



ALEMAARI ADHYAYA

By TrekNomads

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TREK *Travel* ADVENTURE

Welcome to the **July edition of Alemaari Adhyaya by TrekNomads.**

*Nothing Is Impossible.
Until the mountain decides otherwise.
Some months arrive quietly. July didn't.*

It came with wildflowers at their peak in the Bhyundar Valley, with monsoon trails full and alive, with trekkers coming back from passes and lakes and campsites with that specific look we've learned to recognise after all these months.

*And then, on the last day of July the mountains took someone back.
Someone who, more than almost anyone in living memory, had given the mountains to the rest of us.*

This edition sits in that space. Between the beauty of what July brought and the weight of what it took. Between the trails that are open and alive right now and the man who taught a generation of people not just climbers, but ordinary people watching a Netflix documentary at home with their families in 2021 - that the impossible is just a word.

We are writing this edition for him. And for everyone who ever watched 14 Peaks and thought maybe I could do something I never thought I could.

EDITOR'S DESK – ALEMAARI ADHYAYA



July was a lot to hold.

The trails were full as the monsoon reached its peak, Valley of Flowers batches going out one after another, and the Khumbu preparing for autumn. And then, on the last day of the month, news arrived that sat differently from everything else. The kind that makes you open a document and stare at it for a while before finding the words.

We lost someone who meant something to this world. To the mountains. To everyone who ever watched a documentary late at night and felt something shift without fully understanding why. To the people who found trails, altitude, and the quiet courage of showing up through his voice, his story, and his absolute refusal to accept impossible as a final answer.

We won't pretend July was only that. It wasn't. It was also full of trekkers coming back with that look the one that says something got settled up there that needed settling. First treks completed. Passes crossed. People doing things they almost didn't book. That was the July we lived every day at TrekNomads.

But it ended with a weight. And this edition holds both the aliveness of a season in full swing and the grief of losing someone who made it feel more possible for all of us. He showed us it was possible. We carry that forward.

— Arshalakshmi
Editor, Alemaari Adhyaya

Stories from July



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FOR NIMS DAI - NIMRAL PURJA

The Man Who Made Impossible a Smaller Word

On 30th July 2026, an avalanche swept through an expedition on Broad Peak in Pakistan's Karakoram range and took ten climbers with it. Among them was **Nirmal Purja, widely known as Nims Dai**, 43 years old, born in Dana, Myagdi, Nepal, and a former British Army Gurkha and UK Special Forces soldier who went on to become one of the most recognisable figures in modern Himalayan mountaineering.

Most of us didn't discover him through climbing journals or expedition reports. We found him through a screen, late at night, in a Netflix documentary that did something most mountaineering stories don't. It made the mountains feel like they **belonged to ordinary people too**. Not just the technically trained or professionally sponsored. Anyone willing to show up and refuse to quit.

Nims climbed all **14 of the world's 8,000-metre peaks in 189 days**, and later led the first successful **winter ascent of K2**. Yet what made his journey matter was what he represented putting **Nepali climbers and the wider Himalayan climbing community** at the front of a story that had too often placed them in the background.

Project Possible was never simply about a record. It was about challenging the limits others had already decided were impossible. He spoke about his team. He credited the people who climbed alongside him. And through his work, he helped make high-altitude mountaineering feel more accessible, more visible, and more possible for a new generation. **"Nothing is impossible" was never just a motivational line for him**. It was the lived experience of a man who decided that the limits placed around him did not have to become his own.

We mourn all ten climbers lost on Broad Peak. But we speak Nims Dai's name specifically because, for so many of us, he was the door to the mountains. *He opened it. He held it open. And he walked through it first.*

Every time someone stands at a trailhead wondering if they can do this, something of what he gave us is in that moment.

**Rest in the mountains, Nims Dai.
You made them feel like ours.**

WELCOMING THE NEPAL AUTUMN SEASON



The mountains don't pause for grief.

They open, season by season, the way they always have. The monsoon clears. The skies turn that particular shade of blue that Nepal seems to reserve for autumn. The trails that were heavy with cloud and rain all summer emerge into something clear, still, and impossibly beautiful.

Autumn is here. And Nepal is waiting.

