

### Monday

2

Grilled Cheese Sandwich  
Tomato Soup  
Fruits / Vegetables / Milk

### Tuesday

3

Hamburger / Cheeseburger  
Potato Wedges / Baked Beans  
Fruits / Vegetables / Milk

### Wednesday

4

EARLY RELEASE  
  
Bagged Lunch

### Thursday

5

Chili  
Brown Rice  
Cornbread  
Fruits / Vegetables / Milk

### Friday

6

Cheese / Pepperoni Pizza  
Tossed Salad  
Homemade Dessert  
Fruits / Vegetables / Milk

National Meatball Day!  
Spaghetti  
Mega Meatball  
Homemade Garlic Bread  
Fruits / Vegetables / Milk

9

Chicken Quesadilla  
Brown Rice  
Beans / Corn  
Fruits / Vegetables / Milk

10

Eat Your Noodles Day!  
Lemon Chicken  
Garlic Parmesan Noodles  
Broccoli  
Fruits / Vegetables / Milk

11

Brunch for Lunch  
Pancake / Maple Syrup  
Scrambled Eggs / Sausage  
Yogurt / Granola / Berries  
Fruits / Vegetables / Milk

12

Cheese / Pepperoni Pizza  
Caesar Salad  
Homemade Dessert  
Fruits / Vegetables / Milk

13

Italian Dunkers  
Marinara Sauce  
Roasted Cauliflower  
Fruits / Vegetables / Milk

16

Beef Tacos  
Brown Rice  
Beans / Corn  
Fruits / Vegetables / Milk

17

BBQ Chicken Sandwich  
Coleslaw  
Fruits / Vegetables / Milk

18

Chili Mac  
Cheddar Biscuit  
Steamed Carrots  
Fruits / Vegetables / Milk

19

Cheese / Pepperoni Pizza  
Tossed Salad  
Homemade Dessert  
Fruits / Vegetables / Milk

20

Sticky Chicken  
Brown Rice  
Roasted Broccoli  
Fruits / Vegetables / Milk

23

Macaroni and Cheese  
BBQ Chicken  
Green Beans  
Fruits / Vegetables / Milk

24

NO SCHOOL  
  
Superintendent's Day

25

Brunch for Lunch  
Bacon, Egg + Cheddar on a Bagel  
Home Fries / Melon  
Fruits / Vegetables / Milk

26

Cheese / Pepperoni Pizza  
Chickpea Cucumber Salad  
Homemade Dessert  
Fruits / Vegetables / Milk

27

Baked Ziti  
Garlic Butter Breadstick  
Caesar Salad  
Fruits / Vegetables / Milk

30

Buffalo Chicken Wrap  
Pasta Salad  
Fruits / Vegetables / Milk

31

**We Proudly Use These Local Vendors!**  
Juniper Hill Farm- Produce + Fresh Eggs  
Essex Food Hub – Apples / Pasta  
North Country Creamery - Yogurt  
Donahue's Livestock and Lucki7 - Beef  
Glaziers - Milk

Plattsburgh City School District encourages all students to select a complete meal containing all 5 food components at lunch. Students must select at least 3 food components, with one of the food components being at least ½ cup of fruit or vegetable to constitute a reimbursable meal.

Alternate lunch choices are SB&J or Egg Salad Sandwich. All students eat free meals! If you have a food allergy, please notify us.