



Celebrating 10 Years!

3rd Qtr. 2025/Ten Year Report

FARM STEW NEWS

A Flourishing Enterprise for Women

By Landry Tiemtore, Trainer in Tenkodogo Village, Burkina Faso

Women in Burkina Faso typically cannot own land, and this meant a group of unemployed women in the village of Lergho faced challenges—until you sent **FARM STEW trainers to bring independence and give dignity.**



Thank you for sending trainer Landry to enable the village of Lergho to flourish.

A local man was inspired by FARM STEW and its message of **freeing women from dependency.**

He gave them a piece of his land, where the women could apply what they learned to grow vegetables. Sixty-five women began growing a variety of vegetables and squash in the community garden, and they grew a lot of it! Then, they used what they learned from the FARM STEW enterprise lessons, working together through their new Village Savings and Loan Association (VSLA) to market and sell the squash. Soon, each woman was working hard and earning an income for her family. They began to **experience Jesus' promise of abundant life first-hand.**

For the first time ever, these women are able to meet their daily needs and save money. Thanks to you, their families are flourishing like their squash plants!



Your gifts equipped these women to produce a large harvest!

Now Amabile Can Keep Her Grandchildren Healthy

By Paul Loholong, Field Coordinator in Ikwotos, South Sudan

Like many of you, Amabile is a grandparent. **She struggled to feed her two grandchildren** and had no solution until she encountered FARM STEW.



Amabile pours fresh soy milk for her grandchildren.

Amabile recalled: "It was the first time I experienced such life-changing training, especially the cooking classes. Learning how to make soy milk and enriched porridge has **helped solve the problem of my malnourished grandchildren.**"

Thanks to you, these simple yet effective nutrition lessons mean her grandchildren no longer rely on health facilities for government or NGO sponsored supplementary feeding programs. "I'm so happy," she says, "because **the training has empowered me to care for my grandchildren** at home using the enriched foods I learned to prepare."

Amabile thanks God for FARM STEW's unique way of addressing problems by teaching practical, hands-on skills. She thanks you, too!

A Rocket Stove is Igniting Faith in Jesus

By Cha Solano, Trainer in Natampod Village, Philippines



As we taught the importance and benefits of rocket stoves, I could see a glimmer of excitement in Merilyn's eyes. She had been one of the most active and eager participants, and now she was one of the first to collect all the needed materials to make her own rocket stove and use this **powerful cooking tool** at home.

After a few weeks of using the rocket stove, Merilyn came to our house and happily recounted her experiences with it. She told us that since her family began using the stove, there has been **less smoke** in their house, **making cooking more enjoyable**.

She also told us that she used to gather firewood four times a week—a task that traditionally falls to women. But now Merilyn only gathers firewood twice a week. The rocket stove has brought a **welcome relief from the burden of the constant trudge for firewood**.

Using the rocket stove has freed up Merilyn's time, which she can use to spend with her family and attend Bible studies. We have seen firsthand the relief and joy that you have brought to this family and many more here in Natampod who are now using FARM STEW rocket stoves.

This blessing has **ignited a great interest in faith in Jesus**, the true source of power.

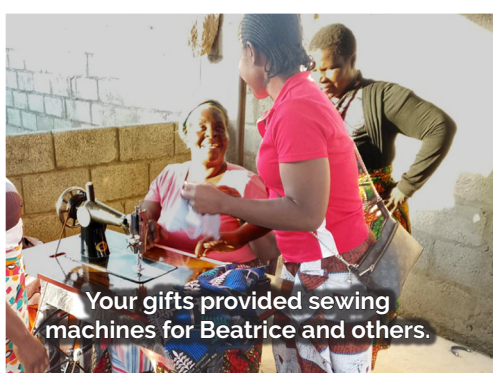


Watch testimonials from the FARM STEW trainers about the work being done in the Philippines: farmstew.link/ignitefaith



FARM STEW-Certified and Self-Reliant

By Danny Kalasa, Trainer in Kabanana Village, Zambia



Beatrice Mwanza is a mother of six, and as a widow, she faced significant **challenges providing food** and just the basic necessities for her family. Then FARM STEW arrived in her community, and Beatrice joined the group. Even though Beatrice lives in an urban area, she was able to plant a kitchen garden, so she didn't need to buy so many vegetables and could lower her regular expenses. She also became a member of the Village Savings and Loan Association (VSLA), which **further supported her efforts toward self-reliance**.

