



June 2026 Syllabus

Nutritional Therapy Practitioner Program

Program Unit	Date 2026-2027	Module	Assignment Due Dates
Onboarding	May 28th	Onboarding and Login Test (No live calls this week, onboarding information will be sent via email)	**ALL ASSIGNMENTS MUST BE SUBMITTED BY 5:00 PM PACIFIC ON THE SPECIFIED DATE. BE SURE TO CONVERT TO YOUR LOCAL TIME ZONE.
Unit 1	June 1-7	Welcome (WEL Week 1)	
	June 8-14	Food Relationships and Practices (FRP Week 1)	
	June 15-21	Food Relationships and Practices (FRP Week 2)	FRP Quiz is due June 26 th
	June 22-28	Anatomy and Physiology (A&P Week 1)	
	June 29-July 5	Anatomy and Physiology (A&P Week 2)	A&P Quiz is due July 10 th
	July 6-12	Basics of Nutrition (BON Week 1)	
	July 13-19	Basics of Nutrition (BON Week 2)	
	July 20-26	Basics of Nutrition (BON Week 3)	Unit 1 Assignment and BON Quiz are due July 31 st

Unit 2	July 27-Aug 2	Nutrient Dense Diet (NDD Week 1)	
	Aug 3-9	Break	
	Aug 10-16	Nutrient Dense Diet (NDD Week 2)	
	Aug 17-23	Nutrient Dense Diet (NDD Week 3)	NDD Quiz is due August 28 th
	Aug 24-30	Sleep (SLE Week 1)	
	Aug 31-Sept 6	Sleep (SLE Week 2)	SLE Quiz is due September 11 th
	Sept 7-13	Stress (STR Week 1)	
	Sept 14-20	Stress (STR Week 2)	Unit 2 Assignment and STR Quiz are due September 25 th
Unit 3	Sept 21-27	Digestion (DIG Week 1)	
	Sept 28-Oct 4	Digestion (DIG Week 2)	
	Oct 5-11	Digestion (DIG Week 3)	
	Oct 12-18	Digestion (DIG Week 4)	
	Oct 19-25	Digestion: Biotransformation and elimination (DIG Week 5)	DIG Quiz is due October 30 th
	Oct 26-Nov 1	Blood Sugar Regulation (BSR Week 1)	
	Nov 2-8	Blood Sugar Regulation (BSR Week 2)	
	Nov 9-15	Blood Sugar Regulation (BSR Week 3)	
	Nov 16-22	Blood Sugar Regulation (BSR Week 4)	Unit 3 Assignment and BSR Quiz are due December 4 th

	Nov 23-29	Break	
Unit 4	Nov 30-Dec 6	Case Study Intensive 1	
	Dec 7-13	Case Study Intensive 2	
	Students may work on the assessment throughout Unit 4	Practical Case Study Assessment	Complete Practical Case Study Assessment by December 18 th
Unit 5	Dec 14-20	Introduction to Supplements (SUP Week 1)	
	Dec 21-27	Break	
	Dec 28- Jan 3	Break	
	Jan 4-10	Supplement Applications (SUP Week 2)	
	Jan 11-17	Supplement Considerations (SUP Week 3)	SUP Assignment is due January 18 th
Unit 6	Jan 18-24	Introduction to the Nutrition Analysis and Clinical Application Process (NACA Week 1)	Nutri-Q Access will be granted on January 18 th
	Jan 25-31	Intake Paperwork Analysis (NACA Week 2)	
	Feb 1-7	Annotations and Pre-Interview Preparation (NACA Week 3)	Student completed intake paperwork. Due February 8th

	Feb 8-14	Initial Interview Process (NACA Week 4)	Send Practice Client 1 their intake paperwork and request that it be completed by Feb. 21 st
Unit 7	Feb 15-21	NAQ Analysis & Foundational Connections (NACA Week 5)	Sam Cobb completed paperwork assignment due February 22nd Your practice client needs to complete their intake paperwork this week!
	Feb 22-28	Clinical Presentation Form & Priority Report (NACA Week 6)	Annotate Practice Client 1's intake paperwork in preparation for the Initial Interview. Schedule your Initial Interview for the week of March 1-7
	Mar 1-7	Drafting Recommendations & Practice Client Preparation (NACA Week 7)	Conduct your Initial Interview with Practice Client 1 this week Submit initial folder and draft recommendation plan due March 8th Schedule their Recommendations for the week of March 22-28
Unit 8	Mar 8-14	The Recommendations Visit (NACA Week 8)	

	Mar 15-21	Other Considerations (NACA Week 9)	
	Mar 22-28	Follow-up & Check-in Visits (NACA Week 10)	Update the recommendation plan if needed, conduct a Recommendations Visit, and finalize the folder based on Clinical Mentor feedback.
Unit 9	Mar 29-Apr 4	Case Study Integration (NACA Week 11)	Check in with Client 1
	Apr 5-11	Practice Client Follow-up Visit (NACA Week 12)	
	Apr 12-18	Complex Cases & Advanced Scenarios (NACA Week 13)	
Unit 10	Apr 19-25	Practice Resources & Research (NACA Week 14)	
	Apr 26-May 2	Integration & Launch (NACA Week 15)	Send Follow-Up paperwork to Practice Client 1 with a due date of May 3 rd Schedule your Follow-Up session for the week of May 24-30

	May 3-9	Spotlight on Lab Testing Part 1	Analyze and annotate Follow-Up paperwork, create a Clinical Presentation form, and draft updated recommendations to submit. Due by May 10th
	May 10-16	Spotlight on Lab Testing Part 2	
Final Homework Deadline May 24th, 2027			
Unit 11	May 17-23	Capstone Presentations (NACA Week 16) NOTE: Students MUST attend ONE call during the two weeks of capstones to present their recommendations and rationale.	Capstone Recommendations and Rationale Due May 17th
	May 24-30	Capstone Presentations (NACA Week 17) See note above regarding Capstone attendance which is mandatory for graduation.	Conduct a Follow-Up session with Practice Client 1: Update the recommendation plan if needed, conduct a Follow-Up Visit, and finalize the folder based on CM feedback.
	May 31-June 6	Graduation. Canvas access ends June 6th; Gradebook will be processed June 6th and the official graduation date will be June 11 th . **Graduation call will be held on 5/31 at 5 pm Pacific.**	