

Abstract

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A functional analytical technique for monitoring nutrient status and repletion.

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BACKGROUND: This article is the first in a series that describes a new testing method for analysis of nutrient status. This new method, Essential Metabolics Analysis (EMA), involves determination of functional nutrient status by measuring cellular metabolic responses (functions). Information provided can direct specific, targeted nutrient repletion by physicians.

SUMMARY: This first article will provide information on the concept and development of EMA. Future articles will explore validation of the method, clinical utility when applied to human subjects, and the renaissance of nutrition in diagnosis and therapy of disease.

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