



CORE PACKING RULES

1. Use all ice packs included in the kit.
2. Freeze all ice packs for at least 24 hours before collection.
3. SST tubes **ONLY**: Place directly between and against all frozen ice packs.
4. ACD, LAV, and BLU tubes: Keep away from direct contact with all ice packs.

SINGLE TEST PACKING SAMPLE

Micronutrient Test

Keep ACD tubes away from direct contact with all ice packs. Use the foam holder.



LPP+ Test

Place SST tubes directly between and against all frozen ice packs.



Telomere / MTHFR Test

Place LAV / BLU tube(s) into the silver pouch.



REQUISITION FORM

Each kit includes a requisition form.

Complete blood draw, handling, and return shipping instructions are included on the back of each kit's requisition form under **Specimen Collection & Handling Procedures**. [Click here to view.](#)



Ship specimens the same day
via FedEx Priority Overnight.



Contact your Sales Associate or
Customer Service at 800-227-5227

MULTIPLE TESTS PACKING SAMPLE



Does NOT Include SST (LPP+) Tubes

Do NOT place tubes directly against all frozen ice packs.



Includes SST (LPP+) Tubes

ONLY SST tubes may contact frozen ice packs. Keep all other tubes away from all ice packs.



COLLECTION TIP

1. Verify the expiration date on the test tube before collection
2. Have the patient stay hydrated before the draw.
3. A 21-gauge needle is strongly recommended.
4. Do **NOT** pour off the serum



Extreme Cold Weather Shipping

Continue using frozen ice packs unless Customer Service provides specific instructions for the shipping region or forecast.



Ship specimens the same day via FedEx Priority Overnight.



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