

## IMPLANT CROWN INSERTION AFTERCARE

- Don't eat on that side for next 2 months, then after that chew soft food on that side for following 2 months, then harder food for another 2 months. So over 6 months should be a gradual build-up of soft – hard food.
- Oral hygiene : continue to keep good oral hygiene are very important. implantitis is one of main contribution of implant failure. Implantitis is infection around implant supporting tissue ( gum and bone ) which is caused by bacteria around implant. Like gingivitis and periodontal diseases around your natural teeth .
- Treat implant crown like normal tooth, but do not use wax floss to clean implant crown tooth as will attach to the metal surface of the implant and promote bacterial build-up. Instead, use a Pikster. Water Pikster may be used as a supplement.
- \_ you need to continue to have minimum 6 monthly dental visits to have professional maintenance to keep bacteria down. however not use ultrasonic cleaning on implant crown as will damage highly polished metal, which will encourage bacteria to attach to implant crown  
Currently using air polishing to remove of bacteria film are golden standard.
- Regular check up and X ray to check bone level and also loading etc
- \_ implant crown material slightly harder than natural teeth. so with years wearing, your natural teeth and filing may wear more than implant crown. So we need to check loading still even.
- Your natural teeth move compared with implant crown teeth. so may have open contact or food trap between implant crown and natural teeth. so we need to find out earlier to avoid bone loss and lead to implant failure

After today issue appointment, we will see you in your next check-up. However if you find that when you bite, in any direction, you hit this implant crown first. you need to see us immediately as this may cause implant failure we will see you without extra cost

If you noticed that after a week, gum around implant not health, such as red and swollen or sore. You need to see us immediately as this may cause implant failure.

Thanks again to give us opportunities to look after your dental health. Welcome you to give us feedback.

Our email : [reception@mariusdental.com.au](mailto:reception@mariusdental.com.au)

Bad feedback to help us to see which part we can improve

Good feedback to encourage us to do better.

Certainly, we will be appreciate that you refer your friend and family to us