



Health & Disability
Advocacy Service
Ngā Kaitautoko



Health Decisions



ihc
IN YOUR COMMUNITY



People with intellectual disability have the right to make their own decisions and have those decisions respected.



People with intellectual disability must have opportunities to make their own decisions.



People with intellectual disability must have:

- Enough time
- The right information
- The right support

To make and communicate their own decisions.



You have the right to give:

- **Informed consent**
- **Active consent**

When you make health decisions.



Informed consent is when you fully understand a decision before you say “yes” or “no.”

It means you understand:

- The risks
- The options
- What could happen if you say “yes” and what could happen if you say “no.”





Active consent is when you say “yes” to something because you want to do it. It means you show your agreement clearly.



If you need medical treatment and it is in your **best interests**, then it could still happen even if you cannot give consent.



Your **best interests** means someone else thinks you need medical treatment and it is right for you.



The person or people deciding to give you medical treatment must think about:

- Your wants
- Your feelings
- Your beliefs
- Your values



To make this decision.

Your rights to:

- Give informed consent
- Have your best interests looked after

Your Rights when receiving a health or disability service
Ōu Tika me to whāwhiringa ratonga hauora, hauatanga rānei

The Code of Rights means that you should have:
 Mā tēnei Ture Tiaki i Ōu Tika, ka ahei kia u nga tikanga:

1. Respect (Mana)
2. Fair treatment (Manaakitanga)
3. Dignity and independence (Tū rangatira motuhake)
4. Appropriate standards (Taitikanga)
5. Effective communication (Whakawhirimototanga, whakazero)
6. Information (Whakomohio)
7. Choice and consent (Whakaritenga mōu ake)
8. Support (Tautoko)
9. Rights during teaching and research (Ako me te rangahau)
10. Your complaints taken seriously (Awarau)

For support and information, contact your local advocate or the Health and Disability Commissioner:
 Ki te ngā kōwhiri tūmanako māhōuanga, whakapā mai ki te rangā tautoko i tōu rohe.
 Ki te Tuhaka Hauora, Hauatanga

HDC Te Tuhaka Hauora, Hauatanga
 hdc.org.nz | 0800 11 22 33

Advocacy Ngā Kaitiaki
 advocacy.org.nz | 0800 555 050

Are both part of Right 7 in the **Code of Health and Disability Services Consumers' Rights.**



This document was written by the
Advocacy Team at IHC.



Nicolina Newcombe translated this
information into Easy Read.



David Corner checked this
information to make sure it was
easy to read.