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Dear brothers and sisters in Christ,

As we enter this holy season of Advent, a time of joyful hope and preparation for the coming of our Saviour, I write to commend to you the **Inter Care Advent Appeal**. As many of you are aware I am a longstanding patron of Inter Care and have been fortunate enough to see at first hand the impact this charity can have during my visit to Tanzania in 2022. I have seen how it enables rural clinics to treat preventable and curable illnesses, and how it transforms lives by restoring health, dignity, and hope.

Inter Care, based in Syston, Leicestershire, is a small but remarkable charity dedicated to sharing the gift of health and healing with our brothers and sisters in Sub-Saharan Africa. The charity collects and recycles surplus medical supplies from across the UK and sends them to rural health clinics in Malawi, Tanzania, and Sierra Leone. These supplies are given entirely free of charge, allowing local clinics to offer healthcare at no cost just as we are blessed to receive care through our NHS.

This Advent, Inter Care is aiming to raise £20,000 through a special match-funding campaign, which means that every pound you donate will be doubled, making your gift go twice as far in saving lives and easing suffering.

I therefore warmly invite you to support the Advent Appeal for Inter Care, through your prayers, your generosity, and by encouraging others in your parish and community to take part. Your support will help ensure that more people can live healthy and fulfilling lives.

May this season of Advent renew in each of us a spirit of compassion and love for our neighbour.

With every good wish and gratitude for anything you can give,

Rt Rev Patrick McKinney
Bishop of Nottingham