

**HOURS:**  
 Mon-Thur 9a - 9p  
 Fri 9a - 8p  
 Sat & Sun 9a - 6p

# SHAWL-ANDERSON DANCE CENTER

Fall 2026 | August - December

**SADC Elmwood:**  
 2705 Alcatraz Ave, Berkeley, CA 94705 | 510-654-5921  
**SADC Downtown:**  
 2055 Center St, Berkeley, CA 94705 | 510-277-7820  
[info@shawl-anderson.org](mailto:info@shawl-anderson.org)  
[shawl-anderson.org](http://shawl-anderson.org)

| Monday                                                                                                    | Tuesday                                                                                                               | Wednesday                                                                                                                 | Thursday                                                                                                                 | Friday                                                                                                               | Saturday                                                                                                                           | Sunday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
|-----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Modern for Older & Returning Movers - Intermediate<br><b>Robin Nasatir</b><br>10-11:30a<br>SADC 1/ONLINE  | Yoga - All levels<br><b>Juliana Monin</b><br>9 - 10a<br>SADC 3                                                        | Afro Dance Workout - All levels<br><b>Karma Smart</b><br>9 - 10:15a<br>SADC 3                                             | Yoga for Alignment - All levels<br><b>Valerie Gutwirth</b><br>9 - 10a<br>SADC 3                                          | Mat Pilates Conditioning - All levels<br><b>Kat Brault</b><br>9 - 10a<br>SADC 3                                      | Ballet w/ Live Accompanist - Slow Intermediate<br><b>Carolyn Goto w/ Sky Tan</b><br>9:30 - 11a<br>SADC 2                           | Jazz w/ Live ASL Interpreter- Beginning/Intermediate<br><b>Antoine Hunter w/ Urban Jazz Dance</b><br>10 - 11:30a<br>SADC 1/ONLINE                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| C.A.M.P. - All Levels<br><b>Erik Wagner</b><br>10 - 11:30a<br>SADC 3                                      | Ballet w/ Live Accompanist - Beginning<br><b>Naila Brown w/ Rudy Apffel</b><br>10 - 11:30a<br>SADC 2                  | Ballet w/ Live Accompanist - Slow Intermediate<br><b>Neela Reed w/ TBD</b><br>10 - 11:30a<br>SADC 1                       | Ballet - Beginning<br><b>Chris Lam</b><br>10-11:30a<br>SADC 1/ONLINE                                                     | Contemporary Ballet - Beginning/Intermediate<br><b>KJ Dahlaw</b><br>10 - 11:30a<br>SADC 1                            | Modern - Beginning/Intermediate<br><b>Dana Lawton</b><br>9:30-11a<br>DT B<br><i>Last day @ BL 10/3<br/>Downtown starting 10/10</i> | Modern - Advanced<br><b>Andrew Merrell</b><br>10 - 11:30a<br>DT B<br>Starting 10/4                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Ballet - Slow Intermediate<br><b>Mae Chesney</b><br>10:15 - 11:15a<br>ONLINE                              | Contemporary - Advanced<br><b>Rogelio Lopez</b><br>10 - 11:30a<br>SADC 1                                              | Modern - Advanced<br><b>Andrew Merrell</b><br>10 - 11:30a<br>DT B<br><i>Last day @ BL 9/30<br/>Downtown starting 10/7</i> | Modern - Advanced<br><b>Mele Estrella</b><br>10 - 11:30a<br>DT B<br><i>Last day @ BL 10/1<br/>Downtown starting 10/8</i> | Modern - Advanced<br><b>Mo Miner</b><br>10 - 11:30a<br>DT B<br><i>Last day @ BL 10/3<br/>Downtown starting 10/9</i>  | Modern - Advanced<br><b>Andrew Merrell</b><br>10 - 11:30a<br>SADC 1<br><i>Last day 9/26</i>                                        | Ballet w/ Live Accompanist - Intermediate<br><b>Wendy Diamond w/ Rudy Apffel</b><br>11:45 - 1:15p<br>SADC 1/ONLINE                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Modern for Older & Returning Movers - Beginning<br><b>Robin Nasatir</b><br>11:45 - 1:15p<br>SADC 1/ONLINE | Ballet - Intermediate<br><b>Mae Chesney</b><br>10:15 - 11:15a<br>ONLINE                                               | Ballet - Slow Intermediate<br><b>Chris Lam</b><br>10:15 - 11:30a<br>ONLINE                                                | Ballet - Intermediate<br><b>Chris Lam</b><br>11:45 - 1:15p<br>SADC 1/ONLINE                                              | Ballet w/ Live Accompanist - Intermediate/Advanced<br><b>Wendy Diamond w/ Rudy Apffel</b><br>11:45 - 1:15p<br>SADC 1 | Modern - Advanced<br><b>Dana Lawton</b><br>11:15 - 12:45p<br>DT B<br><i>Last day @ BL 10/3<br/>Downtown starting 10/10</i>         | <div> <b>Schedule Legend</b><br/> <a href="#">New Classes!