

CRISIS REFERRAL RESOURCE GUIDE

IN AN EMERGENCY OR CRISIS: DIAL 911

<p><u>National Suicide Prevention Lifeline</u> 1-800-273-TALK or 1-800-273-8255 (press 1 for veterans, press 2 for Spanish) <u>Lifeline Crisis Chat</u> www.crisichat.org</p>	<p><u>Crisis Intervention Center,</u> The Phone Crisis Line (225) 924-3900 or 1-800-437-0303</p>
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DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES:

<p><u>Childhelp National Child Abuse Hotline</u> 1-800-4-A-CHILD (1-800-422-4453)</p>	<p><u>National Child Sexual Abuse Helpline</u> Darkness to Light 1-866-FOR-LIGH or 1-866-367-5444</p>
<p><u>National Domestic Violence Hotline</u> 1-800-799-SAFE (7233) 1-800-787-3224 (hearing impaired line)</p>	<p><u>National Sexual Assault Hotline</u> RAINN, (Rape, Abuse & Incest National Network) 1-800-656-HOPE or 1-800-656-4673 www.rainn.org</p>
<p><u>LA Dept. of Children & Family Services,</u> Reporting Line for Child Abuse & Neglect www.dcfsls.gov 1-855-4LA-KIDS (1-855-452-5437)</p>	<p><u>Crisis Text Line</u> Text START to 741-741</p>

SUPPORT RESOURCES

GAY, LESBIAN, BISEXUAL, TRANSGENDER SUPPORT RESOURCES

<p><u>GLBT National Help Center</u> 1-888-843-4564 1-888-246-7743 for Youth Talkline www.glnh.org</p>	<p><u>Trevor Project Crisis Line – LGBTQ Youth</u> 1-866-4-U-TREVOR or 1-866-488-7386 www.theTrevorProject.org</p>
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SELF-HELP RESOURCES AND GROUPS

<p><u>Alcoholics Anonymous</u> www.aa.org/pages/en_US/find-aa-resources</p>	<p><u>Narcotics Anonymous</u> 1-888-GET-HOPE (438-4673) (Hopeline) www.na.org/meetingsearch</p>
<p><u>Al-Anon and Alateen Family Groups</u> www.al-anon.alateen.org/local-meetings</p>	<p><u>Nar-Anon Family Groups</u> www.nar-anon.org/find-a-group</p>