



Proud Stutter Podcast Episodes

A CLINICAL RESOURCE

People who stutter report listening to stuttering related podcasts in order to gain stuttering-related information and perspective, with the dual benefit of experiencing camaraderie and empowerment (Dignazio et al, 2020). Speech-language pathologists and student clinicians, in particular, can utilize such podcasts not only for their own benefit in learning more deeply about the lived experiences of people who stutter, but also as a resource to provide to clients to gain insights that closely pertain to their stuttering journey.

The **Proud Stutter Podcast**, hosted by Maya Chupkov, is a multi-award winning podcast changing how we understand and talk about stuttering, one conversation at a time. We've compiled a list of episodes that tackle a number of critical topics.

Spero Stuttering, Inc., is a nonprofit organization dedicated to helping, empowering, and advocating for the stuttering community and their families by equipping those who work with people who stutter. Through innovative programs and meaningful connections, we bridge the gap between speech-language professionals, educators, individuals who stutter, and their families—creating a nurturing ecosystem of support and understanding.

How to use this resource? Search for these titles in your favorite podcast app and start listening! **Proud Stutter** is available on many platforms such as [Apple](#), [Spotify](#), [RedCircle](#), [pod.link](#), and [ProudStutter.Org](#), to name a few.

TEENS WHO STUTTER

A Teenager's Journey to Finding Pride in His Stutter (*Eli Taulman*)

An Hawaiian Teen Who Stutters Using the Power of Media and Film (*Raphael*)

Teen Who Stutters Helps Others Find Their Voice (*Priya*)

Andrew Sent His Personal Essay on Stuttering to the Washington Post: What Happened Next Surprised Him (*Andrew Flint*)

PARENTS

Real Talk With Mom: Stuttering Acceptance vs Fluency (*Patty Chupkov*)

How a Family Learned to Embrace Stuttering and a Life Changing Meet-Up With MLB Player George Springer (*Jesse and Mateo Sanchez*)

How Motherhood Transformed This Attorney's Relationship With Her Stutter (*Casey Combs*)

INTERSECTIONALITY & STUTTERING

Nina G on Stuttering Representation in TV, Film, and the Media (*Nina G*)

Stuttering, Blackness, and Music With JJJJJerome Ellis, Part 2 (*JJJJJerome Ellis*)

Stuttering Advocacy in Action (*Puneet Singh*)

Cerebral Palsy and Stuttering With New Disabled South (*Dom and Sean Kelly*)

Stuttering in Tech: What It's Like to Be a Female Software Engineer With a Stutter (*Swathi*)

Jay Jordan Navigated Incarceration With a Stutter: Now He's Transforming the Criminal Justice System (*Jay Jordan*)

When Identities Collide: Owning Your Stuttering Story With Multiple Disabilities (*Steff Lebsack*)

What the Stuttering Community Can Learn From Rare Disease Advocacy [Part 1] (*Bobby Glen*)

What the Stuttering Community Can Learn From Rare Disease Advocacy [Part 2] (*Bobby and Nicole Glen*)

SPEECH THERAPY

Media Making With a Stutter and Being a Child of a Speech Therapist (*Ben Miller*)

Speech Therapy's Evolution Through the Eyes of a Stutterer (*Benedict and Talia Sheehan*)

Stuttering Through Speech Therapy & Becoming A Sports Writer (*Ryan Cowley*)

CAREER

Creating a Safe Space at Work for People Who Stutter (*Mike Meaney*)

Ismaele Hid His Stutter for Years: Now He's Exploring It Through Arctic Wildlife (*Ismaele Tortella*)

Stuttering Through Law School and Advocating for Public Policy (*Kurt Kessler*)

Public Speaking, Basketball, and Becoming a Life Coach With a Stutter (*Ty Ellis*)

Stuttering as a Chief Scientist and Exploring Genetics (*John Finn*)

Stuttering at Work: How a Childhood Memory Transformed a Career (*Sammar Farooqi*)

CONCEALMENT

Stuttering: The Coming Out Story (*Maya Chupkov*)

The Unpredictability of Covert Stuttering and Passing as Fluent (*Sarah Nelson*)

Life with Covert Stutter and Actor & Bestselling Author Jayne Amelia Larson (*Jayne Amelia Larson*)

Filmmaking, Being Biracial, and Hiding Your Stutter (*Gina Chin-Davis*)

Stuttering, Code Switching and Redefining a Good Day with Dana Amihere (*Dana Amihere*)

SLPS WHO STUTTER

Stuttering With Confidence: A Conversation With a Speech Therapist Who Stutters (*Bailey Levis*)

A Surfer Who Stutters' Journey to Becoming a Speech Therapist (*Randy Panzarino*)

Reference:

Dignazio, L. E., Kenny, M. M., Raj, E. X., & Pelkey, K. D. (2020). Stuttering-related podcasts: Audio-based self-help for people who stutter. *Perspectives of the ASHA Special Interest Groups*, 5(5), 1131–1138.