

	<b>PARISH OF ALL SAINTS, WEST NOTTINGHAM,</b> <b>SERVING THE CATHOLIC COMMUNITIES OF</b> <b>St Teresa of Lisieux, Aspley (NG8 3EP). St Hugh of Lincoln,</b> <b>Bilborough (NG8 4EX) and St Thomas More, Wollaton (NG8 2GA)</b> Parish Priest: Rev. Canon Stanley Ofoegbu    Assistant Priest: Rev Fr Victor Onyebuchi Deacon: Rev Anthony Cordes	
	<b>FOURTH SUNDAY OF THE YEAR - 1ST FEBRUARY 2026</b>	
	<b>Our Catholic Community welcomes you to The Parish of All Saints, West Nottingham. It is lovely to have you with us as we gather together as one in the Father, Son and Holy Spirit.</b>	<b>Parish Newsletter 10p</b>
<b>CLERGY CONTACT DETAILS</b> For Rev. Canon Stanley & Rev Fr Victor Onyebuchi: 0115 9295907 For Deacon Anthony : 07453 110911 <b>PARISH OFFICE CONTACT DETAILS</b> <b>0115 9295907   e.mail: <a href="mailto:allsaintswn@dioceseofnottingham.uk">allsaintswn@dioceseofnottingham.uk</a></b> <b>OFFICE OPENING TIMES</b> <b>Monday 9.00am until 2.00pm &amp; Friday 9.00am until 2.00pm</b> Messages can be left on all the above numbers and we will respond as soon as possible. If you have an item of news for the Bulletin then please email the office by Thursday lunchtime at the latest.		<b>Welcome to our Weekend Mass: Saturday Vigil:</b> <b>St Thomas More 5.00pm &amp; St Teresa 6.30pm.</b> <b>Sunday Morning: St Hugh 9.30am &amp; St Teresa 11.00am</b> <b>The live stream will continue each Sunday from 11.00am available via our Facebook page by going to the website <a href="https://www.facebook.com/allsaints-nottingham.rcdon.uk">allsaints-nottingham.rcdon.uk</a> and clicking on the link</b>
		<b>SICK AND HOUSEBOUND:</b> Please keep in your prayers those who are sick in our parish. Also please pray for those whose anniversaries occur around this time. Please let the office know of any parishioners you are aware of who would like to receive Holy Communion at home and arrangements will be made for a Minister to bring them Holy Communion and a visit by Canon Stanley can be arranged for confession.
<b>To set up on-line payments please use the following Bank details:</b> <b>All Saints, West Nottingham</b> <b>Sort Code: 30:96:18                      Account #: 01782817</b>		<b>Collections: St Hugh: 25/01 £157.35 + SO £105.62</b> <b>St Thomas More: 25/01 £203.18+ SO £119.29</b> <b>St Teresa: 25/01 £436.17 + SO £335.38</b>
<b>Sacrament of Reconciliation: After vigil Mass on a Saturday and Sunday or by appointment with the Priest</b>		
<b>Psalter: Week 4 Weekday Cycle: 4th week of Ordinary time</b>		<b>WITH THANKS</b>
<b>Saturday 31st January :</b> <b>Vigil Mass of The Fourth Sunday of the Year</b>  <i>5.00pm STM: Int: Deacon Anthony &amp; Family 25th Anniversary of Ordination</i> <b>6.30pm ST: Int: Christopher Quigley RIP</b>		Blessedness dominates today’s Gospel and it’s a feeling which we can all relate to. I know that for me this last week has been a blessed one in which I have celebrated the anniversary of 25 years as a Deacon. As I look back over those years, I do so in all humility and with great thanks to God, for the many blessings which you have shown towards me. So I say thank you to you all for your love, your patience, your goodness, your kindness, your generosity, your example, your encouragement, your support and your prayers that have so helped me in my ministry. I say thank you too, to all the priests who have been so gracious in allowing me to exercise my ministry in the parishes of St Thomas More, St Hugh’s, St Teresa’s, The Assumption, St Paul’s and St Mary’s. They have always been open to embracing the ministry of the Diaconate and to what it brings in expressing the charism of diaconia in the life of the parish and the Church and for that I am deeply grateful. Above all I want to take this opportunity to say a special thank you to Frances my wife without whom I simply would not have been able to manage. My children too deserve a special word of thanks. Family life has its challenges, and adding to them the ministry of the diaconate, whilst rewarding, is demanding. I thank them for their love, understanding, patience and support. So again, I say thank you to you all from the bottom of my heart.
