



c/o Bag 3990
Bow Island, AB
TOK 0G0
403-545-3200 Ext 3331

Jeschafft Stunden:
Dinjsdach, Medwääk &
Donnadach
9:00 am bat 3:00 pm

Foundation Board of Trustees

Brenda Liggett
Chair
Randi Belcourt
Vice - Chair
Dixie Conquergood
Treasurer
Alta Magee
Secretary
Michelle Lynn
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Ronda Noble
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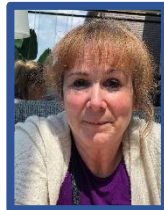
Darci Nixdorf
Administrative
Assistant

Dalton Howe
AHS Liaison

Interested in
Volunteering as a
Trustee?

For more information,
contact the
Foundation Office.

Message From the Foundation Chair



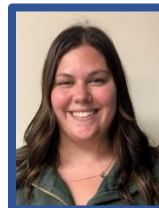
Welcome to fall, everyone!

My name is Brenda Liggett and I am the Chair of the Bow Island & District Health Foundation. I serve on this board with an incredible, hard-working, dedicated group of Trustees.

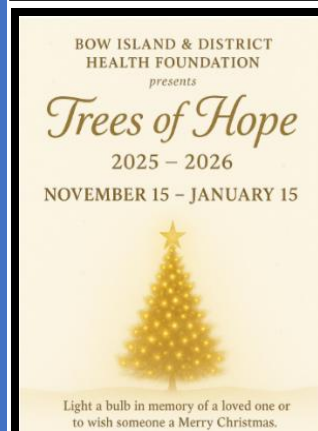
The Foundation has had an eventful and productive year by providing financial support for ongoing programs, equipment purchases, room enhancements, appreciation baskets for health care providers and allied first responders, as well as scholarships and other educational endeavors. We are only able to contribute to these worthy programs and grant requests through the generosity of donors like yourself. We celebrated the 35th anniversary of the "hospital garage sale" and can attest that it was a resounding success. From the long hours and dedication of our Foundation members, to the enthusiasm and hard work of our supportive volunteers and generous donors, we say THANK-YOU! The funds raised from the garage sale is designated to scholarships and ongoing staff education. This year the Foundation was pleased to award 5 scholarships to very deserving students in the fields of Nursing, Social Work and Rehabilitation Services (Physiotherapy/Occupational Therapy).

The Health Foundation is made up of an incredible group of Trustees who are dedicated to enhancing health care at our hospital, the community, and surrounding areas. If you are interested in becoming a Trustee, or would like more information, please reach out to us. We would be happy to have you join us! Sadly, we must say farewell to Trustee, Amanda Kusters, as she is leaving our area to take a different position in health care. Although we are very sorry to see her leave, we wish her all the best in her new endeavors.

We anticipate another productive and successful year of working together to "enhance health care in our communities!"



Upcoming Events



AGLC
Lottery
License
#72887

**Bow Island Tim Hortons
Holiday Smile Cookies**
November 17 – 23, 2025
Supporting our Health
Foundation

Support Your Local Health Foundation
Split the Pot Tickets are available:
* By phone:
Toll Free at 1-833-670-4692 or
*On line - <https://ab.splitthepot.ca/>

**Plans are Underway
for
Garage Sale 2026**
Tentative Dates –
May 29 & 30

Bow Island & District Health Foundation... Utjelajcht!

De Bow Island & District Health Foundation es en 1996 oppjestalt om Jesuntheits Unjastettunk to jäwen fa aul dee, dee waut von Bow Island Health Centre bedeeent woaren. So väl aus 14 friewelje Deena deenen aus Äwasechta en de Oabeit von dise "Foundation". De Foundation es fa de voljende Dinja veauntwuatlich: Opnämen waut de Foundation jejäft woat, Friewellje Jelt kollakjten, Jelt fa Jesuntheits Meddal utdeelen doano aus doa Noot es, un doano bestemmt es von dee, dee daut Jelt jejäft han.

With many thanks to Henry & Tina Redekopp, and Peter Wiebe for translation to Low German.



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Office Hours:
Admin. Assistant Present
Tuesday, Wednesday &
Thursday
9:00 AM – 3:00 PM
*In-person office hours
may vary*

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Utjelajcht!

Foundation Facts

Autumn 2025

A Year In Review!

