Aurora House News

The light of a new day.

Spring 2025 Newsletter Volume 18 Issue 1

Patient and families served: 1,612 Age Range: 6 wks - 103yrs



Average Length of Stay: 35 days Students & Community #: 24,618

A Legacy of Love: How End-of-Life Planning Honors Your Family

End-of-life planning is a profound act of love and respect that ensures a person's wishes are honored while providing comfort and clarity to their family. By making decisions in advance—whether through advance directives, hospice care preferences, or funeral arrangements—loved ones are spared the burden of uncertainty during an already emotional time. This thoughtful preparation allows families to focus on cherishing final moments together rather than navigating difficult choices in distress. Ultimately, end-of-life planning offers a sense of peace, knowing that everything is in place according to the wishes of the one they hold dear.

To facilitate these conversations, families can take the following steps:

- Initiate Open Conversations Choose a calm and comfortable setting to discuss personal values, medical care preferences, and final wishes.
- Document Essential Legal Papers Prepare or update a living will, healthcare power of attorney, and estate plans to ensure clarity and prevent legal complications.
- Consult with Professionals Seek guidance from hospice providers, financial advisors, estate planners, or legal experts for support in decision-making.
- Consider Hospice or Palliative Care If applicable, explore options for compassionate end-of-life care that focuses on comfort, dignity, and quality of life.
- Ensure Pain Management and Comfort Measures Work with healthcare providers to establish a plan for pain relief and symptom management tailored to the individual's needs.
- Create a Support System Involve family, friends, and caregivers to provide emotional and practical support throughout the process.
- Preserve Meaningful Connections Encourage the sharing of memories, personal messages, and legacy projects to offer comfort and closure for loved ones.
- Plan Memorial or Funeral Preferences Discuss and document wishes for funeral arrangements, burial or cremation, and any desired ceremonies.







While these conversations may be difficult, they ultimately provide peace of mind and allow loved ones to focus on what matters most—being present for one another in life's final moments.

2646 W. 18th Street P.O.Box 976 Weslaco, Texas 956.973.9690 www.AuroraHouse.org

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Thank you ! We use those two words often, but they never quite seem to be enough. As we think back at our 2024 All Is Bright Gala, we are filled with so much gratitude that it's hard to properly express it in words. We had a record of 350 guest at our new Llano Grande Venue.

This year, you helped us raise more than \$90,000 for the programs and services Aurora House provides our community! Whether you were a Sponsor or made a donation, attended the Gala or purchased a live or silent auction item, YOU helped us work toward our mission of helping those in our community at end of life who needs us most. For this, THANK YOU!

While we celebrate the fundraising success of the evening, we must also give thanks to those behind the scenes. The months and days leading up to an event like this are filled with hours upon hours of hard work. It is in those days and hours that we once again recognize the true heart of the people who make the Aurora House a success every single day.













Pedro E. McDougal, M.D.

Many members of our board and staff sent letters, made phone calls for sponsorships and collected auction items to help make the All Is Bright Gala possible. All of this was done in addition to their already full workloads.

I heard so many positive comments that evening about the auction items we received, the delicious food (prepared by Chef Torres) and signature drinks, our amazing performers, The Hot Rodz, and the gorgeous decor, put together by Vachoram Productions. Truly a beautiful evening and none of that would have been possible without the dedication of our Aurora House family and, YOU, our community.

From the beginning, we've had the support and commitment of our Aurora House Board of Directors and the Gala Committee. These two groups took time from their own busy schedules to attend meetings, seek donations and help guide us through another successful event.

We were extremely fortunate to have Aurora House board member, Adrian Farias as our Master of Ceremonies, and Horacio Ramirez for being our Live Auction MC. These words of Gratitude don't just come from us - they come from all of the residents, families and staff who make up the Aurora House family. Your support of All Is Bright and Aurora House means you believe in them – in their work, their lives and our community.







PETE CEDILLO. IR. CPA

2646 W. 18th Street P.O.Box 976 Weslaco, Texas

MEDICAL TRANSPORT

Pediatric Clinic

956.973.9690

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MCAFEE GENCY

www.AuroraHouse.org

De Sela consulting Building capacity for greater community impact

Aurora House News Donations

October 2024 - January 2025

Donations

ADL Services Alejandra Montenegro Alexis De Sela Amedisvs Ana - Cristina Gonzalez Andrew Levine MD, PA Andy Tafolla Anonymous Anthony (Ryan) Vaughan April Castaneda April White Betty Lou Vitek B.J. Woodyard Bloomquist Consulting, LLC Bobby Garza Burton Companies LLC Carl & Linda Meiners Catholic Daughters of the Americas 2420 Charles Wolff Christopher & Minerva St. John **Connie Garrels** Daisy Rivera Solis De Sela Consulting, LLC Development Corporation of Mercedes Dimas or Consuelo Martinez Donna Rothman Dr. R. E. Margo Elementary Eloy Gonzales & Marisela Gonzalez Ericka's Somabel Med Spa Eugene R. Vaughan Fanny & Buddy Ross Father Caleb De La Rosa FREEDOM Bank Frost Bank