<b>Sunday 1st February : The Fourth Sunday of the Year</b>  <i>9.30am SH: Int: People of the Parish</i> <b>11.00am ST: Int: Philip Garvin RIP</b>  <b>6.30pm ST: Sunday Vespers Evening Prayer of the Church</b>		
<b>Monday 2nd February: The Presentation of the Lord - Candlemas (Feast)</b>  <i>9.30am ST:</i> <b>3.00pm ST: Divine Mercy Chaplet</b>		In the weeks leading up to Lent we will be reading the words of Jesus from the Sermon on the Mount. I think for every disciple of Jesus and especially for those who have a role in the service of others, which is basically all of us, his words today are particularly appropriate. When we read them and seek to live them out, we are to do so with a sense of humility that ties us and unites us to Jesus. The blessedness of the “meek” could also be translated as the blessedness of the “humble”, who are he says, to inherit the earth. At the root of the word humility, we find the idea of “earthiness” in relation to the sense of being, “grounded” in the reality of our situations. It alludes to the idea of being both aware of who we are, and of the calling we all receive to live out the gospel within those situations.
<b>Tuesday 3rd February: Feria</b>  <i>9.30am ST Int:</i> <b>3.00pm ST: Divine Mercy Chaplet</b>		
<b>Wednesday 4th February: St Gilbert of Sempringham, religious (memorial)</b>  <i>9.30am SH:</i> <b>3.00pm ST: Divine Mercy Chaplet</b>		As we heard from Bishop Patrick in his Pastoral letter last week, the identifying factor of discipleship is directly founded on the encounter we each have with the risen Lord. In Matthew’s Gospel we hear Jesus speaking to each of us individually, calling us to him, in his humility, in the situation of his own “groundedness”. He knew the reality of his own situation and thereby he acknowledges our lives and he values the hardships we bear and he invites us to learn from him. He calls us to be the “salt of the earth”, “the light of the world” because these are the ways in which our “groundedness”, our connection to him is witnessed day in and day out.
<b>Thursday 5th February: St Agatha, virgin and martyr (memorial)</b>  <b>3.00pm ST: Divine Mercy Chaplet</b>		
<b>Friday 6th February: Sts Paul Miki and Companions, Martyrs of Japan (memorial)</b> <i>11.45am STM: CSJP Families &amp; Associates Ints</i> <b>3.00pm ST: Divine Mercy Chaplet</b>		The blessedness of the kingdom is bookmarked within the framework of knowing and encountering Jesus in our daily tasks, amongst the people alongside us. It is experienced in the love which is shared between us and in the burdens which we carry together. In the 25 years of my diaconate I am without doubt convinced that the Holy Spirit is at work here, evidenced through the humility of your constant witness to the gospel and to the examples of loving service and diaconia that are manifest in and through you all.
<b>Saturday 7th February: Feria</b>  <b>Vigil Mass of The Fifth Sunday of the Year</b> <i>5.00pm STM: Int: CSJP Dec’d Families &amp; Associates RIP</i> <b>6.30pm ST: Int: Martin &amp; Peggy Blake RIP</b>		
<b>Sunday 8th February : The Fifth Sunday of the Year</b>  <i>9.30am SH: Int: People of the Parish</i> <b>11.00am ST: Int: People of the Parish</b>  <b>6.30pm ST: Sunday Vespers Evening Prayer of the Church</b>		<b>Thank you and may God Bless you all</b>  <b>Deacon Anthony</b>

<b>FEASTS AND SAINTS OF THE WEEK</b>	
<b>Monday 2nd February: The Presentation of the Lord (Candlemas).</b> 40 days after Christmas the feast of Candlemas traditionally brought an end to the Season of Christmas. The lighting and blessing of candles reminds us of how in the Nunc Dimittis prayed by Simeon the light of Christ has come into the world. It is a day of Special Prayer for Consecrated Life.	
<b>Wednesday 24th February St Gilbert of Sempringham (1083-1190)</b> Born in Lincs he founded the order of monks and nuns known as the Gilbertines using funds from inherited wealth. He died at the age of 106!	