When Beatrice's community became FARM STEW-certified, they were rewarded with sewing machines, and her life improved even more. She learned how to sew and started to make and sell

baby clothes and bags, **earning more money to help her take care of her family**.

You have changed Beatrice's life through FARM STEW, and she is very thankful. She has asked FARM STEW to continue expanding its programs so that **more people in the community can learn valuable life skills and become self-reliant**.

"Only Seventh-day Adventists provide the useful teachings."

As told by Zipola Ndayishimiye, Trainer in Rusuguti Village, Burundi

Suleiman, a Muslim in northern Burundi, was hesitant when FARM STEW trainers first arrived in his community. He doubted whether anything new or useful could come from our program. Still, **out of curiosity, he decided to join.**

When the first lesson of the Farming module—*Labor of Love*—began, Suleiman's perspective quickly changed. He was deeply moved and exclaimed, "I am amazed to hear the value that Allah gives to agriculture as the first Farmer!"

From that moment, Suleiman became an active participant. He joined his neighbors in preparing a demonstration garden and **quickly recognized the value of what he was learning.**



"Only **Seventh-day Adventists provide the useful teachings** among the many religious denominations here," Suleiman said. Unlike other groups he had encountered, FARM STEW's teaching combined faith with practical skills that Suleiman's community could **immediately use to improve their lives.**

Thank you for sending FARM STEW trainers to Suleiman's community. Even though we began our work there only this year, **your generosity has already made an immeasurable impact** on Suleiman and many others like him.

Your Impact on the Lives of FARM STEW Trainers

By Karissa Ziegler, FARM STEW Program/Communications Assistant



Participants are not the only ones who benefit from FARM STEW training—the **trainers themselves are deeply impacted**, too. I know, I get reports every week.

Your gifts do two things: first, they bless trainers with a job and new skills while equipping them to bless their own families. Then, they **lift other families and entire villages out of poverty and into abundant life.**

In Panama, Sergio Santiago had this to say about his experience as a FARM STEW trainer. "Of all the jobs I've

had, none has motivated or taught me as much as serving as a FARM STEW trainer. At first, I was fearful—unsure how to reach strangers or stand before a group of 145 participants. **But as friendships grew, my confidence did too.** Watching [the group] work together filled me with joy, reminding me that the reward comes from God."

Nickson from the Philippines has worked through many challenges, but he has seen that work pay off. "In my experience, as we conduct teachings about the important objectives of FARM STEW, it **has truly helped every individual** who desires to achieve growth, an orderly life, and joyful living."

Sergio, Nickson, and all of our trainers see the transformation that FARM STEW brings every day, and that transformation inspires their work!



Your support is multiplying impact!



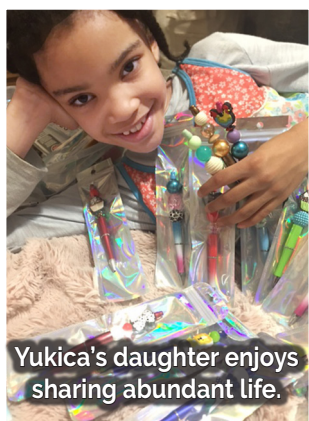
You are sharing knowledge of life-saving tippy-taps!

Over 140 people have enrolled in the free online FARM STEW Virtual Learning Community, including 50 women's ministry leaders from Eastern Africa. Together **they are gaining life-changing skills**—from sanitation with

simple tippy-taps to nutrition and farming—that reduce sickness, reveal God's love, and His plan for abundant life. **Thank you for making this possible!**

An Ins“pen”ration For You

Yukica Seymour, FARM STEW Donor from Tennessee



Yukica's daughter enjoys sharing abundant life.

When my creative son and daughter learned how to make unique pens (using silicone, wood, glass and acrylic pen-making supplies), they immediately got busy. Cat pens that glow in the dark, spinning pens with animals, and pens displaying motivational scriptures were just some of their eye-catching ideas.