This is the season trekkers wait for. Clear mornings. Long visibility. The Himalayan range unfolding from ridgelines and passes without the haze of summer or the clouds of monsoon. Trails alive with trekkers from around the world who have been planning this window for months.

We have been planning it too.

EVEREST BASE CAMP & ITS VARIANTS – WHICH VERSION OF EBC ARE YOU?



EVEREST BASE CAMP & ITS VARIANTS – WHICH VERSION OF EBC ARE YOU?

Most people say they want to do EBC. What they actually mean is five different things.

The [Classic Everest Base Camp](#) is for the one who has been thinking about this for years. The one who watched a documentary at some point and felt something that didn't fully go away. Fifteen nights, sixteen days from Lukla to Gorak Shep to Kala Patthar, a trail that 20,000+ trekkers have walked with us since 2016, not because it's easy, but because it delivers exactly what it promises. Everest, up close, earned completely on foot.

[Everest Base Camp with Gokyo Ri and Chola Pass](#) is for the one who did their research and kept finding the same line in every trip report: "I wish I'd done Gokyo." Adding the Cho La Pass crossing and the Gokyo Lakes to the classic itinerary means entering a completely different valley west of the main trail one that most EBC trekkers never see. From Gokyo Ri at 5,357 metres, four eight-thousanders sit in the same frame on a clear autumn morning. It isn't a longer version of the same trek. It's a different conversation with the same mountain.

The [Everest Base Camp with Heli Return](#) is for the one doing the maths on their leave balance right now. Walk into the Khumbu the way it deserves to be walked slowly, through every Sherpa village, suspension bridge and prayer-flagged ridgeline the trail offers. Then fly out from Gorak Shep in 45 minutes, over everything you just walked through. Not a compromise. A different kind of ending. And the best part? You stay in a single accommodation throughout the journey.

The [Everest Base Camp Three Pass Trek](#) is for the one who has already done EBC and came back feeling like they'd seen one angle of something that had many more. Three high passes Kongma La at 5,535 metres, Cho La at 5,420 metres and Renjo La at 5,360 metres each one a different world on either side, each one earned by a climb that tests you differently. The most complete circuit of the Khumbu, and one that shows you the Everest region the way very few people ever see it.

[Everest Base Camp by Road](#) is for the one who wants the journey before the journey begins. Everyone else flies over the Himalayan foothills between Kathmandu and Lukla in 35 minutes. This batch drives through them – through Salleri and Phaplu, through landscapes that most EBC trekkers never know they missed. The trail, for this batch, begins before it officially begins. That's entirely the point.

Five versions. One mountain. Which one is yours?



WE FOLLOWED A TREKKER ALL THE WAY TO EVEREST BASE CAMP – AND FILMED EVERY STEP

A lot of people have asked us what the **Everest Base Camp trek actually looks like**.

Not the highlights. Not the summit shots. The real thing. The early mornings in Lukla. The first glimpse of Ama Dablam from the trail. The acclimatisation day in Namche, when your body is quietly doing something important and you're just trying to eat dal bhat and stay warm. The moment on Kala Patthar when Everest finally appears and someone in the group goes completely silent.

We filmed all of it. Now, come walk the trail with us.



Watch the Full EBC Journey on YouTube



And if watching it makes you want to go — you know where to find us.
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ANNAPURNA BASE CAMP & MARDI HIMAL – THE ONE THAT LETS YOU STAND INSIDE IT.



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There is a difference between looking at a mountain and being inside one.

The Khumbu is vast and open. You walk towards Everest for days, with the summit always in the distance, always above humbling you with its scale.

Annapurna does something completely different.

The closer you get to base camp, the more the valley closes in around you. The peaks stop being something on the horizon and start being something above your head. By the time you arrive at the Annapurna Sanctuary at 4,130 metres, ringed by sixteen peaks above 6,000 metres, with Annapurna I at 8,091 metres directly overhead, the mountain isn't something you're looking at anymore. It's something you're standing inside.

That feeling has no equivalent on any other trek in Nepal.

The [Annapurna Base Camp Trek](#) runs for 12 nights and 13 days from Pokhara, passing through Gurung villages, rhododendron forests and alpine meadows before the valley narrows into the sanctuary itself.. [Mardi Himal Base Camp Trek](#) sits just east of the main Annapurna route, a quieter, less-trodden 9-day trail offering close-up views of Machapuchare that the main route doesn't give you at the same proximity.