<b>Thursday 5th February St Agatha (231-251).</b> Born in Sicily and venerated for her martyrdom. She is mentioned in the Roman Canon at Mass and is patron saint of breast cancer sufferers.	
<b>Friday 6th February: Sts Paul Miki and companions (1564-1597).</b> Born in Japan he joined the Jesuits preaching the gospel with great success. Following a persecution he and 25 companions were executed by crucifixion on this day 1597 at Nagasaki.	
<b>RCIA PROGRAMME</b> <i>The RCIA (Rite of Christian Initiation of Adults) programme classes will continue again this Monday 2nd February January 2026. Can all candidates make every effort to attend please. Please note that the Rite of Election will take place this year on Sunday 22nd February at 3.00pm in St Barnabas Cathedral, Derby Road, Nottingham. Can all candidates and catechists please note this date in their diaries.</i>	<b>PLEASE PRAY FOR</b> <b>Beatrice (Daphne) Fenton RIP</b> who passed away last Sunday. Daphne was a devout member of St Teresa’s church before becoming housebound. She received communion every week until recently. Funeral details will follow. We remember her family and friends at this difficult time. May she Rest in Peace. MAY HER SOUL AND ALL THE SOULS OF THE FAITHFUL DEPARTED, THROUGH THE MERCY OF GOD, REST IN PEACE. AMEN.
<b>FIRST RECONCILIATION AND HOLY COMMUNION PROGRAMME</b> <i>Our next meeting for CHILDREN AND PARENTS is scheduled for this Thursday 5th February at 6:00pm in St Teresa’s Church and Hall.</i>	<b>YEARBOOKS</b> <i>Now available at the back of church at a cost of £6.00 each.</i>
<b>ALL SAINTS 100 CLUB</b> <i>The next draw which will be for December &amp; January will take place at the end of January. Due to a large number of non-renewals, the current number of participants is now 56. As a result, the prizes will be reduced to reflect the smaller pool of funds. The first prize will now be £50.00 and the second prize £25.00. This would raise £1788.00 over the year for the parish. Those who haven’t yet renewed their subscription for this year and wish to, should do so by Monday 26 January. If anyone would like to enrol and take out a subscription at £4.00 per month then please contact Deacon Anthony via the parish email. Many thanks Deacon Anthony</i>	<b>SUPPORT NEEDED FOLLOWING QUINQUENNIAL INSPECTION AT ST HUGH’S</b> <i>Thank you to all who have signed up to find out more about the works at St Hugh’s and your offer of help co-ordinate this project. A meeting will be held shortly, you will receive an email with the details. Thank you again your support is much appreciated.</i>
<b>LENT IS COMING!</b> <b>PANCAKE DAY SHROVE TUESDAY 17TH FEBRUARY</b> <i>Our traditional preparation for Lent is the pancake supper at St Thomas More Hall on Tuesday 17 February with pancakes followed by a quiz night. Do come along to share some fun and the company of your fellow parishioners. Frying begins at 6.30pm</i>	<b>HEALTHCARE PROFESSIONALS NEEDED FOR LOURDES PILGRIMAGE</b> Calling all health care professionals and support workers the Diocesan Lourdes Pilgrimage Health Team needs you. Join us between <b>Monday 13th and Friday 17th July</b> for a unique opportunity to deliver care in a different context and provide advice and support to pilgrims during travel and whilst in Lourdes. We deliver community-based care in a hotel setting to a group of 200 pilgrims, with a small proportion needing regular care interventions and support to attend services and events. You must: <b>Have experience as a registered nurse, nurse associate, paramedic, doctor or healthcare support worker; Have a passport which is current for a minimum of three months from the first date of travel; Be a UK or French citizen or have an appropriate visa to travel to France.</b>  <i>For more details join our Teams information evening on Thursday 15th January from 7.30pm: email for the link:</i> <b>David Knight: <a href="mailto:david@sthughslincoln.org.uk">david@sthughslincoln.org.uk</a> or Dee Ellidge: <a href="mailto:dellidge@lincoln.ac.uk">dellidge@lincoln.ac.uk</a></b>
