



Health & Disability
Advocacy Service

Ngā Kaitautoko



Tips for appointments



ihc
IN YOUR COMMUNITY



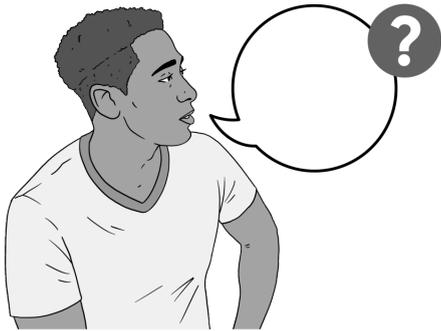
Here are some ideas to help make medical appointments easier:



- Have a list of things you want to talk about.



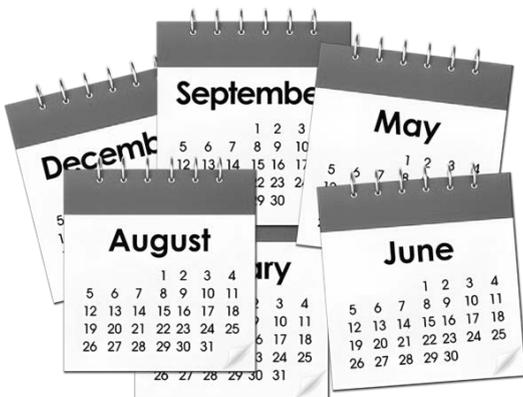
- Have a list of questions you want to ask.



Here are some questions you might like to ask:



- How did you decide what was wrong?



- How long will the problem last?



- What tests can I go for?



- What are my choices for getting help with this?



- How much will that cost?



- How long will I need to wait?

- If a **treatment** is started how long will it take to work?



A **treatment** is something that helps you feel better or stay healthy.

It can include things like:

- Taking medicine
- Having an operation
- Changing what you eat or how you live.





- How will we know if the treatment is working?



You can take a support person with you and tell them:

- What you want to happen
- How they can help.



This information comes from the Health and Disability Advocacy Service.



Nicolina Newcombe translated this information into Easy Read at IHC.



David Corner made sure this information is easy to read.