Both trek lie within the Annapurna Conservation Area, Nepal's first and largest conservation area, where the landscape, biodiversity and Gurung culture remain deeply connected to the trail.

You can do either trail individually or combine both for a more complete Annapurna experience.

If you have the time for both – take it.

The two trek complement each other in a way that makes the region feel fully explored rather than half-seen.

Autumn departures are open for both. Individual and combo itineraries available.

Explore your options: [Mardi Himal & Annapurna Base Camp](#) | [Mardi Himal Base Camp Trek](#) | [Annapurna Base Camp Trek](#)



THE TRAILS LESS TAKEN – LANGTANG VALLEY & MANASLU CIRCUIT TREK



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There is a particular kind of trekker who looks at every popular Nepal route and quietly asks: Is there something else? Yes, there is two of them.

Langtang Valley Trek with 8 Nights, 9 Days

Less than 60 kilometres north of Kathmandu sits one of Nepal's most overlooked Himalayan valleys. No domestic flight. No Lukla lottery. Just a drive and a trail that most trekkers pass by on their way to more famous names.

The route climbs through rhododendron forests into the wide Tamang valley, passing Lama Hotel at 2,470 metres, a small cluster of lodges so deep in the forest that the outside world starts to feel distant. Higher up, Langtang Lirung at 7,227 metres holds the horizon for much of the upper valley. Tserko Ri adds a 360-degree panoramic view that puts the entire range into perspective.

Bookings are already coming in for autumn. The ones who find this trail tend not to regret it.

Manaslu Circuit Trek with 15 Nights, 16 Days

Mt. Manaslu, the eighth-highest mountain in the world at 8,163 metres. Most people have never trekked around it. That's precisely what makes this circuit worth doing.

The trail follows the Budhi Gandaki River valley through dramatic gorge scenery, past Tibetan-influenced villages that feel genuinely untouched, before climbing to Larkya Pass at 5,135 metres, where Manaslu, Himlung Himal and Annapurna II sit on the horizon together on a clear autumn morning.

We already have trekkers booked for this season. Spots are limited.

Autumn departures are open for both. Individual itineraries available.

👉 Explore your options: [Manaslu Circuit Trek \[Premium\]](#) | [Langtang Valley \[Premium\]](#)



ANNAPURNA CIRCUIT WITH TILICHO LAKE - ENTER NEPAL. EXIT SOMEWHERE ELSE.



ANNAPURNA CIRCUIT WITH TILICHO LAKE - ENTER NEPAL. EXIT SOMEWHERE ELSE.

The [Annapurna Circuit Trek](#) is the only trail in Nepal where the landscape changes so completely that trekkers sometimes check if they're still in the same country.

You start in the lush, green, subtropical Marsyangdi Valley, with dense forests, waterfalls and terraced fields. The Nepal of postcards.

Then the trail climbs.

Through Manang, the scenery shifts from green to grey. Juniper scrub replaces forest. The air dries. The architecture changes flat roofs, prayer wheels, and the unmistakable influence of Tibetan culture seeping in from the north.

By the time you cross Thorong La Pass at 5,416 metres and descend into the upper Kali Gandaki Valley and Mustang, you could be forgiven for thinking you crossed a border.

In a way, you did. The Muktinath Temple at 3,800 metres sits at the base of the pass, one of the 108 Shakti Peethas and sacred to both Hindu and Buddhist traditions. The combination of a high-altitude crossing and an ancient pilgrimage site in the same morning is uniquely Annapurna Circuit.

[Tilicho Lake](#) at 4,919 metres, is one of the highest lakes in the world and sits along a side route from Manang. The approach is raw and remote in a way the main circuit doesn't replicate. The lake itself changes colour with the light. On a clear morning, it reflects the surrounding peaks so precisely that the surface looks solid.

If someone asks which Nepal trek to do once and do completely, **this is often the honest answer.**

Autumn departures are open for both. Individual itineraries available.

Explore your options: [Annapurna Circuit Trek \[Premium\]](#) | [Annapurna Circuit with Tilicho Lake \[Premium\]](#).



