



SOCIAL INVINCIBILITY CHECKLIST

01



SNAP YOURSELF INTO A SOCIAL MOOD. MOTION CREATES EMOTION.

- Strike a “Power Pose,” in the restroom before you go in.
- Walk with a sense of purpose and swagger.
- If there’s a private place near the location, jump up and down wildly for 10 seconds. You will be amazed how much more loose and talkative you will then feel.

DO NOT PING!

Pinging is when you look to other people for approval or confirmation that what you are doing is acceptable or cool. When you quickly glance around looking at people’s eyes (pinging) it displays a lack of confidence and can become a self-fulfilling prophecy. Refrain from looking around when you’re talking or after telling a joke. Stay solid and be confident that what you’re doing and saying is just fine. Even if you make a social error, if you avoid “pinging” afterwards, you look much more self-assured. More is available on pinging in my [Social Invincibility Program](#).

02



03



PEOPLE BEGIN CREATING THEIR FIRST IMPRESSION OF YOU THE MOMENT YOU WALK THROUGH THE DOORWAY, LONG BEFORE YOU FIRST MAKE EYE CONTACT OR TALK TO THEM.

- Use this concept to your advantage and leverage the fact that you’re on stage when you walk into a room:
- Relax your body language (especially shoulders and facial muscles; you become at ease)
 - Smile & laugh
 - Engage in lighthearted banter or joke telling, if with your friends

LEVERAGE YOUR VOICE.

Your voice has a huge impact on your attractiveness to women and also affects the respect you receive from men. Focus on speaking more loudly than normal and use a confident, bold tonality that exudes leadership and respect. [\(For more on this, click here to watch a free video.\)](#)

04



05



IT’S YOUR PARTY.

When you feel unsure or lack confidence, frame it in your mind that this is your party, your restaurant or your bar. You’re the gregarious host ensuring that everyone is having a good time. This will pull you out of a feeling of hesitancy and anxiousness, and into an uninhibited social mood.



SOCIAL INVINCIBILITY CHECKLIST

YOU ALSO NEED TO KNOW...

1

The counter-intuitive ways to get and keep people's attention when you speak.

2

How to use humor to both attract people and also give off an air of respect and charisma.

3

How to see the invisible threads of communication. This will allow you to maneuver more effectively than those who cannot see them.

4

How to have a **STRONG** and **POWERFUL PRESENCE** that demands respect and attention (yet exudes warmth and trust.)

5

A powerful way to hijack your brain by using "Brain Candy," which will leverage your brain to increase your self-esteem rapidly.



That is why I have put together a presentation to give you the complete tool set you need to have 100% confidence that you can always show up to a social event, handle yourself like a pro and be the person everyone wants to meet.

Click
Here

Watch: "Social Invincibility - How To Become A Master Conversationalist and At Ease In Any Environment."