition journeys begin. For **anyone who's completed a 5,000m+ trek like Everest Base Camp**, this climb is a strong self-check, a way to understand how you handle altitude, endurance, and sustained effort before moving toward higher and more technical peaks.

If you're looking for an expedition that's challenging, rewarding, and deeply varied, Kilimanjaro is one I'd strongly recommend.

[Book Now](#)



Pick Your Winter Personality



[Explore All The Treks](#)

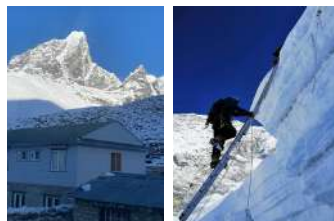
"THE GRADUATES' CLUB"

The Difference Between 'Fit' and 'Trek-Fit'

You might hit the gym, run a few kilometres, or do your morning yoga but are you truly trek-fit? Trekking in the Himalayas is a different ball game. It's not just stamina; it's mindset, altitude resilience, and the thrill of stepping into the unknown. This season, the Graduates' Club is ready to level up your adventure game.

EBC + Island Peak Expedition:

Think you're fit? Try carrying 20 kg at 5,300 meters! Island Peak is where your "trek-fit" journey officially begins. Consider this your first technical badge, a proof that you can handle altitude, ice, and serious adventure.



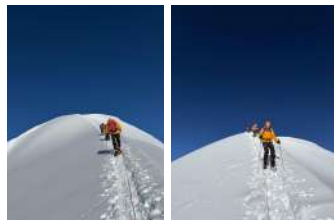
EBC + Lobuche Peak Expedition:

Ready for the next step? Lobuche Peak isn't just another summit; it's your logical level-up. Test your trekking IQ: acclimatisation, peak planning, and stamina all come together here. Only the truly trek-fit can rise above and conquer this challenge.



Mera Peak Expedition

Now you're talking at a serious altitude. Mera Peak is your first "real expedition", a true rite of passage into the world of high-altitude trekking. Here, fit isn't enough. Trek-fit is what separates dreamers from achievers.



Are you ready to graduate from "fit" to trek-fit?

Join the **Graduates' Club this season** and earn your badge. Your Himalayan story starts here.

This or That: Trek Edition

Are you ready to see if you're truly trek-fit?

It's time for a fun challenge, pick your favourites and find out what kind of trekker you are!

- **Sunrise vs Sunset**

Do you chase the first light over the Himalayas, or unwind after a day on the trail with golden skies?



- **Tea at Basecamp vs Hot Chocolate by the Fire**

Nothing beats a warm drink but do you fuel up with classic trek tea or treat yourself to cocoa luxury?



This or That: Trek Edition

Are you ready to see if you're truly trek-fit?

It's time for a fun challenge, pick your favourites and find out what kind of trekker you are!

- **Solo Trek vs Group Adventure**

Some find peace in solitude, others thrive in laughter-filled trails.

Which team are you on?



- **Tent Life vs Mountain Lodge**

Do you love the raw adventure of camping under the stars, or the comfort of a cozy lodge after a long trek?



Pro Tip: Your choices say a lot about your trek style and maybe hint at your next Himalayan adventure!

[Check out our 2026 trek calendar](#)



Pick Your 2026 Trek Resolution

Make 2026 the year your trekking habits truly level up. Pick one or commit to all and let the mountains notice.

☐ I will trek smarter, not faster

Plan, pace, and prioritise safety over rushing to the summit.

☐ I will train consistently, not occasionally

Short, regular workouts to stay trek-fit all year round.

☐ I will learn at least one new mountain skill

Navigation, skiing, ice techniques, or rope work, something to expand my abilities.

☐ I will pack lighter and smarter

Carry only what I need and travel efficiently.

☐ I will respect every trail I walk

Leave no trace, protect nature, and be mindful of local communities.

☐ I will take time to reflect on each trek

Pause, notice, and appreciate every moment on the trail.

☐ I will embrace challenges outside my comfort zone

Step higher, try new routes, and take on adventures that push my limits.

Small resolutions, big impact; 2026 is your year to trek intentionally.

Looking Back at 2025 – Ahead to 2026

2025 was a year of moments that made us pause, smile, and feel grateful. From little feet discovering Cubbon Park to teens challenging themselves on distant treks, every outing, every meet-up, and every shared laugh reminded us why the TrekNomads community exists not just to explore mountains, but to build connections, confidence, and memories that stay with us long after the trek ends.

This edition has captured glimpses of those stories of curiosity, courage, friendship, and joy. Every smile, every “aha” moment, and every shared story made this year meaningful for us and, we hope, for you too.

And the journey continues. Alemaari Adhyaya 2.0 will return in 2026, bringing new tales, new trails, and new memories to share with our growing community.

Here's to a new year filled with adventures that challenge, moments that inspire, and connections that matter.

Thank you for walking alongside us in 2025, see you on the next trek!

Happy New Year from all of us at TrekNomads!