WHAT'S UPCOMING

on the Trails

Our departures are filling up fast!

While most batches are already fully booked, the following departures still have limited slots available.

17th August 2026

Valley of Flowers & Hemkund Sahib [Premium]

18th August 2026

Mount Elbrus Expedition

22nd August 2026

**Markha Valley Trek [Premium]
Valley of Flowers & Hemkund Sahib [Premium]**

29th August 2026

Valley of Flowers & Hemkund Sahib [Premium]

5th September 2026

Valley of Flowers & Hemkund Sahib [Premium]

19th September 2026

**Manaslu Circuit Trek [Premium]
Everest Base Camp [Premium]**

26th September 2026

**Everest Base Camp [Premium]
Hampta Pass & Chandratat Lake [Premium]
Annapurna w Tilicho Lake [Premium]**

3rd October 2026

Annapurna Base Camp [Premium]

10th October 2026

Everest Base Camp [Premium]

17th October 2026

Everest Base Camp [Premium]

24th October 2026

Langtang Valley [Premium]

7th November 2026

**Annapurna Base Camp [Premium]
Har Ki Dun [Premium]**

- Ladakh Treks – [Markha Valley](#) | [Sham Valley](#) | [Lasermo La](#)
- Expeditions – [Kang Yatse II](#) | [Mt.Elbrus](#) | [Mt.Kilimanjaro](#) | [EBC+Island Peak](#) | [EBC+ Lobuche Peak](#) | [Mera Peak](#)

Write to us at **info@treknomads.com** or call **+91 9886444809**.

We're always happy to have an honest conversation about which trek makes sense for where you are right now.

Know More About Treks

TREKKER'S JOURNEY – FROM THE FIRST SUMMIT TO THE NEXT DREAM

Meet **Karthik Raman**, 56, from Mumbai, a runner, a fitness enthusiast, and someone who believes there is always another mountain to climb.

His journey began with Tungnath–Chandrashila in 2022, followed by Everest Base Camp in 2024. EBC became a turning point. Seeing Ama Dablam up close planted a dream in his mind: one day, I want to climb it.

In 2026, he decided to take the next step. He trained with TrekNomads in ice climbing and basic mountaineering skills, while also working on his endurance, core strength and overall fitness through running and regular gym sessions.

This July, he took on the **Kang Yatse II & Dzo Jongo Dual Summit Expedition in Ladakh**.

The mountains, however, had different plans. Soft snow and unfavourable weather made Kang Yatse II particularly challenging, and he had to turn back. But the expedition wasn't over. Karthik went on to summit Dzo Jongo, turning a challenging expedition into a memorable achievement.

For him, the experience was made even better by the TrekNomads team. From **Hemanth Kumar**, COO of TrekNomads, and his pre-expedition guidance to the constant motivation and support from trek leaders **Bhejender Chauhan and Rigzin**, Karthik felt well prepared and supported throughout. He also valued the practical insights shared by **Naveen Mallesh**, Founder of TrekNomads, who had completed the same dual-summit challenge himself.

Looking back, Karthik sees this expedition not as a finish line, but as another step forward.

His next goal? Ama Dablam.

He doesn't know when he'll attempt it. But one day, he says, he definitely will.



VALLEY OF FLOWERS FROM TREKKR'S VIEW



[▶ Watch now](#)

PLANNING KANG YATSE II ? WATCH HERE.



[▶ Watch now](#)

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until AUGUST

July doesn't knock. It just arrives. Wet boots at the door, clouds that haven't decided yet, and somewhere on a trail in Uttarakhand, a group of people walking into something they won't have words for until long after they've come back.

That's the thing about this season. We sent people into a pass crossing and watched them come back quieter in a way that had nothing to do with exhaustion. We watched the first batch disappear into Bhyundar Valley and stopped waiting for updates after a point because some experiences don't send messages.

July has a valley full of 500 species waiting for the people who choose it next. We hope some of those people are reading this right now.

And as we celebrate our freedom this August, may we never forget the freedom to explore, to wander, to challenge ourselves, and to discover the incredible landscapes that make this country home.

Wishing you all a very Happy Independence Day in advance.

Until the next edition, may the mountains stay somewhere in your thoughts.