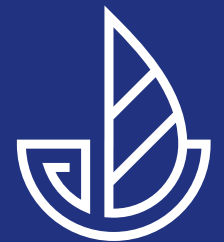
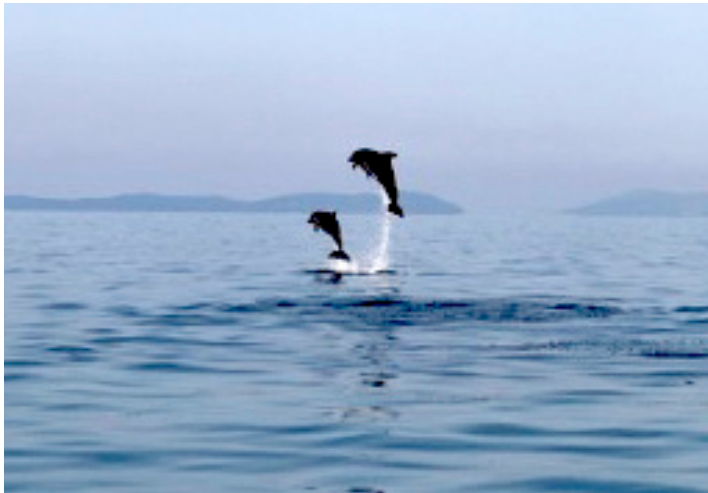




Sailing Sustainably in Greece





Overview

We care about protecting the waters we are sailing in and supporting the coastal communities where we dock. We also want to help you be a more sustainable sailor. The top things to look out for are:

- Anchor safely to protect seagrass
- Lower your speed
- Watch wildlife at a distance and report sightings
- Buy local and sustainable
- Use marine safe products
- Leave no trace, don't pollute

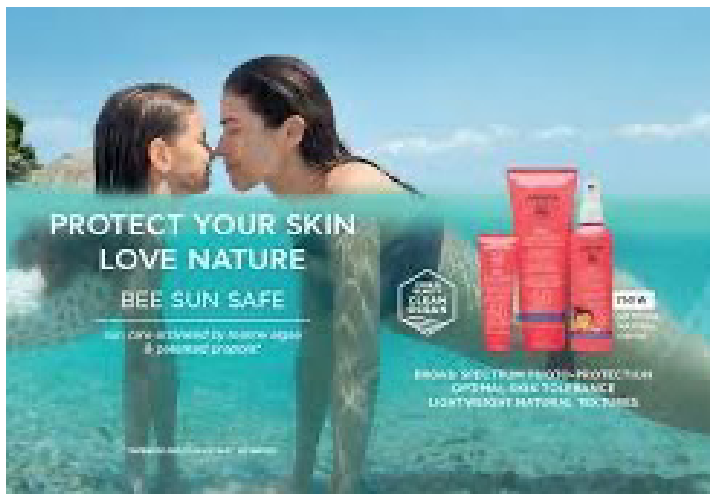




Anchor safely to protect seagrass

- **Anchor in sand or mud** and not in seagrass
- **Wear polarized sunglasses** to see seagrass beds
- **Tie long lines to sturdy rocks**, never use trees
- **Avoid anchor drag** as it can damage the seabed
- **When raising the anchor slowly** motor towards it and retrieve it when the line is vertical.





Avoid pollution

- **Ensure holding tanks are CLOSED** when at anchor or in ports and only open when in deep sea
- **Use shore-based washing and toilet facilities** as much as possible
- **Buy marine or reef safe products such as sunscreen and washing up liquid:** there are several brands available in supermarkets and pharmacies in Greece
- When motoring, **keep speed low** and not full throttle (only use one engine on catamarans) to save on fuel use and cost.



Respecting wildlife

- **Watch wildlife at a distance of 100m**, do not get in the water with them, and never go to shore to see them
- Do not steer boat towards wildlife, keep a **steady course** if they approach and if possible, put engine into neutral
- **Do not make noise**, use flash, or drones when they are near
- **Report sightings** of seals, dolphins, and turtles to help scientists – use QR code.





Buy local and sustainable

- Choose sustainable fish in tavernas, like sardines and seabream, and avoid overfished species such as swordfish and mullet (see the Guide for details)
- Support local producers where you visit and shop from farmers markets and small shops instead of big supermarkets
- Try local specialties from each island – ask what is unique to that place.





Leave no trace

- Keep a tidy boat to stop anything going overboard
- Leave your rubbish and recycling at designated areas
- If possible, do not leave recycling on smaller islands
- Do not use single-use plastics
- Pick up litter in the sea and on beaches when safe to do so





Read more about all these
tips in our guide:



sustainablesailinggreece.com