



Meyer Levin School for the Performing Arts

Parent Power Resource Guide – Quick Help Sheet

■ Housing & Utilities	NYC Housing Connect – housingconnect.nyc.gov NYCHA – nyc.gov/nycha HomeBase (Call 311) NYC Tenant Helpline (Call 311)
■ Healthcare	Child Health Plus / Medicaid – health.ny.gov/health_care NYC Health + Hospitals – nychealthandhospitals.org School-Based Health Clinics NYC Well – 1-888-NYC-WELL nycwell.cityofnewyork.us
■ Food & Nutrition	NYC Food Help Map – maps.nyc.gov/foodhelp SNAP – access.nyc.gov/programs/snap WIC (Call 311) Free Meals for Students
■ Behavior & Family Support	Family Assessment Program – 718-664-1800 ACS Prevention Programs (Call 311) Community Counseling Centers
■ Jobs & Financial Support	Workforce1 – nyc.gov/workforce1 HRA – nyc.gov/hra CUNY Continuing Education – cuny.edu/academics/continuing-education
■ Parent Education & Engagement	Parent University – parentu.schools.nyc PTA / CEC leadership NYC Public Library – nypl.org

■ POWER AFFIRMATIONS ■

You are not alone • Strong families build strong communities • Your voice matters • Together we rise

Contact: P.C. Malik Knox – MKnox4@schools.nyc.gov – Office Hours: Mon–Fri, 8 AM–12 PM | 1 PM–4 PM

Closing Affirmation: “We all we got, we all we need – and that’s enough.”