



# Meyer Levin School for the Performing Arts

## Parent Power Resource Guide – Quick Help Sheet

■ Housing & Utilities	NYC Housing Connect – <a href="http://housingconnect.nyc.gov">housingconnect.nyc.gov</a> NYCHA – <a href="http://nyc.gov/nycha">nyc.gov/nycha</a> HomeBase (Call 311) NYC Tenant Helpline (Call 311)
■ Healthcare	Child Health Plus / Medicaid – <a href="http://health.ny.gov/health_care">health.ny.gov/health_care</a> NYC Health + Hospitals – <a href="http://nychealthandhospitals.org">nychealthandhospitals.org</a> School-Based Health Clinics NYC Well – 1-888-NYC-WELL   <a href="http://nycwell.cityofnewyork.us">nycwell.cityofnewyork.us</a>
■ Food & Nutrition	NYC Food Help Map – <a href="http://maps.nyc.gov/foodhelp">maps.nyc.gov/foodhelp</a> SNAP – <a href="http://access.nyc.gov/programs/snap">access.nyc.gov/programs/snap</a> WIC (Call 311) Free Meals for Students
■ Behavior & Family Support	Family Assessment Program – 718-664-1800 ACS Prevention Programs (Call 311) Community Counseling Centers
■ Jobs & Financial Support	Workforce1 – <a href="http://nyc.gov/workforce1">nyc.gov/workforce1</a> HRA – <a href="http://nyc.gov/hra">nyc.gov/hra</a> CUNY Continuing Education – <a href="http://cuny.edu/academics/continuing-education">cuny.edu/academics/continuing-education</a>
■ Parent Education & Engagement	Parent University – <a href="http://parentu.schools.nyc">parentu.schools.nyc</a> PTA / CEC leadership NYC Public Library – <a href="http://nypl.org">nypl.org</a>

### ■ POWER AFFIRMATIONS ■

You are not alone • Strong families build strong communities • Your voice matters • Together we rise

Contact: P.C. Malik Knox – [MKnox4@schools.nyc.gov](mailto:MKnox4@schools.nyc.gov) – Office Hours: Mon–Fri, 8 AM–12 PM | 1 PM–4 PM  
 Closing Affirmation: “We all we got, we all we need – and that’s enough.”