

## **DEPENDENT DAY CARE EXPENSES**

*Each family may pre-tax up to \$5,000 per tax year or \$2,500, if married and filing tax returns separately. Examples:*

- Babysitters
- Before/After School Programs
- Day Care Centers
- Elder Day Care Centers
- Nursery School
- Summer Day Camps  
(including sports camps)



## **PRIVATELY HELD INSURANCE PREMIUMS**

*Use Pre-tax dollars to pay for premiums for:*

- COBRA
- Contact lens replacement
- Dental
- Disability (not recommended - benefits become taxable when premium is paid on a pre-tax basis)
- Supplemental health
- Vision



The Preferred Group administers your school's Flexible Spending Plan. Preferred's Flex Services are endorsed by NYSUT.

## **Give Yourself A Tax Break Today!**

- Enroll in

## **The Preferred Group FLEX PLAN**

When we receive your claim by 2 p.m., a check will be sent to you that very SAME DAY!



and  
**SAVE! SAVE! SAVE!**



**The Preferred Group**

## **Give Yourself**

### **A Tax**

### **Break Today!**

- Enroll in

## **The Preferred Group FLEX PLAN**

# How Can I Give Myself a TAX Break?

Sign up for your school's Flexible Spending Plan!

You get 100% value from every dollar you make.

## NO FICA



## NO STATE TAX

## NO FEDERAL TAX

taken out of your money in this plan!

**YOU** save 30%-40% of every hard earned dollar.

**YOU** decide how much money to put in your FLEX Unreimbursed Medical Account, Dependent Day Care Account and/or Premium Expense Account.

**YOU** use the money during your school's plan year to pay for expenses for yourself, your spouse and your dependents.

**YOU** pay for health expenses and your money is available from day ONE of the Plan Year.

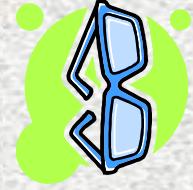
**YOU** are required to use all your money in your accounts by the end of the Plan Year.

## WHAT CAN I USE PRE-TAX MONEY FOR?

### HEALTH CARE PREMIUMS

*Pays for your share of employer-sponsored premiums:*

- Medical
- Dental
- Vision
- Prescription Drug
- Hearing



## UNREIMBURSED MEDICAL EXPENSES

*Pays for any out-of-pocket expenses your insurance does not cover, for example:*

### MEDICAL EXPENSES

- Chiropractic expenses
- Contraceptives
- Dermatologist
- Hospital bills
- Insulin
- Laboratory fees
- Mammography
- Medical Co-pays
- Nursing
- Ob/gyn exams
- Over-the-counter drugs, (aspirin, Advil, allergy medicine, Rolaids, etc.)

Cont'd

## WHAT CAN I USE PRE-TAX MONEY FOR?

### HEALTH CARE PREMIUMS

*Pays for your share of employer-sponsored premiums:*

- Physicals
- Substance abuse treatment
- Surgical expenses
- Wheelchairs
- X-rays

### DENTAL EXPENSES

- Crowns, bridges, dentures and orthodontic expenses
- Dental co-pays and deductibles

### HEARING EXPENSES

- Hearing aids, batteries

### PREScription DRUGS

- Drug co-pays
- Covers most non-cosmetic drugs

### PSYCHIATRIC SERVICES

- Psychiatrists, psychologists, counselors

### VISION EXPENSES

- Contact lenses, saline solution
- Eyeglasses, prescription sun glasses
- Lasik eye surgery



### OTHER

- Home improvements for medical purposes
- Transportation expenses for medical purposes - tolls, ferry, parking, car mileage, common carriers, meal/lodging allowance

