

Spirituality Courses

Faith in Conflict

This course presents the historical and theological roots of one of the world's longest running conflicts, the Troubles of Northern Ireland, with attention to how a community of faith helped build peace and pursue reconciliation in that region.

Spirituality and Health

This course explores how faith and religious practices impact our physical, mental, and social well-being and what it means to understand salvation more wholistically.

Desert Fathers and Mothers: Ancient Spirituality for a Modern Church

This course explores the stories, world, and spirituality of a fascinating period in Christian history in which many felt the Church had become more enamored with the power of Rome than the humble way of Jesus.

Sabbath as Rest and Resistance

In exploring the biblical theology of Sabbath, this course presents how the ancient practice of Sabbath keeping is more than just a good way of managing busyness – it's a divine gift and social mandate that that invites us into a disruptive way of living out Christian faith.

Latinx Theology and Spirituality

Discover the dynamic intersection of Latinx culture and Christian faith through an exploration of influential Latiné thinkers and spiritual practices.