<b>WOLLATON CHURCHES TOGETHER LENT COURSE</b> <i>Beginning on Tuesday 24th February and running on each Wednesday and Tuesday of Lent, WCT are putting on a series of group sessions guided by the book <b>Alive – Life changing encounters with the Risen Lord</b>, by Dave Smith. Meetings will be held on a Tuesday afternoon at 2.00pm at Grangewood, and a Wednesday evening at 7.30pm across the other Church venues tba.</i>  <i>To get some idea of potential numbers could you please sign up on the notice provided at the back of Church.</i>	<b>NB - A GENTLE REMINDER TO PARENTS AND GUARDIANS</b> <i>For the safety and wellbeing of all children attending Mass, we kindly ask that parents or guardians accompany their children if they need to use the toilet during the service. Your support helps us ensure that every child in our parish community is kept safe and supervised at all times. Thank you for your understanding and cooperation.</i>
<b>DAY OF EUCHARISTIC REFLECTION</b> <b>Good Shepherd Church, Thackary’s Lane Woodthorpe NG5 4HT</b> <b>Saturday 7th February</b> <b>MASS AT 10.00AM FINISHING AT 3.30PM</b> <i>Using art, we will explore the meaning of the Mass as sacrifice and the significance of the presence of Christ in the Holy Eucharist. A second session will reflect on the Eucharistic miracles, beautifully collected by Saint Carlo Acutis. Father Philipp will be celebrating Holy Mass and there will be a period of Adoration with the opportunity for the Sacrament of Reconciliation. The talk is open and accessible to all and will particularly interest those who are Eucharistic Ministers. However, everyone is welcome to come along and learn more about our faith. Please bring a packed lunch.</i>	<b>BAPTISM COURSE</b> <i>Our next class for parents of children 6 years and under will take place over three evenings on Thursday 26th February, 5th and 12th March at 7.30pm in St Teresa’s Parish hall. This class is for parishioners from St Thomas More, St Hugh’s and St Teresa’s churches. If you would like your child/children to be baptised please complete a baptism form from the back of church and hand in to the office by Thursday 19th February.</i>
<b>THE DIOCESAN YOUTH SERVICE NDCYS</b> <i>is taking a group of young people and young adults to Lourdes, France as part of the Diocesan Pilgrimage in July 2026. If you are aged 16+ and unable to go with your school, or a young adult who would like to be a small group leader, we encourage you to download the information pack and apply at <a href="https://ndcys.com/lourdes">ndcys.com/lourdes</a></i>	<b>LOST MISSAL</b> <i>Can I ask if anyone has picked up a Red Missal by mistake from the back table in St Teresa’s church, can you please return to the sacristy at your earliest convenience. Thanking you in advance.</i>
<b>ST TERESA’S LOST PROPERTY</b> <i>If you think you have lost any property whilst in St Teresa’s church, can you please check the box in the church porch. There are a number of items so please check as soon as possible. All items will be disposed of at the end of January if not claimed.</i>	<b>A PRO-LIFE RENEWAL DAY</b> <i>is being held on Saturday 14th February, from 10.00am until 4.00pm, at Good Shepherd Church, Arnold, and led by Father Bernard Murphy CFR. All are welcome to this day of spiritual renewal, focussed on prayer for the sanctity of life at all stages. How do we as Christians keep fighting for the dignity of life, when so many around us do not value it? Father Bernard will help us renew our motivation by opening scripture and Church teaching. There is no charge for the day (donations welcomed); a light lunch and refreshments are provided. To book a place or for more information contact John: <a href="mailto:pro-life@dioceseofnottingham.uk">pro-life@dioceseofnottingham.uk</a></i>
<b>SAFEGUARDING PARISH REPRESENTATIVES:</b> <b>St Teresa of Liseiux: Alison Anderton Tel: 07513725255 email: <a href="mailto:Alison.AndertonPSR@dioceseofnottingham.uk">Alison.AndertonPSR@dioceseofnottingham.uk</a></b> <b>St Thomas More/St Hugh of Lincoln: Damian Byrne Tel: 07513 725515 email: <a href="mailto:Damian.ByrnePSR@dioceseofnottingham.uk">Damian.ByrnePSR@dioceseofnottingham.uk</a></b> <b>Diocesan Safeguarding Contact: Rachel Campion Tel: 0115 9539850 email: <a href="mailto:safeguarding@dioceseofnottingham.uk">safeguarding@dioceseofnottingham.uk</a></b>	
<b>The Welcome Table continues on Friday’s at St Thomas More from 12.30pm until 2.00pm</b> <b>Everyone welcome.</b>	