

# SOUND EFFECTS

## *A LETTER FROM THE CEO*

July 29, 2025

### DEAR FRIENDS OF SOUND,

This month, we pause to acknowledge a moment of concern for our community: dramatic shifts in federal policy that threaten the services so many of our neighbors rely on for their recovery.

As we navigate this time of uncertainty, our team remains grounded in the fact that SOUND has served King County for more than 60 years. And through six decades of change, one thing has remained constant: our ability to adapt, to lead, and to care for those around us, no matter the challenges we face. Today's climate is no different.

Legislation recently passed by federal lawmakers comes with painful trade-offs, including sweeping cuts to Medicaid and SNAP. These programs are lifelines, relied upon by thousands of SOUND clients every day across King County, programs that allow people to regain and maintain control of their lives.

Here in Washington state, the expansion of Medicaid (Apple Health) has been a cornerstone of improved behavioral healthcare access. Rolling back this progress puts our collective well-being at risk. Mental health and substance use challenges are difficult enough on their own and compounding them with fewer resources and more red tape will have real, tangible consequences in our community.

While we're still working to analyze future impacts of new legislation, SOUND remains fiercely committed to our mission and we're taking action.

Just a few weeks ago, I traveled with fellow members of our statewide convening organization, the Washington Council for Behavioral Health, to advocate directly with lawmakers in Washington D.C. Along with my colleagues in leadership and advocacy coalition [Fourfront Contributor](#), I'm meeting regularly with state officials as well. And here at SOUND, our teams are already working to adjust and plan – exploring every avenue to protect care for our clients and continue to do the next right thing.

But we can't accomplish this alone. Now more than ever, we need our community – our donors, our partners, our allies – to stand with us. [Your support](#) helps ensure SOUND remains a lifeline for those who need it, and every dollar is a necessity in keeping our Orange Door open to all.

Thank you for continuing to walk with us. For showing up, speaking out, and standing firm in your belief that everyone deserves access to care.

Sincerely,



Katrina Egner

SOUND President & CEO

GIVE NOW

**TOGETHER  
WE CAN  
CHANGE  
LIVES**



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