Then when they announced they were donating the profits from pen sales to FARM STEW, family and friends began buying. Their grandmother,

Nana B, bought at least 20 pens to give as gifts. A church member took a box of pens to her job at the local credit union, and the employees there—who write all day—bought pens for themselves, and later ink refills. Then they asked for pens to give to credit union customers. My children were kept busy, **happy that their creativity was making a real difference** to other kids halfway around the world. At the 3ABN campmeeting, we were able to sell out of almost all of the pens we brought and donate directly to the Farm STEW booth!

This project has been a wonderful journey for our family. It truly is a shared mission “write” from the heart. We hope our story will be an ins“pen”ration for you to join the work of FARM STEW in changing lives.

For more ideas about inspiring children to learn about and advance the work of FARM STEW go to: farmstew.org/inspirekids



Your Gifts Equip Families: P.O. Box 291 • Princeton, IL 61356
Learn more or give online at: www.farmstew.org
If you have questions, call us at 815-200-4925

Blessings Bounce Back

“Whatever we can do to **benefit and uplift others** will reflect in blessing upon ourselves.” (Ellen G. White, *P&P*, 534)

This is a beautiful truth that we see every day at FARM STEW. When I travel and help lead a Training of Trainers session, and get to know the God-fearing, resourceful, and enthusiastic soon-to-be FARM STEW trainers, **I am filled with new energy and courage.** They inspire me (like these trainers in the Philippines!)



When the trainers work among their assigned local villages they tell me that they, in turn, **gain an enormous blessing** from working with the men and women who participate and are transformed. You can hear them here:

farmstew.link/Trainers-Blessed

And as you make this work possible with your generous financial support, it is my hope that you, too, share in the joy of transformed lives and the **blessing of knowing your gifts are bearing fruit for God's kingdom.**

Maybe we start out thinking we are going to help someone else. But the blessing of any sacrifice we make for abundant life comes back to us in this lifetime and for eternity, just as Jesus promised in Mark 10:29-31. Bless you!

FARM STEW NEWS EXTRA! 10 YEARS ANNIVERSARY

2025 ANNUAL REPORT

A Decade of Equipping People to Help Themselves!

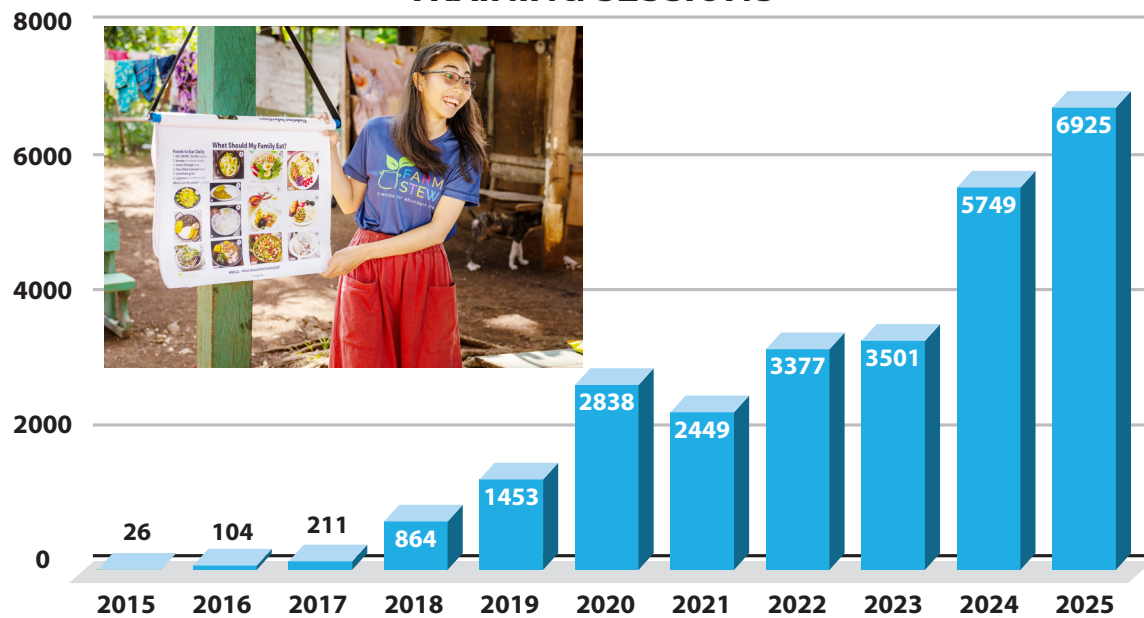
Ten years ago, FARM STEW began with a simple act of obedience when Joy Kauffman, MPH, a public health nutritionist, answered God's call to hire local workers in Uganda. What started as a humble beginning—cooking soybeans in a village—grew quickly as families experienced transformation through the **practical, biblical lifestyle lessons of FARM STEW**. Over the years, with **God's blessing and faithful support from donors**, the vision expanded beyond one village to a movement reaching across Africa, Asia, and the Americas. We stand amazed at what God has done in sharing this practical gospel.

