

SOUND EFFECTS

A LETTER FROM THE CEO

February 27, 2026 // Issue #2

DEAR FRIENDS OF SOUND,

As we continue celebrating SOUND's 60th anniversary year, February offers an opportunity to reflect not only on our history, but on the determination that sustains our mission.

Across Washington, we've been celebrating another remarkable "60" – the Seattle Seahawks' victory in Super Bowl LX. Whether we're talking about athletic excellence or life-saving work in the community, the concept of 'sixty' represents resilience, teamwork, and long-term commitment. For SOUND, our own 60-year milestone reflects six decades of standing alongside our communities and ensuring behavioral healthcare remains accessible to those who need it most.

SOUND's anniversary is especially meaningful to me. Having served in varying roles at SOUND since 1997, I have witnessed firsthand how thoughtful leadership and strong stewardship have shaped our growth. We also honor the visionary community leaders who founded SOUND six decades ago – former Governor Booth Gardner, along with business visionaries Mike McManus, Artie Buerk, and Dick Sprague. Throughout this year, you'll be hearing more about our founders' journey, how their commitment to community-centered care laid the foundation we continue to build upon today.

This month, we are proud to formally welcome new members to the SOUND Board of Directors. Each brings valuable expertise and deep community connection that will help guide SOUND through this important chapter of growth:

- **Henry Albrecht** – Board Director and Advisor; Founder & Former CEO of Limeade.
- **Nathan Johnson** – Vice President of Product at Premera Blue Cross.
- **Curtis Kopf** – Group Vice President, Customer Experience at Insulet.
- **Dr. Janie Leonhardt** – Medical Director of Dermatology at Kaiser Permanente Washington.
- **Dr. Erin Vernon** – Health Economist and Professor at Seattle University.
- **Kim Holcomb** – PR and Executive Communications Manager, Sustainability and Community Impact at Amazon.

In Olympia, I'm actively meeting with lawmakers about decisions that will shape the future of behavioral healthcare in Washington for years to come. Continued investment in community behavioral health, including full support for CCBHC implementation, is

essential to ensuring organizations like SOUND can meet growing demand, support our workforce, and provide meaningful, trauma-informed care.

With six decades of service behind us, SOUND is well-positioned to continue advancing policies, partnerships, and programs that ensure hope and healing remain within reach for all.

On behalf of the entire SOUND team, thank you for your continued partnership and support as we enter our next chapter.

Most sincerely,

Katrina Egner
SOUND President & CEO



Join the Celebration: SOUND's 60th Anniversary

Join us at SOUND Behavioral Health as we celebrate 60 years of delivering hope, healing, and whole-person care—and recognize the profound impact we've made together across six decades.



Honoring the Past. Empowering the Future.

We'll gather on **Thursday, June 4, 2026**, at the Four Seasons Seattle for a lunch reflecting on our shared history, honoring the work ahead, and celebrating the community that makes it all possible.

More details will be shared soon. For questions or early inquiries, please contact **Letitia.Johnson@sound.health**.

Mercer Island Students Launch "988 Find Your Peace" to Support Youth Mental Health

A group of inspiring Mercer Island students recently launched 988 Find Your Peace, a grassroots effort designed to encourage honest conversations about mental health among young people. Their T-shirts and sweatshirts prominently feature 988, the national Suicide & Crisis Lifeline, helping normalize help-seeking and increase awareness of immediate support. All profits from their apparel line benefit SOUND Behavioral Health, directly supporting critical services across King County—including counseling, crisis intervention, and recovery programs for youth and adults.

You can support their mission and purchase apparel at: 988findyourpeace.com/shop
To learn more about their work and the story behind the project, read their feature in Mercer Island City Lifestyle: <https://lnkd.in/gMWceFEM>



SOUND of Gratitude

Columbia Bank Supports SOUND's Mobile Rapid Response Crisis Team

SOUND is grateful to Columbia Bank's Community Impact Fund for a meaningful grant supporting our **Mobile Rapid Response Crisis Team** (MRRCT). This investment directly equips our crisis responders with essential supply kits — including blankets, clothing, and immediate necessities — that offer comfort and dignity in moments of acute crisis.

For many individuals, a warm blanket or clean clothing is the first step toward stabilization and connection to ongoing care. These resources help our team meet people where they are, reduce harm, and build trust during some of the most vulnerable moments in their lives.

Thank you, Columbia Bank, for standing with us and helping build healthier, safer communities across our region.

THANK YOU TO OUR PARTNERS

 **COLUMBIA BANK**
COMMUNITY IMPACT FUND



Our MRRCT team can now provide blankets, clothing and other essential supplies during crisis response calls!

 **SOUND**
BEHAVIORAL HEALTH
Hope. Healing. Recovery.



Clark Construction Offers Insightful Tour of Western State Hospital Renovation

Thank you to [Clark Construction Group](#) for an excellent tour of the renovation work at Western State Hospital. The project includes a new 350-bed hospital designed to function as a Forensic Center of Excellence, advancing state-of-the-art, evidence-based treatment in a therapeutic environment tailored to the needs of justice-involved patients.

This investment in modern, trauma-informed infrastructure represents a significant step toward strengthening Washington's behavioral health system and improving outcomes for individuals who require specialized forensic care.



Follow us on social
media for more updates!



@soundbehavioralhealth



@sound



@soundbehavioralhealth

DONATE TO SOUND TODAY

TOGETHER
WE CAN
CHANGE
LIVES



[Our Company](#) | [Contact Us](#) | [FAQs](#) | [Privacy Policy](#)

Sound | 6400 Southcenter Blvd | Tukwila, WA 98188 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!