

Lesson 5**Devoted Prophets: Elizabeth and Anna****REFLECTION GUIDE****Welcome**

As you watch the lesson, take notes on key themes, ideas, and questions that stand out to you. Pause the video when needed to reflect, jot down insights, or revisit an important section. Stay attentive to how the content connects with both your personal faith journey and issues that matter to your community.

Questions

- Both Elizabeth and Anna “waited well” by living righteously and exercising their gifts. In our culture, waiting – let alone waiting on purpose – doesn’t seem to be encouraged.
 - What would it look like for you to “wait well” in this season of life?
 - What would it look like for the church to wait well this Advent?
 - Are there practices that would help cultivate this sort of waiting?
- Anna found spiritual sanctuary in the temple, and Elizabeth found the space to give thanks in seclusion and quiet.
 - In what types of environments do you naturally feel spiritually grounded or aware?
 - How might you use this information about yourself to cultivate a practice of prayer?
- These birth stories show us how waiting on the LORD is meant to be communal. Our society doesn’t seem to foster this so much, and there are many things in life today that place barriers between us and community.
 - What makes joining or being in community challenging for you?
 - What would you need to do differently to invest more in your communities?