We'd like to take this opportunity to update you on the activities of the Health Foundation and what your generous support has enabled us to do!

Thank you for your support!



Alfred Egan Home Staff have worked diligently to purchase the appliances and supplies required to re-start their Cooking & Baking Program. These purchases were made possible through a very generous donation, designated to this project, from the North-40 Mile 4-H Beef Club. Thanks are extended to the North-40 Mile 4-H Beef Club and to the Alfred Egan Home Staff organizing the project. **The Foundation can mark this project as complete, but for the Alfred Egan Home Clients – it marks the beginning of delicious sights, smells, and tastes!**



AED & AED Trainers
An Automatic External Defibrillator (AED) was purchased for Alfred Egan Home. In addition, two AED Trainers were purchased for use in teaching the basic life support (CPR).

Comfort Supplies - Palliative Care Suite
A new coffee pot and consumable supplies to accompany it were purchased for use by families/patients in the Palliative Care Suite at Bow Island Health Centre with funds raised through Trees of Hope!



Murals for Continuing Care & AEH

The idea of having some of the walls brightened up with murals was originally presented by the Continuing Care Resident & Family Council who laid the groundwork with local administration to receive approval for the project. The Residents and their families discussed possible scenes to be depicted by the murals and came up with several suggestions that were meaningful to them. Unfortunately, the Resident and Family Council was disbanded before the project got under way, but individual family members are still involved to ensure an enhanced and brighter environment for the Continuing Care Residents. Funds designated for the Resident & Family Council from the Foundation were used for this project.

The mural at Alfred Egan Home has been funded through a generous donation from Apple Drugs. (Photo – page 2) This project is progressing well with the outdoor mural at AEH and the walls of the Continuing Care starting to look much brighter. Still to come are murals in the Continuing Care Dining Room!

Tovertafel

The Tovertafel will be utilized on both Continuing Care and Alfred Egan Home. The Tovertafel projects interactive games and vibrant images onto a surface. The varied games react to the players' movements and have one thing in common: they serve a useful purpose in addition to providing joy and entertainment.

Currently on order, this device and its movable stand will be useful to: Increase physical activity, reduce negative emotions/increase positive emotions, reduce agitation, increase social activity & contribute to more fun.





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Fund Raisers

- *Split the Pot Lottery
- *Trees of Hope
- *Holiday Smile Cookies
- *Garage Sale

Annual Grants To:

- *Medical Transportation
- *Staff Recognition
- *Staff Wellness
- *Ongoing Education
- *Scholarship Program
- *Long Term Care Programs

Current Projects

- *Tub & Lift – Acute Care
- *Refurbish Sun Rooms

Ongoing Projects

- * Acute Care
- * Alfred Egan Home
- * Continuing Care
- * Education/Scholarships
- * Equipment
- * Greatest Needs
- * Home Care
- * Medical Transportation
- * Palliative Care
- * Recreation Therapy
- * Room Enhancements
- * Staff Wellness

Thanking Our Community Partners!

Alfred Egan Home Celebrates 40th Anniversary

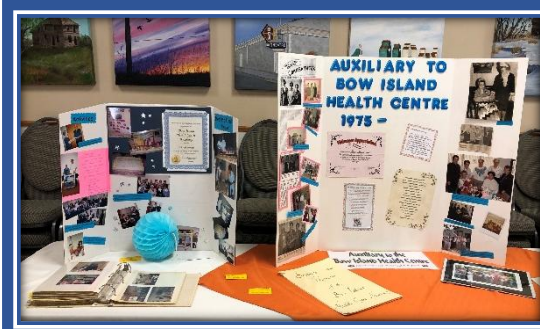
On May 10, 2025, Alfred Egan Home proudly marked 40 years of dedicated service. To commemorate this milestone, a celebration was hosted on June 6, 2025, featuring a Resident and Family BBQ, followed by a community tea. It was a heart-warming day filled with reflection, as past staff members returned to share stories, reconnect, and celebrate the many lives touched over the years.

Thank you to everyone—past and present—who has been a part of the Alfred Egan Home family. Here's to continuing our tradition of compassion and care for many more years to come!

The Bow Island & District Health Foundation is very pleased to have supported several projects and programs at Alfred Egan Home over the years. Congratulations on providing excellence in care and community inclusion for the past 40 years!



