

1 Week KIDS MENU

MONDAY

- Chicken Stir Fry Noodles
- Tofu Stir Fry Noodles
- Fresh Fruit Platter
- Fresh Veggie Platter

TUESDAY

- Mac & Cheese with Chicken
- Mac & Cheese with Edamame
- Fruit Salad
- Veggie Sticks

WEDNESDAY

- Grilled Cheese with Chicken
- Classic Grilled Cheese
- Fresh Fruit Slices
- Yogurt

THURSDAY

- Chicken Burrito Bowl
- Bean & Rice Burrito Bowl
- Fresh Fruit Platter
- Hard-Boiled Eggs

FRIDAY

- Pasta Bolognese with Beef
- Veggie Pasta Bolognese
- Fresh Fruit Salad
- Cubed Cheese

*Fresh, balanced meals
delivered every 2 days!!!*

Types

MAIN

SIDES



2 Week KIDS MENU

MONDAY

- Chicken Quesadillas
- Cheese Quesadillas
- Fresh Veggie Platter
- Hummus

TUESDAY

- Fried Rice with Egg
- Fried Rice with Tofu
- Seasonal Fruit Slices
- Cubed Cheese

WEDNESDAY

- Shepherd's Pie (Turkey)
- Lentil & Veggie Shepherd's Pie
- Fresh Veggie Sticks
- Yogurt with mix-ins (Granola, Seeds & Berries)

THURSDAY

- Chicken & Veggie Wraps
- Veggie Wraps
- Seasonal Fruit Salad
- Whole Wheat Crackers with Cheese

FRIDAY

- Pasta with Beef Meatballs
- Pasta with Marinara Sauce
- Carrot, Celery & Cucumber Sticks
- Mini Blueberry Muffins

*Wholesome options made
with local, seasonal
ingredients – perfect for
growing minds and bodies!*

Types

MAIN

SIDES