Gabino Reves Harbor Hospice Heather Wolfenbarger Hector Solis Hollon Oil Company HUB International Idalia Kimbro Ingelise Jones J & E McConnell Jacqueline Galloway Janelle Hood Janice L. Earl Jannell Flores John Smith Jorge Saenz Jose & Hilda Gonzalez Jose Soto Julieta Piando Karen Schroeder Kirk Bloomauist Kris Garcia La Mision Palliative Care & Hospice Leisure World Chapel Leonardo & April Castaneda Life Giving Outreach Ministries Lionel's Western Wear Inc Liselotte Pinkerton Literary Review Club Liz Free Lizette Medina Llano Grande Residents Magic Valley Electric Coop Manuel Torres

Marco Flores Marco Martinez Margarita Galavis Marguerite Wiegand Marivel Tijerina Mary Zamora McAfee Insurance Agency Melecia Fuentes M.D. Mercy Med Spa Michael & Claudia Sander Monica Wells Montalvo Insurance Agency Mr. & Mrs. Alejandro L. Estrada Mr. & Mrs. Harold Zurlo Mr. & Mrs. Rhonda & Robert Garza Mt. Sinai Hospice Mutiat Adeoye Myriam Guerra Myrt McIntyre Nancy & J Craig Fratzke Noble Texas Builders LLC Norma De La Rosa Norma Martinez Norman L. Wessel **OpusCare Hospice** Oralia Tafolla P.E. & J.T. McDougal, FLP Patricia & Alan E. Bortnem Patricia Alexander Pete & Jo Peters Pete Cedillo Jr., CPA Rafael Rodriguez Rainbow Pediatric Clinic

Ranchero Village Church Renee Zachman RGV Educational Secretaries Assc. Ricardo Revna Rio Grande Medicine, Inc. **Rios of Mercedes** Robert Antonacci Robert Donalson Roberto Rodriguez Robyn Rodriguez Rogelio Ortiz Ruben Villarreal San Jose Hospice San Martin De Porres Church Sarah Cano Shepard & Walton Employee Benefits Sheryl L. Henry Shirley Knutson-Nelson Siesta Village Worship Hour Southern Comfort Park Stephen R & Dawn M Jones Steve Urbina Tereso & Elodia Rocha Texas Oncology Foundation Inc. Texas Regional Bank Tony Garza Tu Vida Medical Transport, Inc Vantage Bank Texas Walmart Weslaco EDC Weslaco Lions Club Women of AT&T SA Chapter Yolanda Salinas



Jovce Hicks Gene & Ann Hicks Juana De La Torre Sonia Alcantar



<u>In Memory of</u> Jesus & Josefa Covacevich

Cindy Petch **Billie Vanderveer** James and Linda Williams Carlos Aldape Ramiro Aldape David Bush Martha Smith David Castillo Maria Castillo Doris Jacobson John Jacobson **Douglas Brundige** Mary Brundige Eddie Lee Vaughan Eugene R. Vaughan Elodia Garza Norma De La Rosa Felipe Garcia Mr. Faustino Villanueva Jr. **Gary Schall** Anonymous **Herelin Fuentes** Geraldine Shields

Allie Haden

Anthony Covacevich John Wilczynski Elaine Wilczynski Loretta Barbee Andy Scott Chelsea Wallace Cindy Petch Ellen Allen Eugene R. Vaughan Geraldine Shields James Wilt Jones, Galligan, Key & Lozano, L.L.P. Michael & Claudia Sander Mr. & Mrs. Art Beckwith Mr. & Mrs. Rhonda & Robert Garza Mr. & Mrs. Ronald D & Carmen Hicks Sharon Swinnea Tom & Lynn Carter Troy & Cindy Collinsworth Lynn Gallipeau Debbie McDonald Gary & Jeanne Fears Robert Gallipeau

Maria Gomez Jose & Hilda Gonzalez Maria Hernandez Navia Hernandez Ramon & Elvira Montalvo Ramon Montalvo **Robert Janik** Anthony Vaughan Don & Rebecca McDaniel Georgia Sobieski Janese Olivero Mary Brundige Melanie Rilev Michael & Claudia Sander Mr. & Mrs. Art Beckwith Sharon Swinnea Vicki Rooker Robert Scott Robert David Scott Silverio Galaviz Margarita Galaviz

