



# NOVEMBER 2025

## OAK

Every day we offer a delicious  
and varied salad bar full of fruits  
and vegetables!

Monday

Tuesday

Wednesday

Thursday

Friday

### We Proudly Use These Local Vendors!

Juniper Hill Farm- Produce + Fresh Eggs  
Essex Food Hub – Apples / Pasta  
North Country Creamery - Yogurt  
Donahue's Livestock and Lucki7 - Beef  
Glaziers - Milk

### National Sandwich Day! 3

BBQ Pulled Chicken Sandwich  
Homemade Coleslaw  
Pickles  
Fruits and Vegetables  
Milk

### Beef Tacos 4

Beans / Corn  
Brown Rice  
Fruits and Vegetables  
Milk

### Baked Chicken 5

Arroz Con Queso  
Honey Butter Carrots  
Fruits and Vegetables  
Milk

### Spaghetti w/ Mega Meatball 6

Homemade Garlic Bread  
Caesar Salad  
Fruits and Vegetables  
Milk

### Cheese / Pepperoni Pizza 7

Tossed Salad  
Homemade Dessert  
Fruits and Vegetables  
Milk

### Hamburger / Cheeseburger 10

Pasta Salad  
Fruits and Vegetables  
Milk

### NO SCHOOL 11

Thank you, Veterans!

### National Pizza Day! 12

Homemade Pizza Popper  
w/ Marinara Sauce  
Fruits and Vegetables  
Milk

### Brunch for Lunch! 13

Pancakes / Local Maple Syrup  
Scrambled Eggs / Bacon  
Yogurt / Granola / Berries  
Fruits and Vegetables  
Milk

### Cheese / Pepperoni Pizza 14

Tossed Salad  
Homemade Dessert  
Fruits and Vegetables  
Milk

### Grilled Cheese Sandwich 17

Tomato Soup  
Fruits and Vegetables  
Milk

### Bacon, Egg + Cheese Bagel 18

Yogurt / Granola  
Fruit Salad  
Fruits and Vegetables  
Milk

### Italian Dunkers 19

Marinara Sauce  
Green Beans  
Fruits and Vegetables  
Milk

### Thanksgiving Meal! 20

Roasted Turkey  
Mashed Potatoes / Gravy  
Stuffing / Cranberry Sauce  
Pumpkin Crunch  
Fruits and Vegetables /Milk

### Cheese / Pepperoni Pizza 21

Tossed Salad  
Homemade Dessert  
Fruits and Vegetables  
Milk

### Sticky Chicken 24

Brown Rice  
Roasted Broccoli  
Fruits and Vegetables  
Milk

### NO SCHOOL 25

  
Superintendents Day

### NO SCHOOL 26

  
Thanksgiving Break

### NO SCHOOL 27

  
Happy Thanksgiving!

### NO SCHOOL 28

  
Thanksgiving Break

Plattsburgh City School District encourages all students to select a complete meal containing all 5 food components at lunch. Students must select at least 3 food components, with one of the food components being at least ½ cup of fruit or vegetable to constitute a reimbursable meal.

Alternate lunch choices are PB&J/SB&J or Egg Salad Sandwich. All students eat free meals! If you have a food allergy, please notify us.

Ice cream will be available for purchase on Thursdays – Ice cream cups \$0.50, all other items \$1.00