

Sleeping Respiratory Rate (SRR) Tracker Chart

Tracking your cat or dog's sleeping respiratory rate (SRR) can help easy monitor for the onset or worsening of left-sided congestive heart failure.

How to measure SRR:

- 1. Ensure your pet is completely asleep in a room-temperature environment & not showing signs of dreaming.
- 2. Watch their chest rise & fall 1 cycle counts as 1 breath.
- 3. Count breaths for 60 seconds (or for 30 seconds & then multiply by 2) to get breaths per minute.
- 4. Record this number in the table below 1 to 2 times per day over several days to create a baseline.
- 5. Thereafter, track once daily or several times a week to monitor the trend.

If your pet's SRR is consistently above 30 breaths per minute, contact us for advice.

DATE	TIME	SRR	DATE	TIME	SRR