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Aurora House News In – Kind

In Kind

AMARA Hospice Amazon Anonymous Cecelia "Sissy" Vaughan Country Sunshine RV Park Don Benjas Mesquite Grill Elsa Civic & Study Club Eric Zuniga Holt Texas First Rental John Knox Village Krystal Melgoza Love of Christ Lutheran Church Magic Valley Retired School Personal Assc. Mr. Weslaco **OpusCare Hospice** Queen City Paula Cano

<u>In Memory of</u>

ank

Eleuterio Hernandez Anomymous Victor Hernandez Lynn Gallipeau Robert Gallipeau

Real Valley Estates RGV Educational Secretary Assoc. Robert & Sharon Smage Rosalinda Molina Siesta Village Worship Hour South Texas College Southern Comfort Park St. Joan of Arc Church St. Pius X Catholic Church Stanley Bevelle Starbucks Svlvia Pena **Trails End RV Park** Valley Grande Institute Victor Hernandez Weslaco Elks Lodge 2057 Weslaco Lions Club

<u>In Honor of</u>

How You Can Help

Brigido Saucedo Jesus Gomez Deborah Morales Michael Mendoza

Thank You!

October 2024 - January 2025

TO ALL OUR COMPASSIONATE GEMS

- Alexis De Sela
- ADL Services, Inc.
- Eugene Vaughan
- Hollon Oil Company
- Idalia Kimbro
- Janice Earl
- Jo Peters
- Mutiat Adeoye
- Oralia Tafolla
- Rhonda Garza
- Robert Antonacci
- Ryan & Jode Vaughan
- Sheryl Henry
- Yolanda Salinas

Giving Made Easy

Your commitment through monthly or quarterly giving is vital to Aurora House's ability to continue to serve our community and ensures that our residents spend their last days surrounded by compassion, dignity, comfort, and peace.



An Easy Way to Give Your Support

You can schedule monthly or quarterly gifts through ACH (Automated Clearing House) debits.

ACH debit allows you to make your donation electronically. It is a more efficient, cost-effective program for both you and Aurora House.

> For more information, please contact Marisela Gonzalez 956-973-9690 or aurorahousefoundation@yahoo.com

Become a Sponsor

By choosing to become a sponsor for Aurora House you'll be allowing us to continue providing compassionate end-of-life care for those in need in our community.

Contact Marisela Gonzalez at (956) 973-9690 or (512) 865-8085 or email mari@aurorahouse.org

In-Kind Donations

To help reduce costs, our program is always in need of items to support our activities – from blankets and wipes for the patients to office supplies. Visit our Wish List to see what you can help with.

www.aurorahouse.org/wishlist

Monetary Donations

Aurora House does not receive any government aid or funding from national or state humane societies and relies entirely on private donations to fund our program. To donate, visit

www.aurorahouse.org/donate

Planned Gifts & Legacy Requests

Including Aurora House in your will or trust can create a lasting legacy to help the community for years to come.

Contact Marisela Gonzalez at (956) 973-9690 or (512) 865-8085 or email mari@aurorahouse.org

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Education Spotlight: Shaping the Future

"I want to make a difference."

For many young people, especially those who may be considering a career in the healthcare professions, that sentiment probably has a familiar ring to it. Internships often can provide vital first-hand experience and insights that will help students decide upon their fields of study as well as their career path.

We are excited to welcome our Spring 2025 University of Texas - Rio Grande Valley Social Work Intern, Peyton Price. "I have been focusing on learning a social worker's role and how they work with clients and their families through the dying process. Aurora House is definitely unique from other organizations that I've known," says Peyton. "From the different programs they provide, their dedication to all patients, families, and our community, it's been a great learning experience so far."

Our goal at Aurora House to provide an experience with palliative and hospice care to future health leaders. They gain practical skills in pain management, emotional support, and interdisciplinary teamwork while developing a deep understanding of the ethical and cultural aspects of hospice care and gain prescriptive to navigate difficult conversations, support grieving families, and address the holistic needs of patients. By working closely with our experience professional partners, interns build resilience, empathy, and critical thinking skills that will serve them in their future career endeavors.