Today, FARM STEW has grown into a powerful network of 154 trained local workers serving in 25 countries, multiplying hope and abundant life. In addition to the data below, the FARM STEW family has provided **clean water to over 31,200 people through 104 wells**, has **transformed at least 50,000 families** (representing approximately 300,000 individuals) who have learned to help themselves.

You joined the FARM STEW family sometime in the last 10 years, and we are so thankful you did! This impact would not have been possible without you. **May God be praised and His name glorified.**

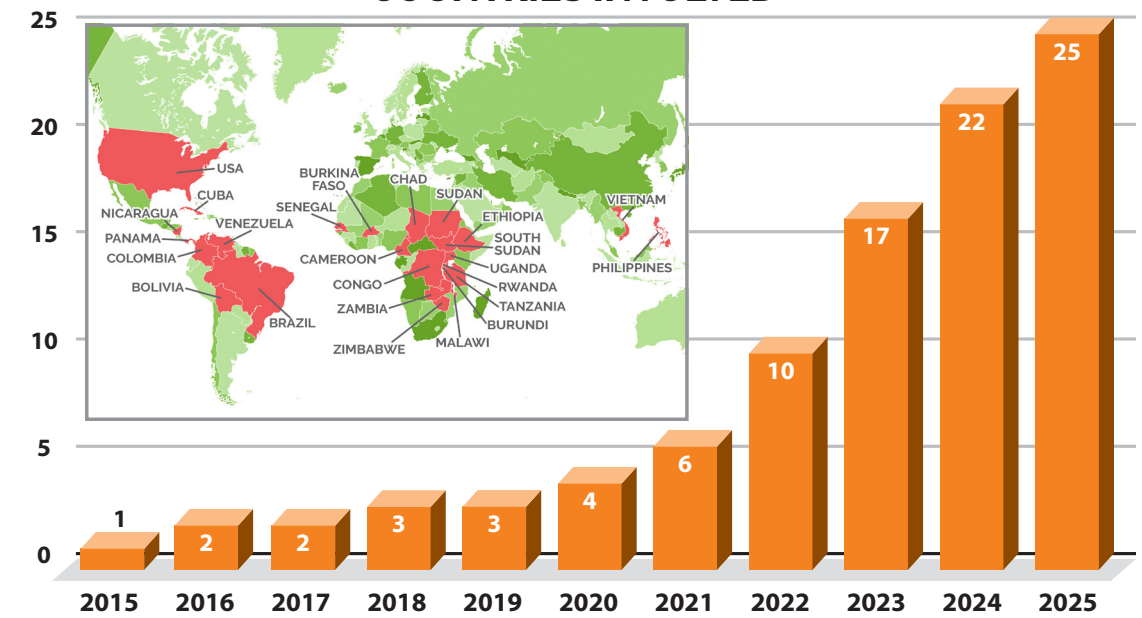
In October 2015, FARM STEW launched with just 26 trainings, planting seeds of hope in a few communities. By 2025, that number soared to 6,950 trainings, with a total of 27,497 worldwide—evidence of God's blessing, faithful donor support, and families embracing practical, biblical principles that transform lives with health, joy, and abundant life. (John 10:10)

