



SEPTEMBER 2025

GLASGOW

*Glasgow is a peanut free school.
Sun butter will be served in the
place of peanut butter.

Monday

Tuesday

Wednesday

Thursday

Friday

NO SCHOOL

1

Labor Day

NO SCHOOL

2

Hamburger / Cheeseburger
Baked Beans
Fruits and Vegetables
Milk

3

Sticky Chicken
Brown Rice / Broccoli
Fruits and Vegetables
Milk

4

National Cheese Pizza Day!

Cheese / Pepperoni Pizza
Tossed Salad
Homemade Dessert
Fruits and Vegetables
Milk

Chicken Parmesan Sub
Green Beans
Fruits and Vegetables
Milk

8

Bacon Egg and Cheese Bagel
Yogurt / Granola
Melon
Fruits and Vegetables
Milk

9

Beef Nachos
Homemade Cheese Sauce
Brown Rice / Corn / Beans
Fruits and Vegetables
Milk

10

Goulash
Roasted Cauliflower
Fruits and Vegetables
Milk

11

Cheese / Pepperoni Pizza
Tossed Salad
Homemade Dessert
Fruits and Vegetables
Milk

12

Grilled Cheese Sandwich
Tomato Soup
Fruits and Vegetables
Milk

15

National Guacamole Day!

Beef Tacos
Brown Rice
Corn / Beans / Guacamole
Fruits and Vegetables
Milk

16

Macaroni and Cheese
Peas and Carrots
Fruits and Vegetables
Milk

17

BBQ Chicken Wrap
Pasta Salad
Fruits and Vegetables
Milk

18

Cheese / Pepperoni Pizza
Tossed Salad
Homemade Dessert
Fruits and Vegetables
Milk

19

Italian Dunkers
Marinara Sauce
Fruits and Vegetables
Milk

22

Chicken Fried Rice
Steamed Broccoli
Fruits and Vegetables
Milk

23

Sloppy Joe on a Bun
Honey Roasted Carrots
Fruits and Vegetables
Milk

24

Chicken Quesadilla
Brown Rice
Corn / Beans
Fruits and Vegetables
Milk

25

Cheese / Pepperoni Pizza
Tossed Salad
Homemade Dessert
Fruits and Vegetables
Milk

26

Spaghetti
Meat Sauce / Marinara
Garlic Bread / Green Beans
Fruits and Vegetables
Milk

29

Pancakes / Local Maple Syrup
Sausage Links
Yogurt / Granola / Berries
Fruits and Vegetables
Milk

30

Plattsburgh City School District encourages all students to select a complete meal containing all 5 food components at lunch. Students must select at least 3 food components, with one of the food components being at least ½ cup of fruit or vegetable to constitute a reimbursable meal.

Alternate lunch choices are SB&J or Egg Salad Sandwich. All students eat free meals! If you have a food allergy, please notify us.