



RATES

CLASSES

	RATE	VALIDITY
DROP IN	4,500	1 CLASS
DROP IN DISCOUNTED (PALM Guests + HQ Members)	3,000	1 CLASS
3 CLASS PASS	12,000	1 MONTH
6 CLASS PASS	21,500	1 MONTH

Eligible for Crossfit, Endurance, Build, Barbell Club and Partner WOD Classes

DROP IN MUAY THAI	2500	1 CLASS
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OPEN GYM

OPEN GYM (outside classes times)	3000	1 CLASS
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Free for hotel guests.

MEMBERSHIPS

	RATE	VALIDITY
Quarterly Unlimited	72,000	3 months
Semi-Annual Unlimited	132,000	6 months
Annual Unlimited	190,000	12 months