TRAINING SESSIONS



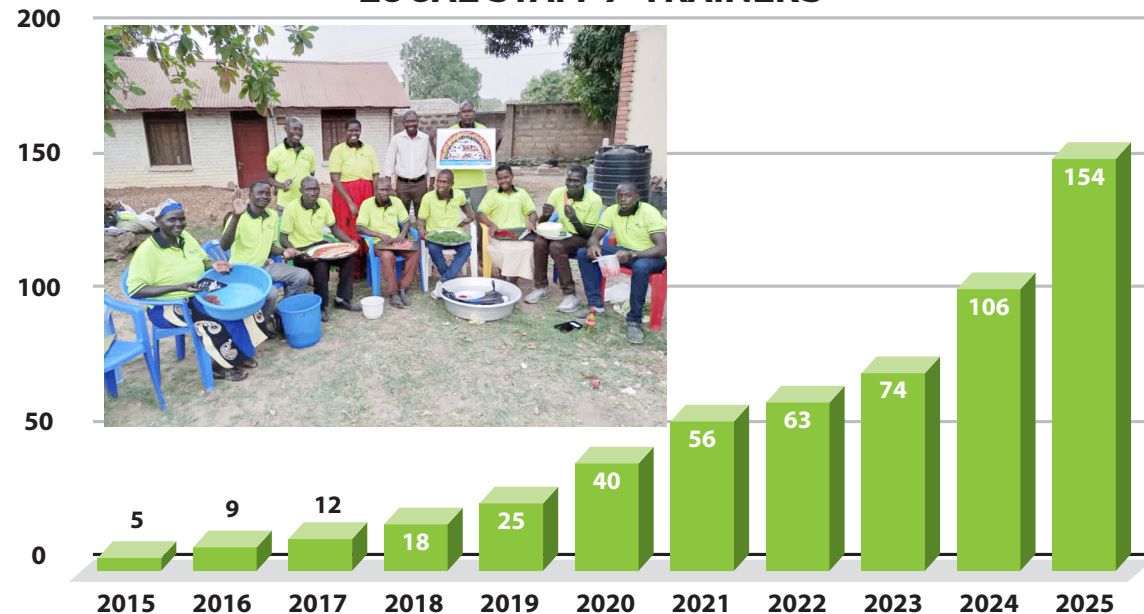
FARM STEW began in one country, carefully proving that its model worked before expanding. In 2022, growth accelerated to 10 nations, as word began spreading of its impact. Today, FARM STEW is being taught in 25 countries, multiplying impact while remaining rooted in the practical gospel message and God's abundant vision for families worldwide. (Genesis 12:3)

COUNTRIES INVOLVED



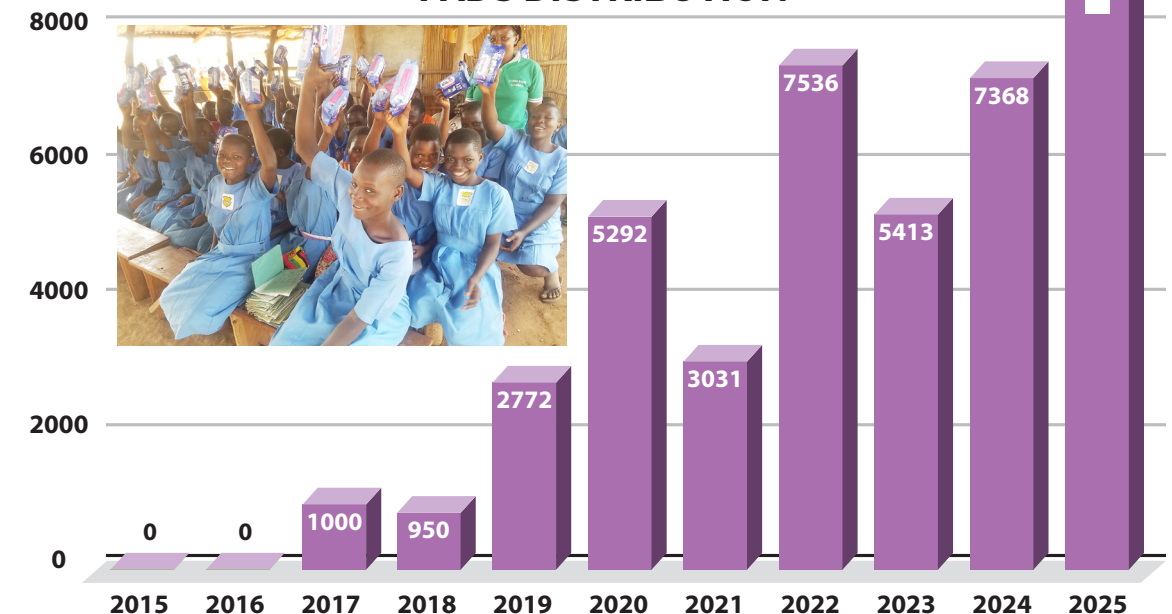
FARM STEW's success has always depended on dedicated local Christian workers. From just five staff at the beginning to 154 today, the message is now being shared in 40 languages. This cost-effective model advances the mission of reaching all nations, tribes, and tongues with the hope of abundant life and the practical gospel (Rev. 14:6).