</a><br/> <b>Day/Time/Space Change</b><br/> <b>SADC Downtown</b> </div>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Contemporary Ballet - Intermediate<br><b>Erik Wagner</b><br>11:45-1:15p<br>SADC 2                         | Contemporary Ballet w/ Live Accompanist - Intermediate<br><b>Molly Levy w/ Rudy Apffel</b><br>11:45 - 1:15p<br>SADC 1 | Ballet w/ Live Accompanist - Beginning<br><b>Katherine Orloff w/ Rudy Apffel</b><br>11:45 - 1:15p<br>SADC 1               | Modern - Fundamentals<br><b>Robin Nasatir</b><br>11:45 - 1:15p<br>SADC 2                                                 | Tap - Fundamentals<br><b>Micah Sallid</b><br>4:45 - 6:15p<br>SADC 3                                                  | Salimpour Belly Dance - Intermediate<br><b>Suhaila Salimpour</b><br>11:45 - 1:15p<br>SADC 1/ONLINE                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Ballet - Fundamentals<br><b>Naila Brown</b><br>1:30 - 3p<br>SADC 2                                        | Musical Theater - All levels<br><b>Tajh Malik</b><br>6:15- 7:45p<br>DT B                                              | Mat Pilates - All levels<br><b>Kim Ip</b><br>5 - 6p<br>SADC 3                                                             | Modern for Older & Returning Movers - Beginning<br><b>Robin Nasatir</b><br>1:30 - 3p<br>SADC 1                           | Tap - Beginning<br><b>Micah Sallid</b><br>6:30 - 8p<br>SADC 3                                                        | Ballet to Other Music - Intermediate<br><b>Neela Reed</b><br>1 - 2:30p<br>SADC 2                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Contemporary - Beginning<br><b>Suzanne Beahrs</b><br>6 - 7:30p<br>SADC 1                                  | Jazz - Intermediate<br><b>Antoine Hunter w/ Urban Jazz Dance</b><br>6 - 7:30p<br>SADC 3                               | Contemporary - Beginning<br><b>Suzanne Beahrs</b><br>6 - 7:30p<br>SADC 1                                                  | Tap - Intermediate<br><b>Micah Sallid</b><br>6 - 7:30p<br>SADC 3                                                         |                                                                                                                      | K-Pop & Global Pop Choreography - All levels<br><b>Noelle Campos</b><br>1:30 - 3p<br>SADC 3                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Reggaeton - All levels<br><b>Sara Templeton</b><br>7:30-9p<br>SADC 3                                      | Modern - Intermediate<br><b>Nol Simonse</b><br>7:30 - 9p<br>SADC 1                                                    | Ballet w/ Live Accompanist - Slow Intermediate<br><b>Carolyn Goto w/ TBD</b><br>6 - 7:30p<br>SADC 2                       | Modern - Beginning/Intermediate<br><b>Shaunna Vella</b><br>6 - 7:30p<br>SADC 1                                           |                                                                                                                      |                                                                                                                                    | <div> <b>Courses &amp; Special Offerings!</b><br/><br/>           SEPTEMBER: Advanced Modern w/ Randee Pauve:<br/>             Mon 1:30-3p (SADC 1) - 9/7, 9/14, 9/21<br/>             Wed 1:30-3p (SADC 1) - 9/9, 9/16, 9/23<br/>             Fri 1:30-3p (SADC 1) - 9/11, 9/18, 9/25<br/>           UNTIL OCT 31: Use the code TAPAGAIN and get \$5 off one Tap class!<br/>           SEP 15 - OCT 15: Use code LHM26 for 3 free adult classes for students who identify as Latinx!<br/>           OCTOBER: Use code FAHM26 for 3 free adult classes for students who identify as Filipino!<br/>           NOVEMBER: Use code NAHM26 for 3 free adult classes for students who identify as Indigenous/native!         </div> |
| Bharatanatyam - All levels<br><b>Nadhi Thekkekk</b><br>7:30-9p<br>SADC 4                                  |                                                                                                                       | Hip Hop - Mixed Level<br><b>Katana Pop</b><br>7:30-9p<br>DT C                                                             | Ballet - Fundamentals<br><b>Molly Levy</b><br>7:30-9p<br>SADC 2                                                          |                                                                                                                      |                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Contemporary - Slow Intermediate<br><b>Tajh Malik</b><br>7:30 - 9p<br>SADC 1                              |                                                                                                                       |                                                                                                                           | Salimpour Belly Dance - Beginning<br><b>Mela Amaiya</b><br>7:30 - 9p<br>SADC 1                                           |                                                                                                                      |                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |

