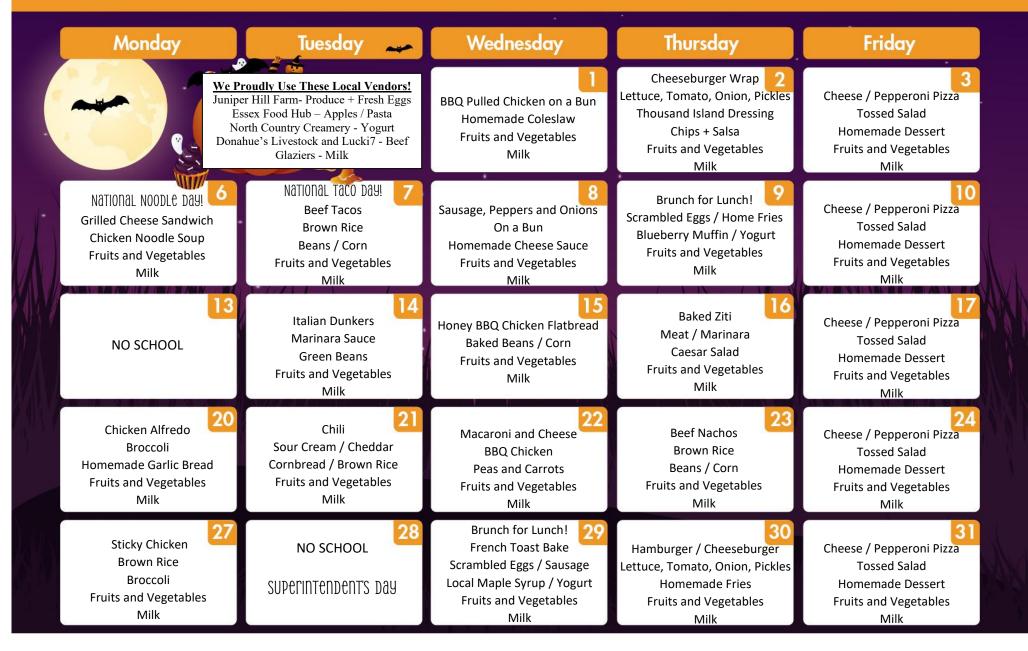


## OCTOBER 2025

**GLASGOW** 

\*Glasgow is a peanut free school. Sun butter will be served in the place of peanut butter.



Plattsburgh City School District encourages all students to select a complete meal containing all 5 food components at lunch. Students must select at least 3 food components, with one of the food components being at least ½ cup of fruit or vegetable to constitute a reimbursable meal.