LOCAL STAFF / TRAINERS



Since 2017, FARM STEW has distributed washable pads and panties, starting with 1,000 girls and growing to impact 47,868 people to date. This simple, cost-effective solution frees girls from shame, restores dignity, and keeps them in school. In 2025, for the first time, FARM STEW also began serving women, meeting their needs like the woman Jesus healed and blessed. (Matthew 9:22)

PADS DISTRIBUTION



- Joy goes to Zimbabwe with *It Is Written* broadcast and is amazed by the local interest in the FARM STEW message.
- In the USA, FARM STEW is officially incorporated and recognized as a 501c3 and the work continues in Uganda, adding 4 more trainers.

- The president of the SDA church in South Sudan asks for FARM STEW to come. It becomes the third country to offer FARM STEW programs.
- The first quarterly FARM STEW News is published.

- FARM STEW's work continues during COVID thanks to the model of local workers.
- Four new borehole wells are drilled, bringing clean water to FARM STEW-certified communities.

- Partnerships begin in Bolivia (Fundación Orión), Malawi (Edunite2Serve) Zambia (Wilderness Gate)
- Adventist World Radio invites FARM STEW to The Philippines—our first project in Asia.

- FARM STEW's local staff and trainers of our teams globally exceeds 100.
- Partnerships begin in Burkina Faso, Burundi, Chad, Panama (SDA Church), Nepal (P. Ara), Nicaragua (C. Runne), and Colombia (Fund. Vida Sana).
- FARM STEW invited to launch in all East African Countries due to proof that "Where FARM STEW goes, the church grows."



2015



2017



2019



2021



2023



2025



2016



2018



2020



2022



2024

- While serving as a volunteer nutritionist in Uganda, Joy Kauffman feels God telling her to hire the local people. A dream is born to equip communities to live an abundant life.
- Five trainers in Uganda conduct 26 trainings.

- The work launches in the refugee camps in Uganda.
- First distribution of washable sanitary pads to 1,000 school girls in Uganda.
- Three FARM STEW trainers are hired in Zimbabwe.

- FARM STEW is invited to Cuba—our first step outside of the African continent.
- The FARM STEW Recipe Manual is translated into Spanish.
- FARM STEW's e-learning platform is launched to share the lessons freely and globally.

- The FARM STEW Recipe Manual is translated into Portuguese, French, Swahili, Arabic, Juba Arabic, and Tagalog.
- FARM STEW trains 80 World Youth Group Bible workers in Cuba and is invited to launch in Brazil and at the SDA School of Medicine in Rwanda.

- Partnerships begin in Ethiopia (Parousia Mission), Sudan (with the SDA Church).
- Trained Bible workers for entering the 10/40 Window in Tanzania (invited by OCI at Kibidula).

- Partnerships begin in Venezuela (Isaias 58), Vietnam (PAMAS), and Democratic Republic of Congo (with the SDA Church).
- 2025 was a year of significant growth for FARM STEW—expanding staff, trainings, countries, and impact—multiplying hope, health, and abundant life worldwide.