

Abstract

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Alleviation of migraines with therapeutic vitamin D and calcium.

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OBJECTIVE AND METHODS: Two postmenopausal migraineurs who developed frequent and excruciating migraine headaches (one following estrogen replacement therapy and the other following a stroke) were treated with combination vitamin D and calcium.

RESULTS: Therapeutic replacement with vitamin D and calcium resulted in a dramatic reduction in the frequency and duration of their migraine headaches.

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