COMMUNITY CONVERSATION SERIES: SPRING CALENDAR Aurora House Foundation | 2646 W. 18th St Weslaco, TX 78596 | (956) 973-9690 End-of-life planning offers peace of mind, a sense of security, and positive outcomes for individuals and their families. Join us and start the conversation. March 2025 February 2025 <u> April 2025</u> Lunch & Learn! Lunch & Learn! Lunch & Learn! Friday February 28, 2025 Friday March 21, 2025 TBD 12:00pm-1:30pm 12:00pm-1:30pm 12:00pm-1:30pm "10 Warning Signs of Alzheimer's" "Caregiver Support 101" "Medicaid vs Me SASTX Alzheimer's Association Caregiver SOS Healthcare Educators **RGV Death Café**: RGV Death Café: RGV Death Café: Ante Books & Creative Thursday March 20, 2025 Saturday Workshop 6:00pm-8:00pm 10:00am-12:00pm Tuesday February 11, 2025 "A Lucky Death" "Death & Donuts" 6:00pm-8:00pm "Love Letters to Death" El Duelo: Grupo de Apoyo/ El Duelo: Grupo de Apoyo/ Adult Bereavement Group: Adult Bereavement Group: El Duelo: Grupo de Apovo/ Thursday April 4, 2025 Thursday March 7, 2025 Adult Bereavement Group: 6:30pm-7:30pm 6:30pm-7:30pm hursday February 27, 2025 "The 5 Stages of Grief "The 5 Stages of Grief" 6:30pm-7:30pm "The 5 Stages of Grief"

Healthier You! The Value of Volunteering

Volunteers play a crucial role in keeping nonprofits thriving. By dedicating their time to helping others, they engage in philanthropy— sometimes without even realizing it. Volunteering is not just about giving to others—it's also a way to enrich one's own life.

Volunteering also has significant mental health benefits!

Studies show that it can reduce stress, anxiety, and depression while improving overall well-being and quality of life. It fosters self-confidence, self-esteem, and a sense of purpose. Supporting a cause you care about can bring fulfillment, direction, and a renewed sense of identity.

Volunteering offers the chance to positively impact your community, grow personally, gain new experiences, and form meaningful connections. If you're interested in volunteering at Aurora House, please contact Aymara Ortez at 956-973-9690 or email aymara@aurorahouse.org.





Aurora House Events



FOR MORE INFORMATION ON TICKETS OR SPONSORSHIP, PLEASE CALL (956) 973-9690 OR EMAIL MARI@AURORAHOUSE.ORG

				Caregiver Supervisor
LOOK FOR OU	JR BOOTH AT 1	<u>'HESE UPCOMI</u>	ING EVENTS:	Becky Contreras House & Grounds Supervisor
HURSDAY, HERVARY 20, 2025	City Foreign SWEETS RUN 20,25 Martin Marker 20,25 Marker & 200 Marker	TANUAL SE CUR O TRANUCLES CUR O RESOURCE FAR UNITE Several Des	Save, the Oate TEXAS ONION FEST Instant IT Oterach 22, 2025	Brittany Hernandez Chris Martinez Christina Perez Gloria Handy Juanita Espinoza
Alfresco	5K Sweet Run and	5K Run & Resource	Texas	Kendra Contreras
Weslaco	Fun Walk	Fair	Onion Fest	Martha Rodriguez
Thursday,	Saturday,	Saturday,	Saturday,	Nancy Fuentes
Feb. 20, 2025	March 1, 2025	March 8, 2025	March 22, 2025	Neida Gonzalez
6:00 pm CST	8:00 am CST	8:00 am CST	8:00 am CST	Tanya Mata
Downtown	Harlon Block	Edinburg Municipal	<u>Downtown</u>	Caregivers
<u>Weslaco</u>	Sports Complex	Park	<u>Weslaco</u>	
Texas Blvd	1200 W. 18th St.	714 S Raul	Texas Blvd	
Weslaco, Texas	Weslaco, Texas	Longoria Rd,	Weslaco, Texas	OUR MISSION
78596	78596	Edinburg, Texas 78542	78596	To provide compassionate care for persons in the last chapter of life, in a home-like setting, so
have yo	Hu! LEGACY FOU	KNAPP CO	MUNITY CARE FOUNDATION	they can approach a peaceful death with comfort and dignity
646 W. 18th Stre	eet P.O.Box 976	Weslaco, Texas	956.973.9690	www.AuroraHouse.org

Aurora House Foundation Board of Directors

Mark McCaleb President

Patricia Barrera Vice President

> Laura Lopez Treasurer

Rhonda Garza Secretary

Yoli Salinas Member at Large

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Marisela Gonzalez **Executive Director**

Aymara Ortez Administrative Coordinator

Lynette Castillo Educational Outreach & Development Program Coordinator

> Araceli Cantu Caregiver Supervisor

MISSION