



FEBRUARY 2026

PHS

Every day we offer a delicious
and varied salad bar full of fruits
and vegetables!

Monday

2
Chicken Alfredo
Garlic Bread
Broccoli
Fruits / Vegetables /Milk

9
Chicken Fried Rice
Roasted Broccoli
Pineapple
Fruits / Vegetables / Milk

16
NO SCHOOL

Winter Break

23
Italian Dunkers
Marinara Sauce
Green Beans
Fruits / Vegetables /Milk

Tuesday

3
Beef Tacos
Brown Rice
Beans / Corn
Fruits / Vegetables /Milk

10
Macaroni and Cheese
BBQ Chicken
Honey Glazed Carrots
Fruits / Vegetables /Milk

17
NO SCHOOL

Winter Break

24
National Tortilla Chip Day!
Beef Nachos
Homemade Cheese Sauce
Brown Rice / Beans / Corn
Fruits / Vegetables / Milk

Wednesday

4
National Homemade Soup Day!
Chicken Caesar Wrap
Homemade Croutons
Corn Chowder
Fruits / Vegetables /Milk

11
Grilled Cheese Sandwich
Tomato Soup
Carrot Sticks / Hummus
Fruits / Vegetables /Milk

18
NO SCHOOL

Winter Break

25
Brunch for Lunch
Scrambled Eggs / Sausage
Homemade Muffin
Home Fries
Fruits / Vegetables / Milk

Thursday

5
Hamburger / Cheeseburger
Roasted Sweet Potato
Fruits / Vegetables /Milk

12
Brunch for Lunch
Bacon, Egg, + Cheese on a Bagel
Yogurt / Granola
Fruit Salad
Fruits / Vegetables / Milk

19
NO SCHOOL

Winter Break

26
Goulash
Garlic Bread
Caesar Salad
Fruits / Vegetables /Milk

Friday

6
Cheese / Pepperoni Pizza
Buffalo Chicken
Homemade Dessert
Fruits / Vegetables /Milk

13
Cheese / Pepperoni Pizza
Buffalo Chicken
Homemade Dessert
Fruits / Vegetables /Milk

20
NO SCHOOL

Winter Break

27
Cheese / Pepperoni Pizza
Buffalo Chicken
Homemade Dessert
Fruits / Vegetables /Milk

We Proudly Use These Local Vendors!
Juniper Hill Farm- Produce + Fresh Eggs
Essex Food Hub – Apples / Pasta
North Country Creamery - Yogurt
Donahue's Livestock and Lucki7 - Beef
Glaziers - Milk

Plattsburgh City School District encourages all students to select a complete meal containing all 5 food components at lunch. Students must select at least 3 food components, with one of the food components being at least ½ cup of fruit or vegetable to constitute a reimbursable meal.

Alternate lunch choices are PB&J/SB&J or Egg Salad Sandwich. All students eat free meals! If you have a food allergy, please notify us.