

Monday	Tuesday	Wednesday	Thursday	Friday
Brunch for lunch 1 Pancakes / Local Maple Syrup Sausage / Scrambled Eggs Yogurt / Granola / Berries Fruits / Vegetables / Milk	Beef Nachos 2 Homemade Cheese Sauce Brown Rice Beans / Corn Fruits / Vegetables / Milk	Spaghetti w/ Meat Sauce 3 or w/ Marinara Sauce Garlic Bread Caesar Salad Fruits / Vegetables / Milk	Chicken Fried Rice 4 Veggie Egg Roll Pineapple Fruits / Vegetables / Milk	Cheese / Pepperoni Pizza 5 Tossed Salad Homemade Dessert Fruits / Vegetables / Milk
BBQ Chicken 8 Parmesan Noodles Honey Roasted Carrots Fruits / Vegetables / Milk	Beef Tacos 9 Brown Rice Beans / Corn Fruits / Vegetables / Milk	Italian Dunkers 10 Marinara Sauce Green Beans Fruits / Vegetables / Milk	Sticky Chicken 11 Brown Rice Roasted Broccoli Fruits / Vegetables / Milk	Cheese / Pepperoni Pizza 12 Tossed Salad Homemade Dessert Fruits / Vegetables / Milk
Grilled Cheese Sandwich 15 Tomato Soup Fruits / Vegetables / Milk	Hamburger / Cheeseburger 16 Baked Beans Potato Salad Fruits / Vegetables / Milk	Brunch for lunch 17 Scrambled Eggs Sausage / Home Fries Homemade Muffin Fruits / Vegetables / Milk	Cheese / Pepperoni Pizza 18 Tossed Salad Homemade Dessert Fruits / Vegetables / Milk	NO SCHOOL 19 JUNETEENTH
Tuna Salad Sandwich 22 Pretzels / Pickles Watermelon Fruits / Vegetables / Milk	Pizza Quesadillas 23 Macaroni Salad Fruits / Vegetables / Milk	Brunch for lunch 24 Bacon, Egg & Cheddar on a Bagel Melon Fruits / Vegetables / Milk	CHEF'S CHOICE 25 Fruits / Vegetables / Milk	CHEF'S CHOICE 26 Fruits / Vegetables / Milk
NO SCHOOL 29 SUMMER BREAK	NO SCHOOL 30 SUMMER BREAK			

We Proudly Use These Local Vendors!
 Juniper Hill Farm- Produce + Fresh Eggs
 Essex Food Hub – Apples / Pasta
 North Country Creamery - Yogurt
 Donahue's Livestock and Lucki7 - Beef
 Glaziers - Milk

Plattsburgh City School District encourages all students to select a complete meal containing all 5 food components at lunch. Students must select at least 3 food components, with one of the food components being at least ½ cup of fruit or vegetable to constitute a reimbursable meal.

Alternate lunch choices are SB&J or Egg Salad Sandwich. All students eat free meals! If you have a food allergy, please notify us.