

## Lesson 4

### Meat, Marriage and My Rights

## REFLECTION GUIDE

### Welcome

As you watch the lesson, take notes on key themes, ideas, and questions that stand out to you. Pause the video when needed to reflect, jot down insights, or revisit an important section. Stay attentive to how the content connects with both your personal faith journey and issues that matter to your community.

### Questions

- Why do you think Paul views believers' lawsuits as a "complete defeat," even when one side might technically be right? How does Paul's call to "rather be wronged" confront your own attitudes toward fairness, reputation, or self-defense?
- Think of a time when being focused on "what's fair to me" damaged a relationship. How might the gospel's logic of giving have changed that situation?
- In what ways might your faith community learn from the mutual responsibility and humility that marriage illustrates?
- How can communities hold truth firmly while still letting love lead their actions and attitudes?
- What "rights" in your own life might God be inviting you to hold more lightly for the sake of someone else's growth or healing?
- What may it look like for your group or church to adopt Paul's new "slogan": "No one should seek their own good, but the good of others"?