Switching to twiist™

What to Know for a Successful Start

The twiist™ Automated Insulin Delivery (AID) System works differently from other pumps. Understanding the unique differences, and how to use the features, can help you get the most out of the system from day one..



The 6-Hour Forecast is Predictive

- twiist predicts glucose up to 6 hours into the future
- This forecast updates up to every 5 minutes with each loop cycle
- Predictions will change as new information is provided. Use this information for guidance and trends, not exact outcomes.

With twiist, You Set The Boundaries

- twiist uses your personal therapy settings to adjust insulin; work with your healthcare provider to determine your correct settings
- Maximum Basal Rate setting determines how much insulin can be delivered
- Glucose Safety Limit setting helps prevent insulin delivery when glucose is predicted to go too low

IMPORTANT: twiist does **not** adjust your therapy settings on its own

Meals Include Absorption Time

- In addition to carbs, twiist uses absorption time to understand how quickly food may affect glucose
- Matching expected absorption time to the meal helps twiist better time insulin delivery

Fast	Medium	Slow
30 min	3 hours	5 hours

The Bolus Calculator Works Continuously

- Bolus recommendations are recalculated about every 5 minutes
- "No Bolus Recommended" may mean enough insulin is already working or glucose is expected to improve without additional insulin
- No recommendation does not mean the system isn't actively managing insulin

With twiist, Break the Habits

- Settings and strategies that worked with previous pumps may not apply to twiist
- Give the system time to respond before making additional corrections

The twiist™ Automated Insulin Delivery (AID) System is for people with type 1 diabetes, 6 years of age and above, available with a prescription, only in the U.S.

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