

ABT
AMERICAN BALLET THEATRE
RISE

Dear Parent:

Thank you for your interest in *ABT RISE* Weekend Workshops. This free dance workshop will host 80-100 second and third grade students from public schools across the five boroughs of New York City!

Students will have the opportunity to meet like-minded peers from across New York City and train with ABT Jacqueline Kennedy Onassis School Faculty and Guests. We welcome all interested NYC public school second and third grade students to apply for a fun day of classes in the welcoming environment of ABT's Studios. No dance experience required.

The workshop will take place on **Monday, January 19th** at **ABT Studios, 890 Broadway, New York, NY 10003**. The day will begin with three separate dance sections for girls, organized by grade, followed by a **BOYS ONLY** class that will focus on the athleticism and storytelling within classical ballet.

The workshops will offer two complimentary classes for students, a ballet technique class and a second foundational dance class in modern or character dance.

<i>* Sample Schedule (Subject to Change)</i>	
(2) GIRLS SECTIONS	<u>(1) GIRLS SECTION + (1) BOYS SECTION</u>
12:30-12:45 - Arrival	1:30-1:45 - Arrival
12:45-1:00pm Welcome	1:45-2:00pm Welcome
1:00-2:00pm Dance Session #1	2:05-3:05pm Dance Session #1
2:00-2:10pm Break	3:05-3:15pm Break
2:10-3:00pm Dance Session #2	3:15-4:05pm Dance Session #2
3:10pm: Dismissal	4:10pm: Dismissal

Please use the link to complete the online application: <https://www.abt.org/abtriseweekend>. All 2nd and 3rd grade students currently attending a New York City Public School are eligible to apply.

An ABT staff member will be emailing you the week of January 12th. Additional information will be provided upon acceptance.

Thank you again for your interest in attending our *ABT RISE* Weekend Workshop! We look forward to meeting you in the studios at American Ballet Theatre.

For questions, please email schoolprograms@abt.org.

Sincerely,
Dennis J. Walters
Managing Director, Education

Apply Here!

ABT

AMERICAN BALLET THEATRE

RISE

Open to NYC
2nd and 3rd
grade
students!



ABTRISE Boys and Girls Weekend Workshop

Monday, January 19, 2026
12:45 - 4:10 PM



Apply NOW to join us for a free dance workshop hosted by
ABT Jacqueline Kennedy Onassis School Faculty and Guests!

Girls Section
12:45 PM - 3:10 PM or
1:45 PM - 4:10 PM

Boys Section
1:45 PM - 4:10 PM ONLY

The Monday, January 19th program will begin with two separate dance sections for girls organized by grade, followed by a unique BOYS ONLY class that will focus on the athleticism and storytelling within classical ballet.

We welcome all interested NYC public school second and third grade students to apply for a fun day of classes in the welcoming environment of ABT's Studios. No dance experience required!

ABT RISE Workshops are a series of complimentary dance classes offered to students that have historically been underrepresented in classical ballet. These workshops align with ABT's mission to bring classical dance to the widest possible audience by supporting students of all abilities and skill levels in their quest to engage in the performing arts.

Workshops are led by ABT Company dancers, ABT Jacqueline Kennedy Onassis School faculty, ABT Teaching Artists, and guest artists certified in ABT's National Training Curriculum.

To apply, please visit
[www.abt.org/
abtriseworkshop](http://www.abt.org/abtriseworkshop)

Or scan the
QR Code



American Ballet Theatre
890 Broadway, 3rd Fl
New York, NY 10003



For questions, please send an email
[to schoolprograms@abt.org](mailto:schoolprograms@abt.org)