

RESOURCES

If you or someone in your group wants to explore this topic more, here's a list of resources that the Foundry recommends for your further study.

Books

- Wendell Berry. "This Day: Connected & New Sabbath Poems"
- Tricia Hersey. "Rest is Resistance"
- Abraham Heschel. "The Sabbath"



**Want to purchase the books from this list?
Please visit bookshop.org/lists/sabbath-the-candler-foundry**

Webinars, Podcasts and Blogs

"Holy Inefficiency" by Dr. Ryan Bonfiglio
a blog post exploring inefficiency in life and its connection to Jesus.
ministry.org/holy-inefficiency/

"Silent Echoes" series by Candler in Conversation podcast
a podcast series exploring the roles of silence and stillness. bit.ly/candlerinconversation