

Monday

Tuesday

Wednesday

Thursday

Friday

2

Grilled Cheese Sandwich
Tomato Soup
Fruits / Vegetables / Milk

3

Hamburger / Cheeseburger
Potato Wedges / Baked Beans
Fruits / Vegetables / Milk

4

EARLY RELEASE

Cook's Choice

5

Chicken Bacon Ranch Pasta
Bake
Broccoli
Fruits / Vegetables / Milk

6

Cheese / Pepperoni Pizza
Buffalo Chicken
Homemade Dessert
Fruits / Vegetables / Milk

9

National Meatball Day!
Spaghetti
Mega Meatball
Homemade Garlic Bread
Fruits / Vegetables / Milk

10

Chicken Quesadilla
Brown Rice
Beans / Corn
Fruits / Vegetables / Milk

11

Eat Your Noodles Day!
Teriyaki Chicken
Lo Mein Noodles
Stir Fry Veggies
Fruits / Vegetables / Milk

12

Brunch for Lunch
Pancake / Maple Syrup
Scrambled Eggs / Sausage
Yogurt / Granola / Berries
Fruits / Vegetables / Milk

13

Cheese / Pepperoni Pizza
Buffalo Chicken
Homemade Dessert
Fruits / Vegetables / Milk

16

Italian Dunkers
Marinara Sauce
Roasted Cauliflower
Fruits / Vegetables / Milk

17

Beef Tacos
Brown Rice
Beans / Corn
Fruits / Vegetables / Milk

18

Build Your Own Pasta Bar
Alfredo / Marinara / Meat Sauce
Broccoli
Fruits / Vegetables / Milk

19

BBQ Chicken Sandwich
Coleslaw
Fruits / Vegetables / Milk

20

Cheese / Pepperoni Pizza
Buffalo Chicken
Homemade Dessert
Fruits / Vegetables / Milk

23

Chicken Parmesan Pasta
Garlic Butter Breadstick
Chickpea Cucumber Salad
Fruits / Vegetables / Milk

24

National Cheesesteak Day!
Philly Cheesesteak
Homemade Cheese Sauce
Roasted Peppers and Onions
Fruits / Vegetables / Milk

25

NO SCHOOL

Superintendent's Day

26

Lasagna
Caesar Salad
Homemade Garlic Bread
Fruits / Vegetables / Milk

27

Cheese / Pepperoni Pizza
Buffalo Chicken
Homemade Dessert
Fruits / Vegetables / Milk

30

Sloppy Joe on a Bun
Roasted Sweet Potatoes
Fruits / Vegetables / Milk

31

Buffalo Chicken Wrap
Pasta Salad
Fruits / Vegetables / Milk

We Proudly Use These Local Vendors!

Juniper Hill Farm- Produce + Fresh Eggs
Essex Food Hub – Apples / Pasta
North Country Creamery - Yogurt
Donahue's Livestock and Lucki7 - Beef
Glaziers - Milk

Plattsburgh City School District encourages all students to select a complete meal containing all 5 food components at lunch. Students must select at least 3 food components, with one of the food components being at least ½ cup of fruit or vegetable to constitute a reimbursable meal.

Alternate lunch choices are PB&J/SB&J or Egg Salad Sandwich. All students eat free meals! If you have a food allergy, please notify us.