Auxiliary to Bow Island Health Centre Celebrates 50 Years of Service!



The 50th Anniversary of the Auxiliary to the Bow Island Health Centre was celebrated with a full house of an estimated 50 - 60 guests at the Golden Age Centre on September 19, 2025. The guests included several residents from the Continuing Care wing of the Health Centre as well as community members, and former BIHC staff members both local and from as far away as Lethbridge and Medicine Hat.

Fundraising was a major focus in the early years and has continued successfully over the years. The recent raffle draw done at the event raised funds for the

refurbishing of the sun rooms on Acute and Continuing Care at Bow Island Health Centre

Members of the Auxiliary served beverages to the many attendees as well as having an attractive lunch bar of fruit and baked goods. The tables were decorated with luncheon cloths and flowers. An attractive display table at the back of the room showcased display boards and archival albums and documents highlighting the accomplishments of the Auxiliary since its inception 50 years ago! On behalf of the Bow Island & District Health Foundation – Congratulations!

Thank you for your continuing, outstanding presence in the community. The Foundation looks forward to working with you for many more years to enhance local health care.

Bow Island Legion Donates to Tovertafel Project



The Bow Island & District Health Foundation extends a special thanks to the Bow Island Legion for a very generous donation towards the Tovertafel Project. The Tovertafel will be utilized on both Continuing Care and Alfred Egan Home. (Photo - Walter Krysiak, Bow Island Legion, Brenda Liggett, Foundation Chair, Jack Calder, Bow Island Legion, Peter Eichelbaum, Bow Island Legion)

ATB Silent Auction – November/Dec 2024

Special thanks are extended to ATB Financial (Bow Island & Foremost Branches) for holding the extremely successful silent auction which ran from November 12 until December 13, 2024. ATB staff solicited donations, set up, and ran the silent auction at the two branches. All proceeds were designated for the Bow Island & District Health Foundation.

Thanks, are also extended to the numerous individuals and businesses who donated to the silent auction and those who supported the auction with their bids. Congratulations to the successful bidders!

This amazing event culminated in the presentation of a cheque for \$20,888.00 to the Foundation.



Shown in the picture: Peter Wiebe (Manager – ATB Foremost Branch), Anna Staughton (ATB Staff Member and Foundation Trustee), Brenda Liggett (Foundation Chair) and Chad Ross (Manager – ATB Bow Island Branch)

Garage Sale – 2025 – Supporting Education & Staff Wellness



Another very successful sale with amazing community support! The garage sale had a slightly different format this year, running Friday evening and all-day Saturday. On Sunday & Monday, other community agencies and groups were invited to browse and take any items which would support their programs. This fundraiser is the main financial support for the Education and Scholarship Fund as well as the Staff Wellness fund

**Thank-you for your support –
We couldn't have done it without you!**

Supporting Education

The Bow Island & District Health Foundation was pleased to be able to provide financial support to Christy Martens. (Shown in the photo are Christy Martens, Brenda & Brantley Klassen). This educational grant will enable Christy to re-certify as an International Certified Lactation Consultant (IBCLC) in her role as a Public Health Nurse in the Bow Island area. The Foundation was also pleased to award 5 scholarships to the following students:

- Abby Riddell** – first year at Medicine Hat College Social Work program
 - Ria Thacker** – second year at University of Calgary nursing program
 - Sadie Lockhart** – first year at Medicine Hat College Physiotherapy/ Occupational Therapy Assistant program
 - Sarah Rees** – second year at Medicine Hat College/UofC nursing program
 - Victoria Rooks** – first year at Jacksonville University nursing program
- In addition to the scholarships, two Automatic External Defibrillator (AED) Trainers to support training in Basic Life Support (CPR) locally.

Supporting Staff Recognition and Wellness

The Foundation once again has delivered baskets of goodies to Health Care Providers and allied emergency personnel in our communities to say thanks and recognize their service to the communities they serve. Shown here is Betty Schaufele, Foundation Trustee presenting a basket to Laurie Spath, BIHC Unit Clerk in the staff room. The Foundation also provided funding for the Staff Appreciation Committee to support activities and a monthly recognition program.



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**Watch the
Commentator, In Our
Community, and
First 'N Foremost for
Upcoming Events and
Foundation News!**

*“Working
together
to
enhance
health
care
in
our
communities.”*