Optimizing twiist™ Notifications with Eversense 365

The Eversense 365 Continuous Glucose Monitoring (CGM) System and the twiist Automated Insulin Delivery (AID) System provide CGM alerts to keep you informed of your glucose readings, allowing you to take action when needed.

Many CGM alerts are customizable, putting the notification schedule in *your* hands to prevent alert fatigue. There are also mandatory alerts that **cannot** be modified for your safety.

Eversense 365 System CGM Alerts

Notifications from the Eversense 365 System are delivered in three ways:

- Vibrations of the smart transmitter
- Sounds from the phone
- Notifications within the Eversense 365 app

Glucose Alerts

Glucose Alerts are delivered by the Eversense 365 System when your glucose levels are outside your programmed alert settings. The smart transmitter vibrates, the app delivers an audible alert, and a message is displayed on the Eversense 365 app screen. The twiist App displays the glucose reading.

Name of Alert	Description	Customizable	Can be Disabled
Low Glucose Alert	Notifies you when your glucose level is lower than the Low value programmed. Can be set between 55 – 115 mg/dL (defaults to 65 mg/dL).	✓	
High Glucose Alert	Notifies you when your glucose level is higher than the High glucose value programmed. Can be set between 125-350 mg/dL (defaults to 250 mg/dL). If disabled, no alerts will display or vibe on the smart transmitter.	✓	✓
Out of Range High Glucose	Notifies you when your glucose reading is higher than 400 mg/dL. Glucose readings cannot be displayed.		
Out of Range Low Glucose	Notifies you when your glucose reading is lower than 40 mg/dL. Glucose readings cannot be displayed.		

The Eversense 365 System also has optional Predictive High and Predictive Low Glucose Alerts. These alerts are independent of the twiist AID System glucose prediction and forecast. If enabled, they may provide conflicting information with actual glucose changes.

- To help minimize alert fatigue, the High and Low Glucose Sound Settings allow you to Snooze them in 5-minute increments. When enabled, the Eversense 365 System alerts again after the chosen Snooze interval until the event is resolved.
- You will see **Open 365 app** in the twiist App for the following scenarios:
  - Action is required that can be completed only in the Eversense 365 app, such as calibrations or
  - Glucose readings within the Eversense 365 app are greyed out and do not have trend arrows. The user is instructed to use a blood glucose meter for treatment decisions, and the reading is not used by the twiist AID System.

twiist AID System CGM Alerts

The twiist AID System provides separate CGM Alerts, some similar to the Eversense 365 alerts listed above. **Ask your healthcare provider to identify which alerts make the most sense for you and your notification needs.**

Name of Alert	Description	Customizable	Can be Disabled
Urgent Low Glucose Alert	Notifies you when your glucose reading goes below 55 mg/dL.		
Low Glucose Alert	Notifies you when your glucose reading falls below the level programmed in your Settings, between 60-100 mg/dL in 5 mg/dL increments. Defaults to ON, 70 mg/dL.	✓	✓
High Glucose Alert	Notifies you when your glucose reading rises above the level programmed in your Settings, between 120-400 mg/dL in 10 mg/dL increments. Defaults to ON, 250 mg/dL.	✓	✓

Alerts Optimization Example

Eversense 365 Alerts	twiist System Alerts
Low Glucose Alert **ON**	Low Glucose **OFF** Note: Urgent Low Glucose is a mandatory Alert when glucose readings are at or below 55 mg/dL
High Glucose Alert **ON**	High Glucose **OFF**
Snooze Settings **ON**	

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The twist™ Automated Insulin Delivery (AID) System is for people with type 1 diabetes, 6 years of age and above, available with a prescription, only in the U.S.

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