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August 18, 2025-December 21, 2025

LEVEL/GENRE	TEACHER	DAY	TIME	LOCATION	EXPERIENCE
Intermediate Modern for Older & Returning Movers	Robin Nasatir	Mon	9:45 - 11:15a	SADC 1/ONLINE	Hybrid
Advanced Contemporary	Rogelio Lopez	Mon	10 - 11:30a	BANDALOOP	In-Person
Slow Intermediate Ballet	Mae Chesney	Mon	10:15-11.15a	ONLINE	Online
Beginning Modern for Older & Returning Movers	Robin Nasatir	Mon	11:30 - 1p	SADC 1/ONLINE	Hybrid
Contemporary Movement (New class starting 9/8!)	Audrey Johnson	Mon	1:30-3p	SADC 1	In-Person
Absolute Beginning Ballet (New class starting 9/8!)	Naila Brown	Mon	1:30-3p	SADC 2	In-Person
Beginning Modern	Suzanne Beahrs	Mon	6 - 7:30p	SADC 1	In-Person
All Levels Contemporary Fusion (Resumes 8/18!)	Miriam Peretz	Mon	7:30 - 9p	SADC 1	In-Person
All Levels Reggaeton	Sara Templeton	Mon	7:30 - 9p	SADC 2	In-Person
All Levels Bharatanatyam (Resumes 8/18!)	Nadhi Thekkekk	Mon	7:30 - 9p	SADC 4	In Person
All Levels Yoga	Juliana Monin	Tue	9 - 10a	SADC 3	In-Person
Beginning Ballet	Erik Wagner	Tue	10 - 11:30p	SADC 1	In-Person
Int/Adv Modern (Resumes 8/19!)	Bianca Cabrera	Tue	10 - 11:30a	BANDALOOP	In-Person
Intermediate Ballet	Mae Chesney	Tue	10:15 - 11:30a	ONLINE	Online
Intermediate Contemporary Ballet	Erik Wagner	Tue	11:45 - 1:15p	SADC 1	In-Person
BANDALOOP Safety Training	Roel Seeber	Tue	5:30-6p	BANDALOOP	In-Person
BANDALOOP Vertical Dance Technique	Roel Seeber	Tue	6-7:30p	BANDALOOP	In-Person
Intermediate Jazz	Urban Jazz Dance	Tue	6 - 7:30p	SADC 3	In-Person
Intermediate Modern	Nol Simonse	Tue	7:30 - 9p	SADC 1	In-Person
Slow Intermediate Contemporary (New day starting 8/19!)	Tajh Malik	Tue	7:30 - 9p	BANDALOOP	In-Person
All Levels Afro Dance Workout	Karma Smart	Wed	9 - 10:15a	SADC 3	In-Person
Intermediate Ballet	Neela Reed	Wed	10 - 11:30a	SADC 1	In-Person
Advanced Modern	Andrew Merrell	Wed	10 - 11:30a	BANDALOOP	In-Person
Slow Intermediate Ballet	Chris Lam	Wed	10:15 - 11:30a	ONLINE	Online
Beginning Ballet	Katherine Orloff	Wed	11:45 - 1:15p	SADC 1	In-Person
Intermediate Contemporary (New class starting 9/10!)	Jenni Bregman	Wed	1:30-3p	SADC 1	In-Person
BANDALOOP Safety Training	Roel Seeber	Wed	5:30-6p	BANDALOOP	In-Person
BANDALOOP Vertical Dance Technique	Roel Seeber	Wed	6-7:30p	BANDALOOP	In-Person
Beginning Modern	Suzanne Beahrs	Wed	6 - 7:30p	SADC 1	In-Person
Slow Intermediate Ballet	Carolyn Goto	Wed	6 - 7:30p	SADC 2	In-Person
All Levels Hip Hop (New day starting 8/20!)	Katana Pop	Wed	7:30 - 8:30p	SADC 3	In-Person
All Levels Yoga for Alignment	Valerie Gutwirth	Thur	9 - 10a	SADC 4	In-Person
Advanced Modern	Melecio Estrella	Thur	10 - 11:30a	BANDALOOP	In-Person
Beginning Ballet	Chris Lam	Thur	10 - 11:30a	SADC 1/ONLINE	Hybrid
Intermediate Ballet	Chris Lam	Thur	11:45 - 1:15p	SADC 1/ONLINE	Hybrid
Beginning Modern for Older & Returning Movers	Robin Nasatir	Thur	1:30 - 3p	SADC 1	In-Person
Beg/Int Modern (New time starting 8/7!)	Shaunna Vella	Thur	6:15 - 7:45p	BANDALOOP	In-Person
Absolutely Beginning Ballet	Molly Levy	Thur	7:30-9p	SADC 4	In-Person
Beginning Belly Dance	Suhaila Salimpour	Thur	7:30 - 9p	SADC 1/ONLINE	Hybrid
Beg/Int Contemporary Ballet	KJ Dahlaw	Fri	10 - 11:30a	SADC 1	In-Person
Advanced Modern	Mo Miner	Fri	10 - 11:30a	BANDALOOP	In-Person
Int/Adv Ballet	Wendy Diamond	Fri	11:45 - 1:15p	SADC 1	In-Person
Beg/Int Contemporary (New class starting 8/22!)	Aiano Nakagawa	Fri	1:30-3p	SADC 1	In-Person
Int/Adv Hip Hop (New class starting 8/22!)	Katana Pop	Fri	1:45 - 3:00p	SADC 3	In-Person
Slow Intermediate Ballet	Carolyn Goto	Sat	9:30 - 11a	SADC 2	In-Person
Beg/Int Modern	Dana Lawton	Sat	9:30 - 11a	BANDALOOP	In-Person
Advanced Modern	Andrew Merrell	Sat	10 - 11:30a	SADC 1	In-Person
Advanced Modern	Dana Lawton	Sat	11:15 - 12:45p	BANDALOOP	In-Person
Intermediate Belly Dance	Suhaila Salimpour	Sat	11:30 - 1p	SADC 1	In-Person
Intermediate Ballet to Other Music	Neela Reed	Sat	1 - 2:30p	SADC 1	In-Person
Beg/Int Jazz	Urban Jazz Dance	Sun	10 - 11:30a	SADC 1/ONLINE	Hybrid + ASL
Advanced Contemporary	Dazaun Soleyn	Sun	10 - 11:30a	BANDALOOP	In-Person
Intermediate Ballet	Wendy Diamond	Sun	11:45 - 1:15p	SADC 1/ONLINE	Hybrid