

**Lesson 3****What's So Important about Unity?****REFLECTION GUIDE****Welcome**

As you watch the lesson, take notes on key themes, ideas, and questions that stand out to you. Pause the video when needed to reflect, jot down insights, or revisit an important section. Stay attentive to how the content connects with both your personal faith journey and issues that matter to your community.

**Questions**

- What are the challenges of having your personal relationship with God bound up with others in your community of faith? What might be some benefits?
- Think about common arguments among church people, congregations, or between denominations. Do these divisions tend to be about making sure others are cared for or personal preferences?
- Make a list of things your church does on a regular basis—make sure these words are verbs (sing, fight, celebrate, complain, etc.). These can be in a formal liturgical practice or just what happens when everyone gets together and chats. What kind of god would consider those activities as worship?
- What practical steps can you take to ensure your worship aligns with the self-giving nature of the cross, rather than with cultural or ego-driven values?
- How might realizing that “God’s Spirit dwells in us” change how you approach conflict, criticism, or community life?
- Paul roots unity in the Shema’s declaration that “the Lord is one.” How does connecting divine oneness to church unity deepen your understanding of both God and the church?